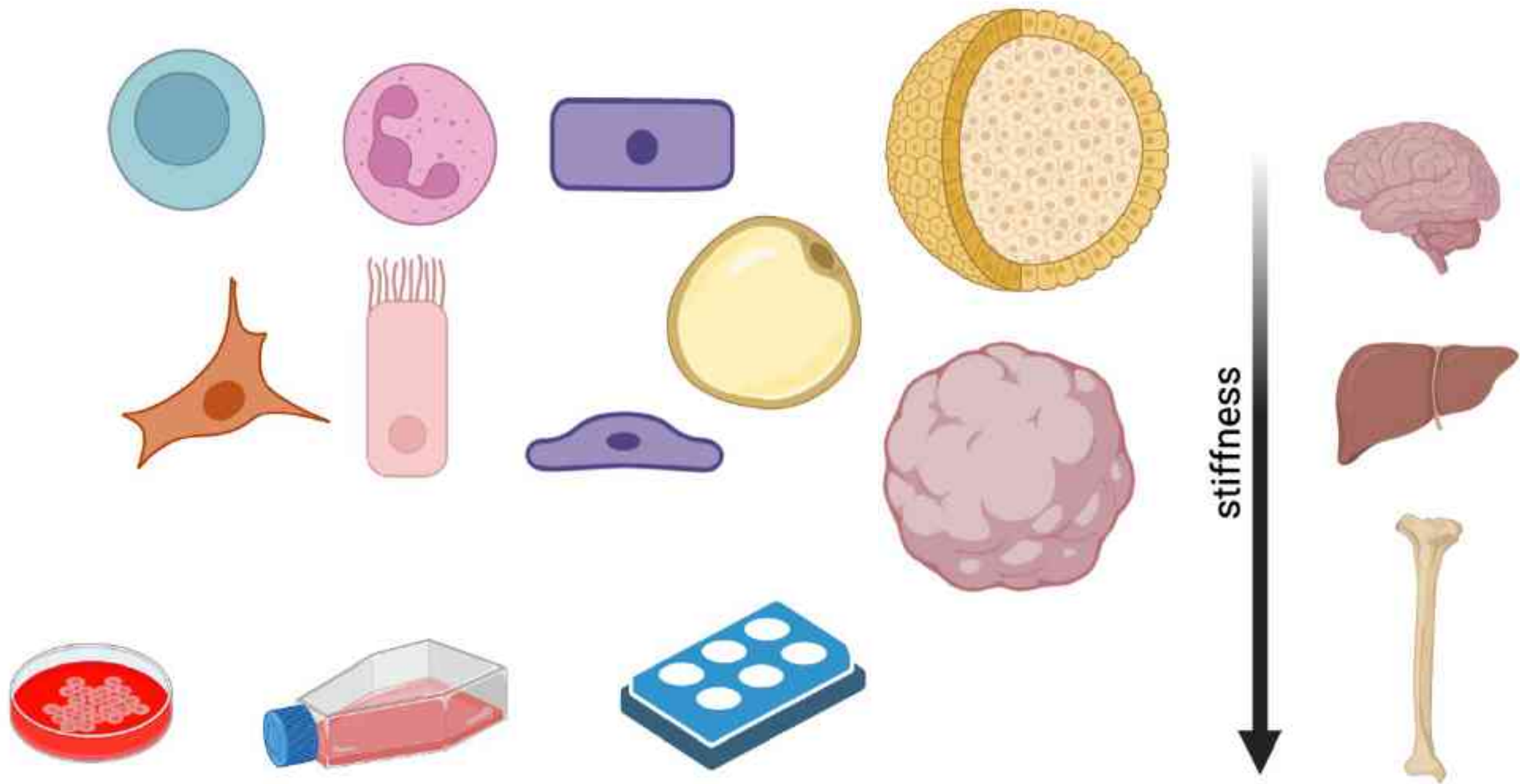


# Introduction into Mechanobiology

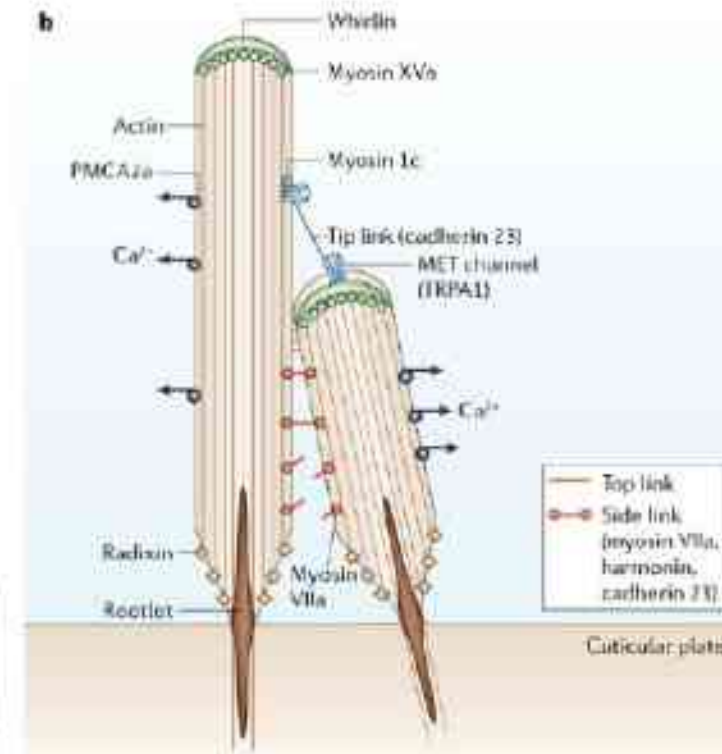
Hesso Farhan

Institute of Pathophysiology



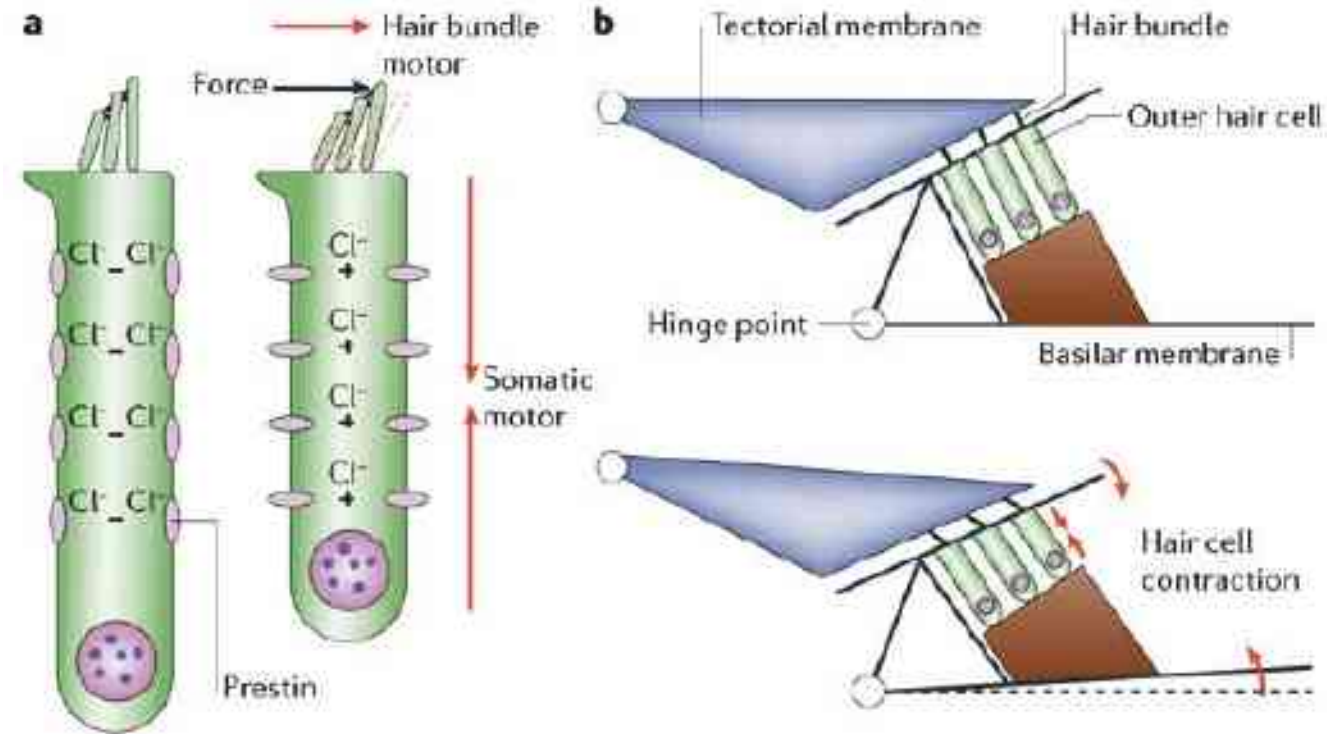
# Evidence that cells are exposed to mechanical forces

- Bone and muscle need forces to grow
- Endothelial cells are constantly exposed to shear stress
- Cartilage and bone cells are constantly exposed to compression
- Hair cells (inner ear) sense sound and position via changes in physical forces to their cilia



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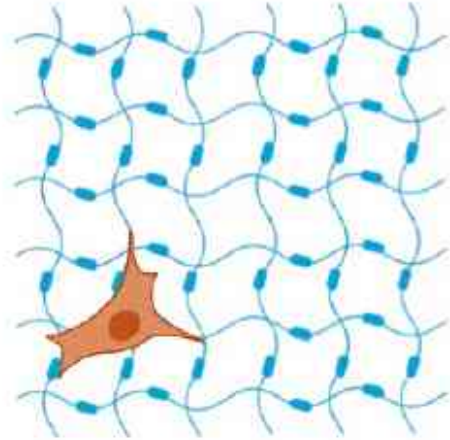
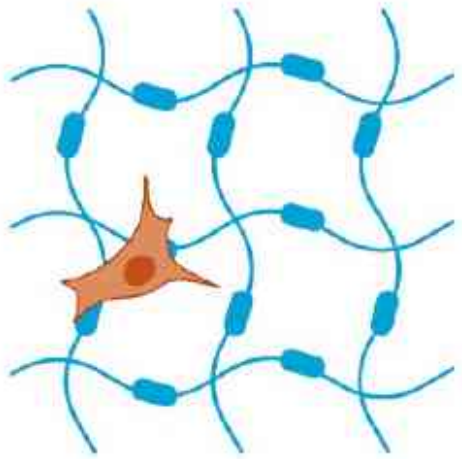
- Prestin is inactive when bound to  $\text{Cl}^-$
- Upon depolarization  $\rightarrow$  Prestin changes its conformation  $\rightarrow$  contraction of the cell body



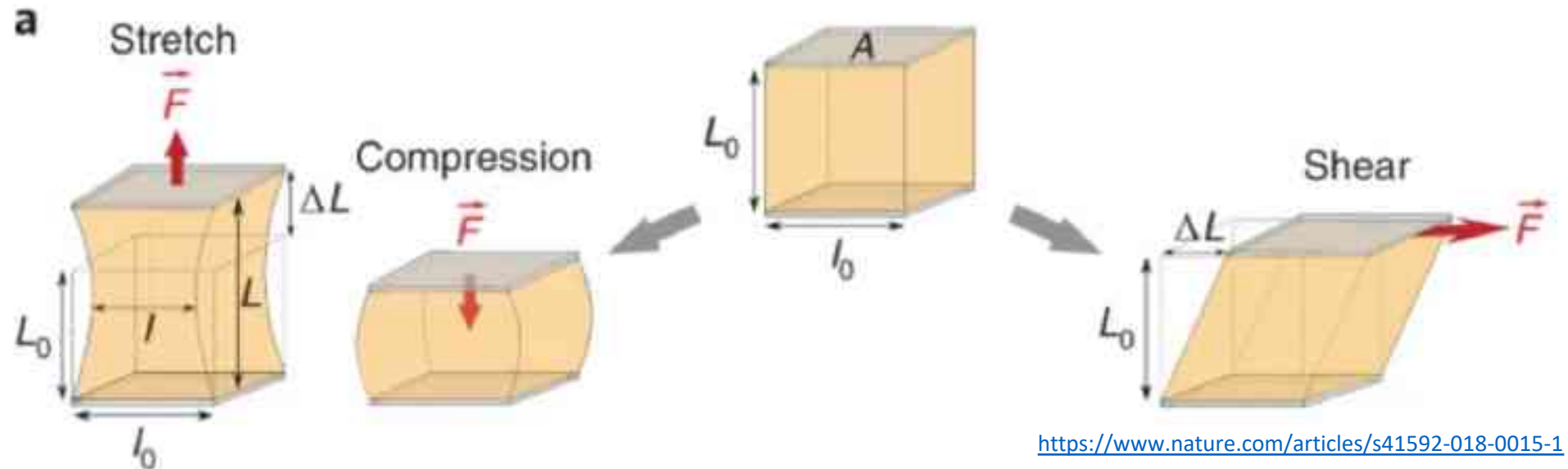
Copyright © 2006 Nature Publishing Group  
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[https://auditoryneuroscience.com/ear/dancing\\_hair\\_cell](https://auditoryneuroscience.com/ear/dancing_hair_cell)

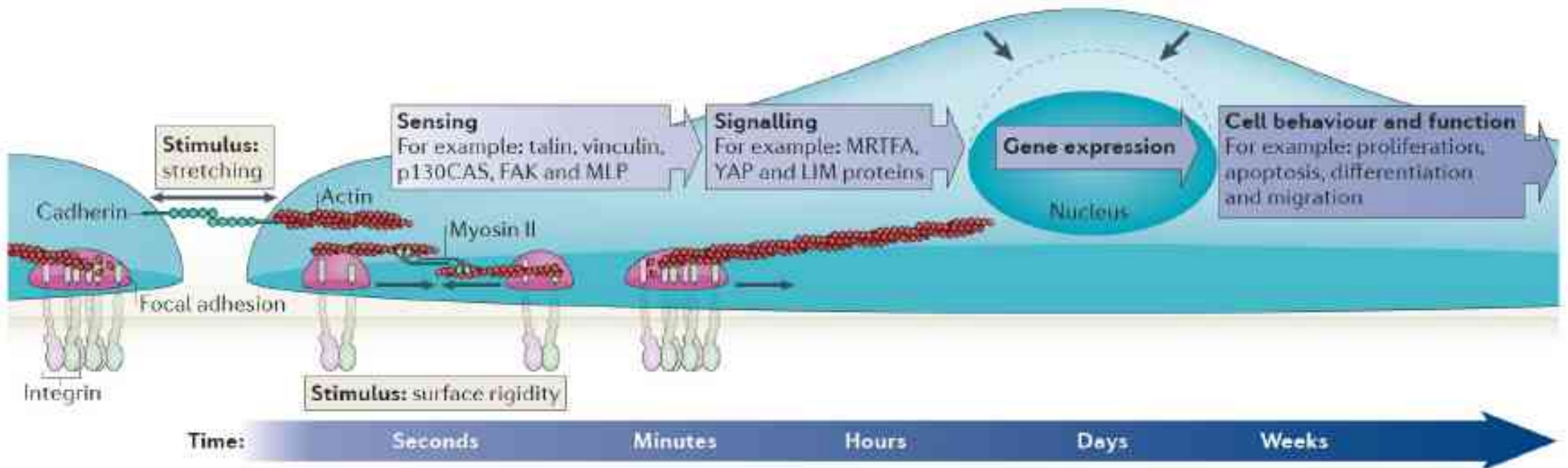
# Main types of mechanical forces



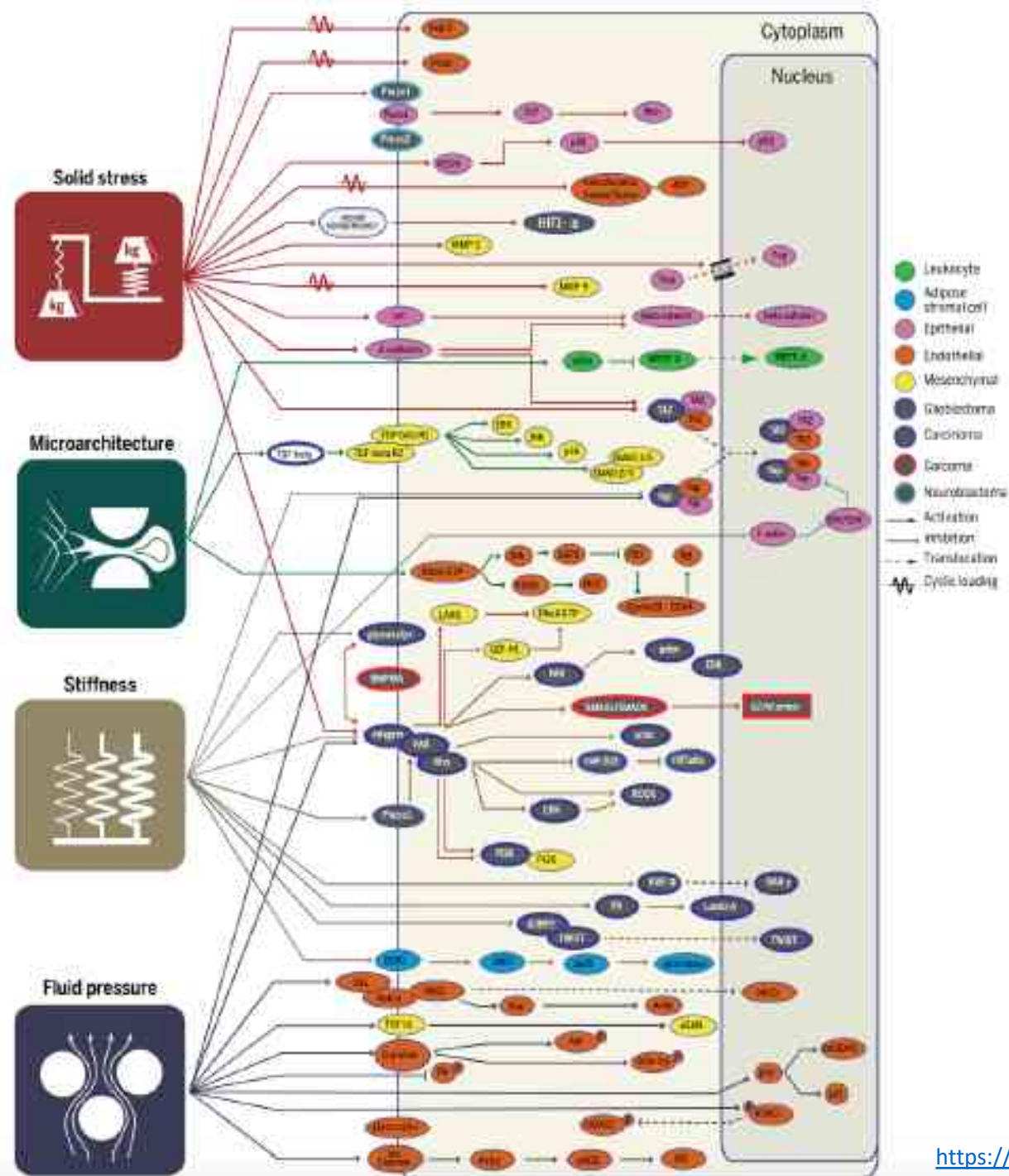
Stiffness and density of substrate



# Mechanotransduction

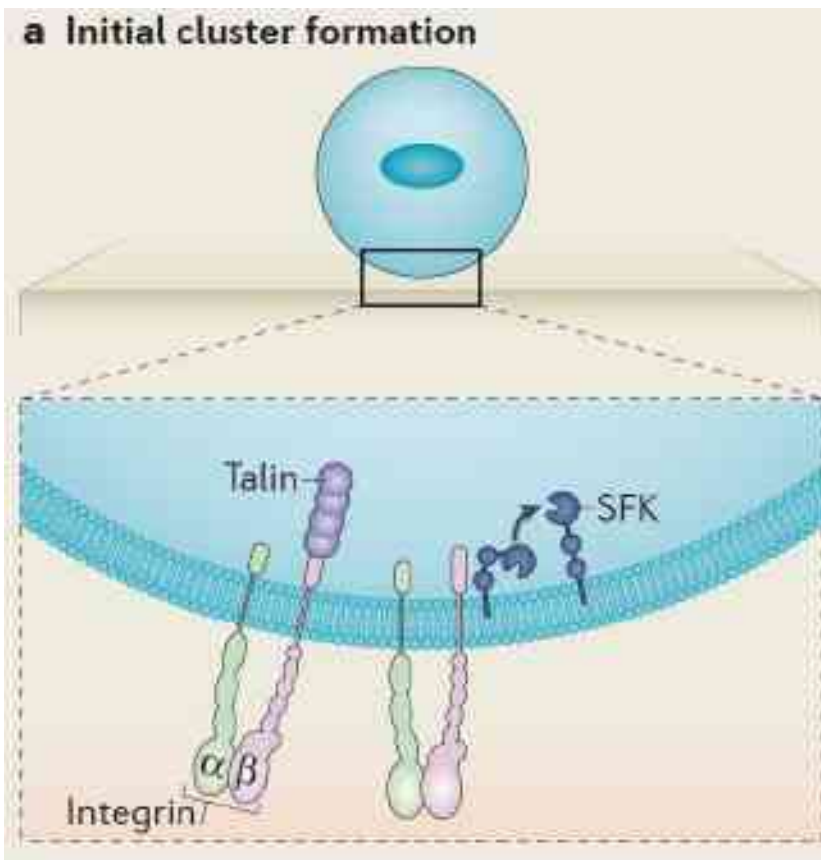


Mechanotransduction is the conversion of mechanical force into a biochemical signal

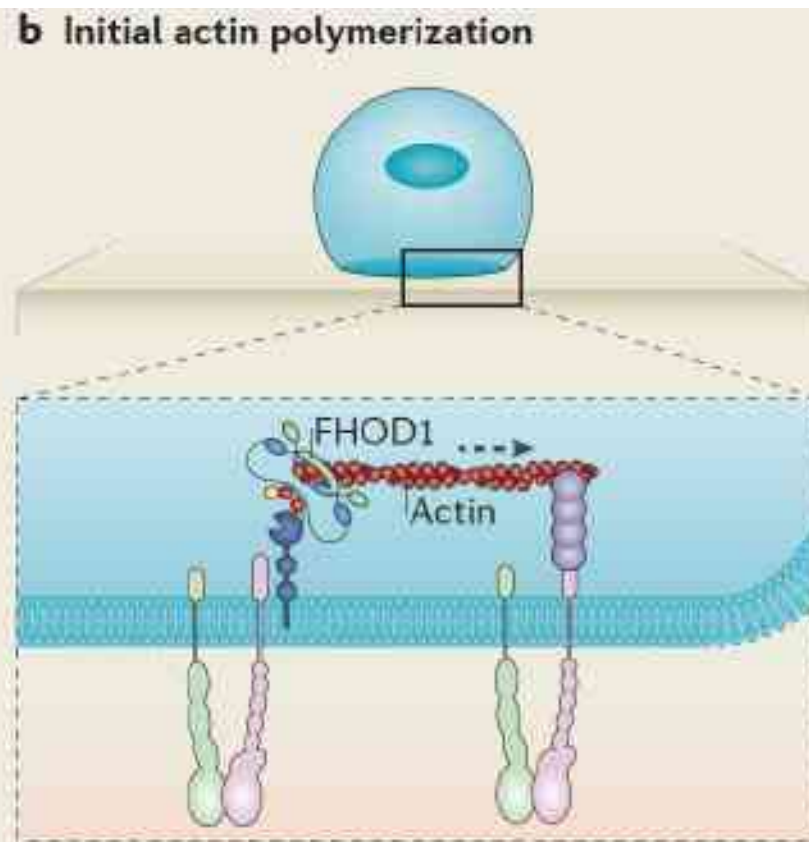




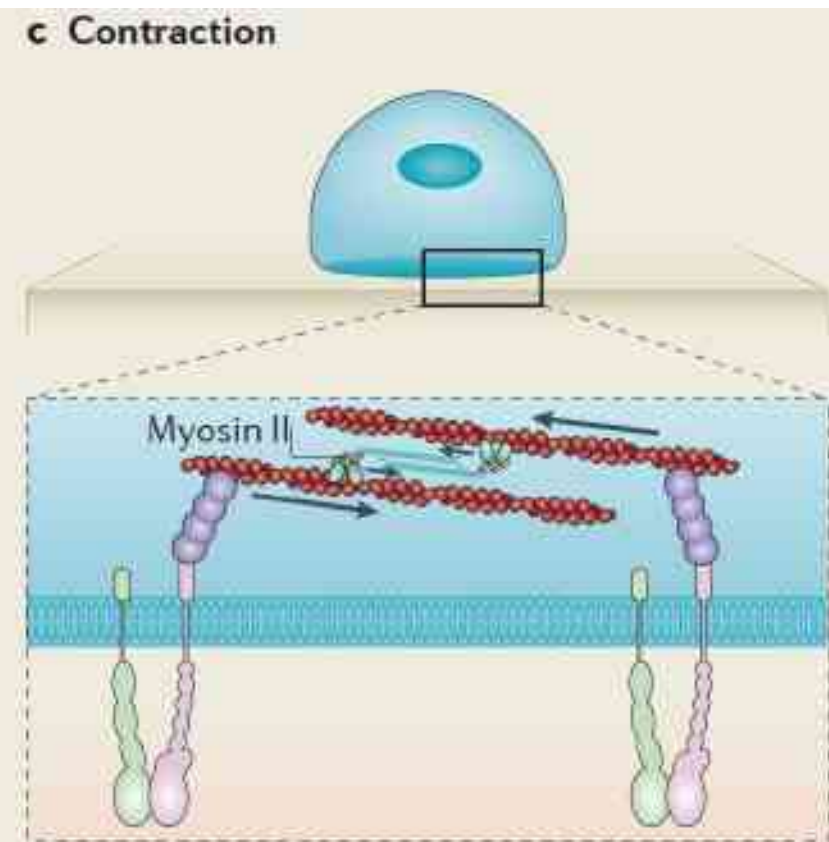
A good example of mechanotransduction can be observed everyday in the lab: cell spreading after seeding.  
It is well established how this happens



Integrins are activated

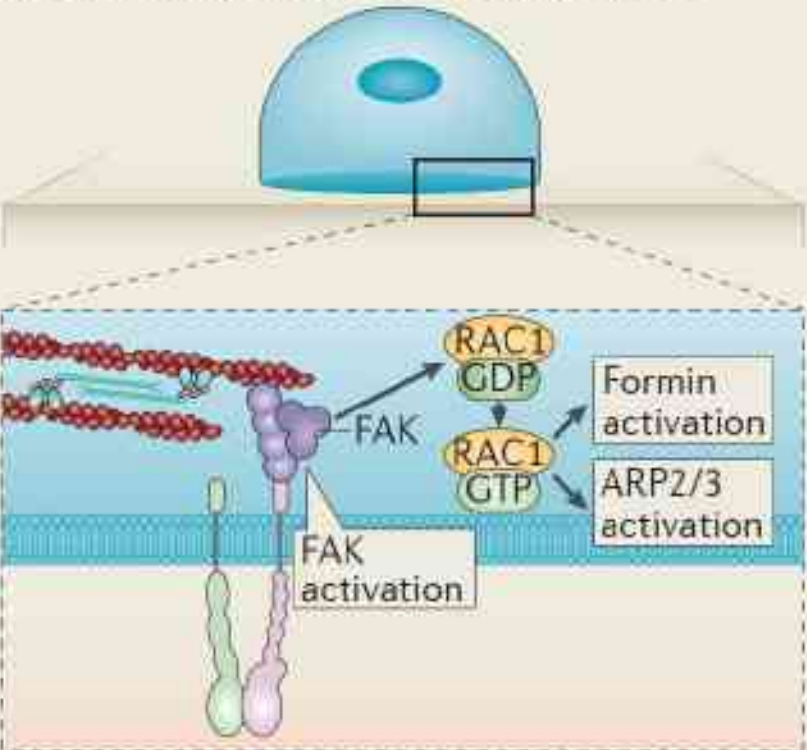


Actin polymerization

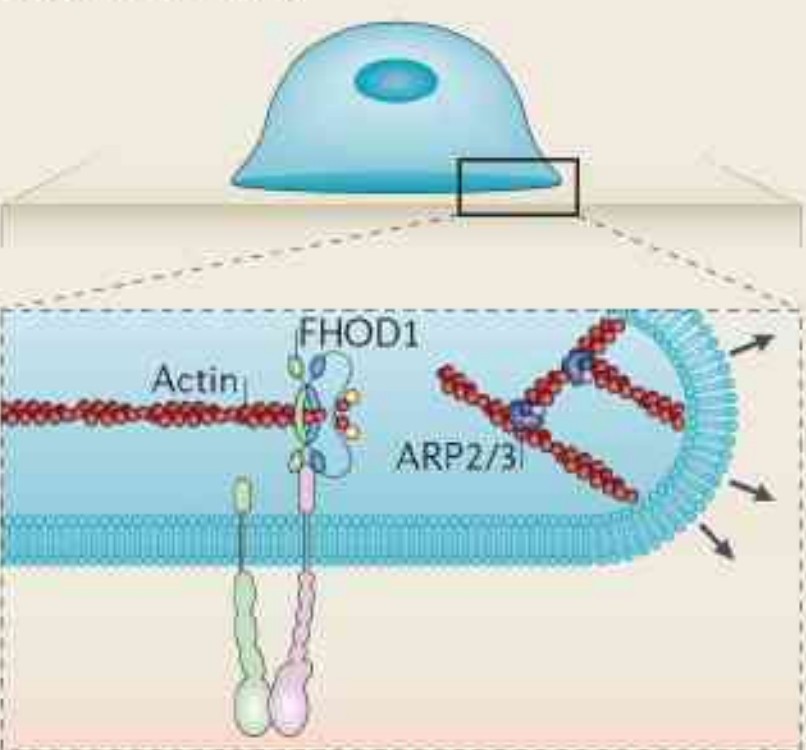


Myosin recruitment  
 → Contraction and flattening of the cell

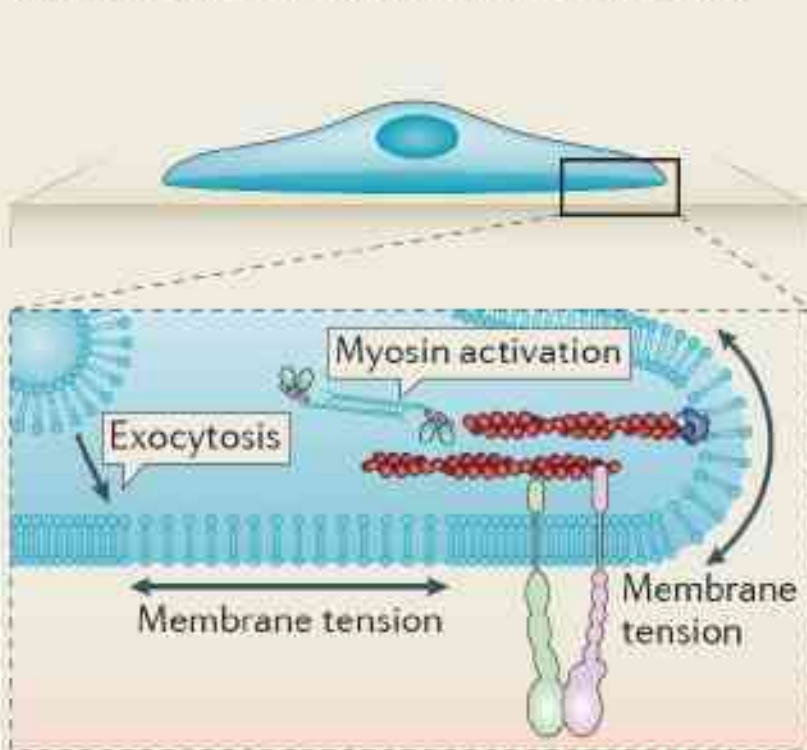
**d Forces activate actin assembly factors**



**e Actin assembly**



**f Membrane tension activates contraction**

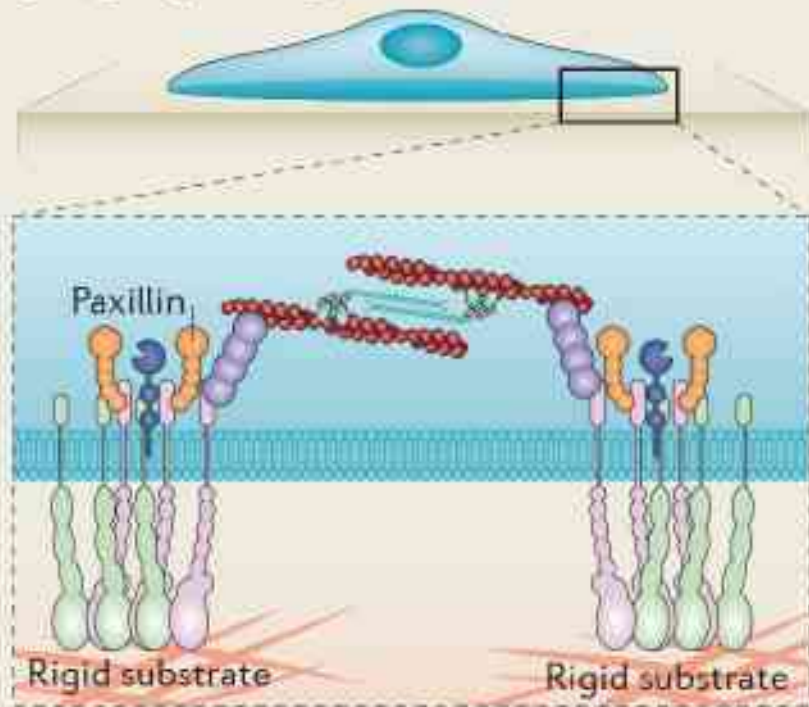


Activation of Rac1  
→ More actin polymerization

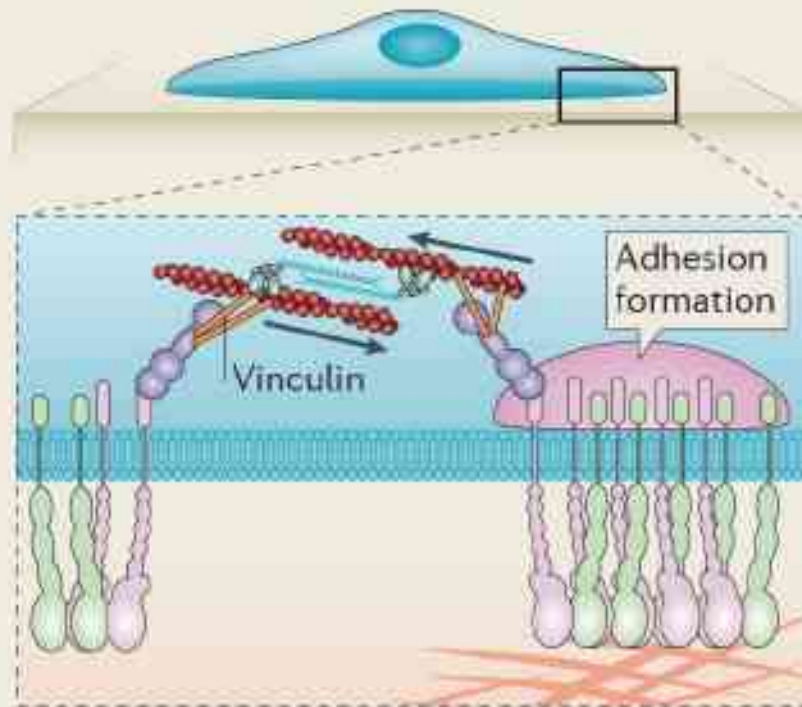
Increased contractility

Membrane tension  
→ sensor?

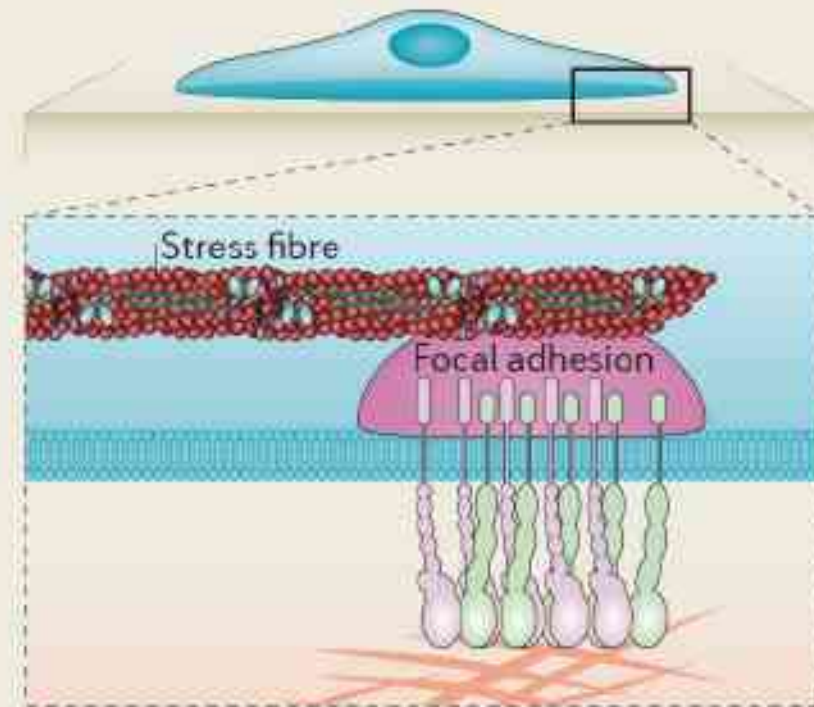
**g Rigidity sensing**



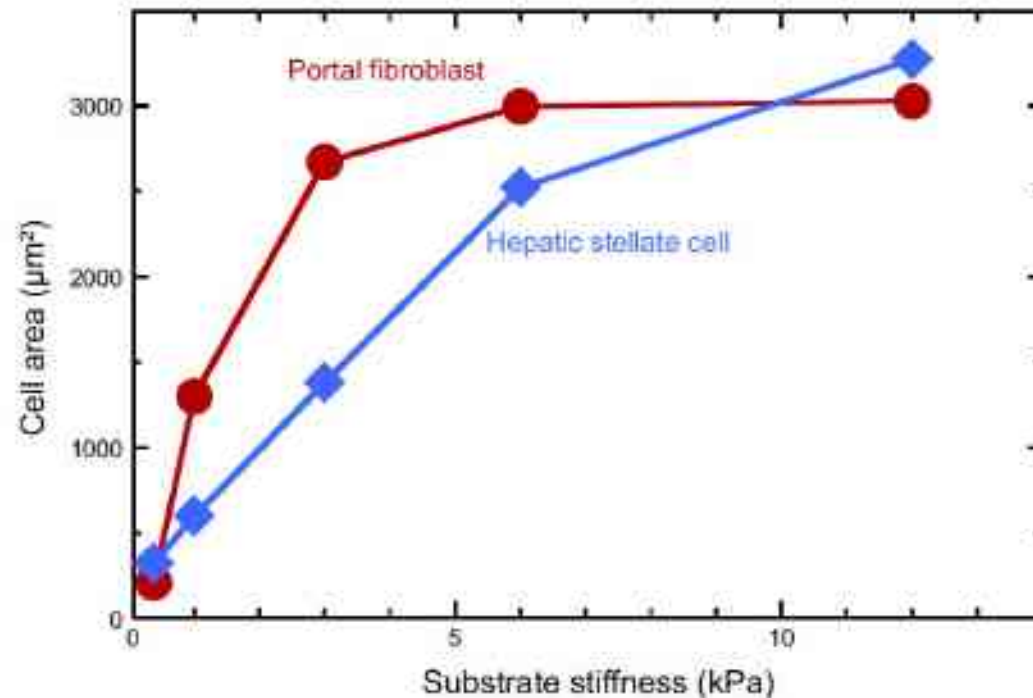
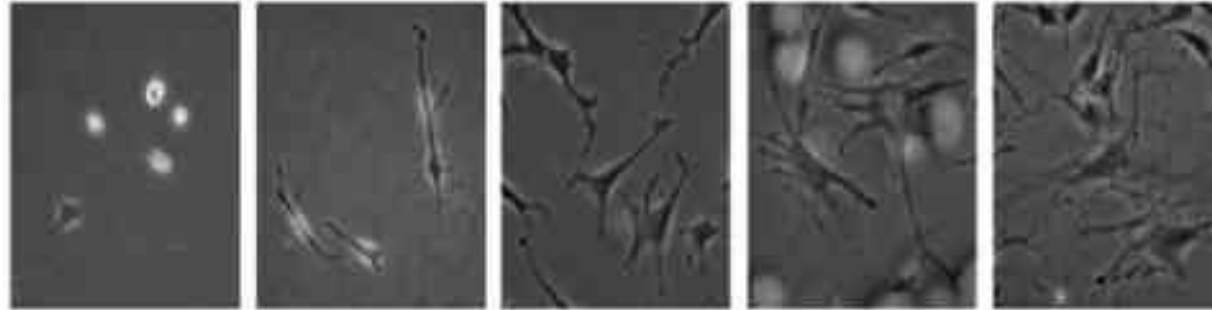
**h Adhesion reinforcement**



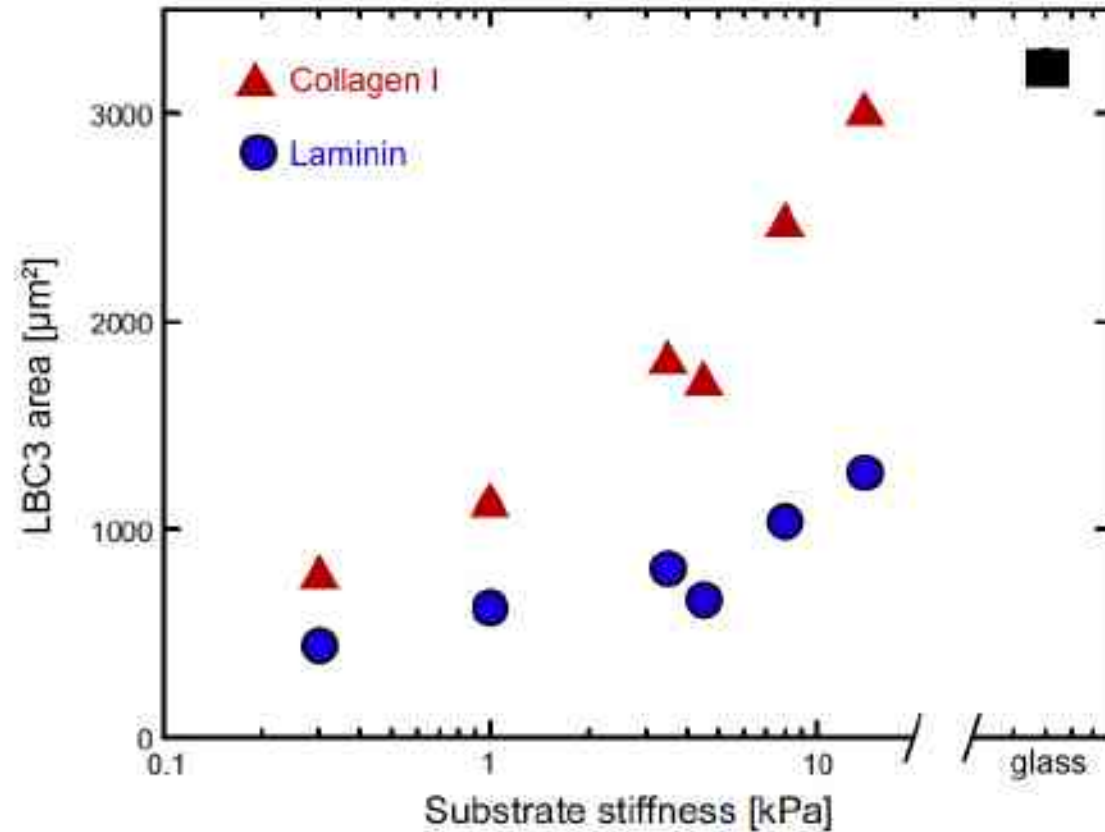
**i Adhesion maturation**



# Cells increase their surface area in response to stiffness

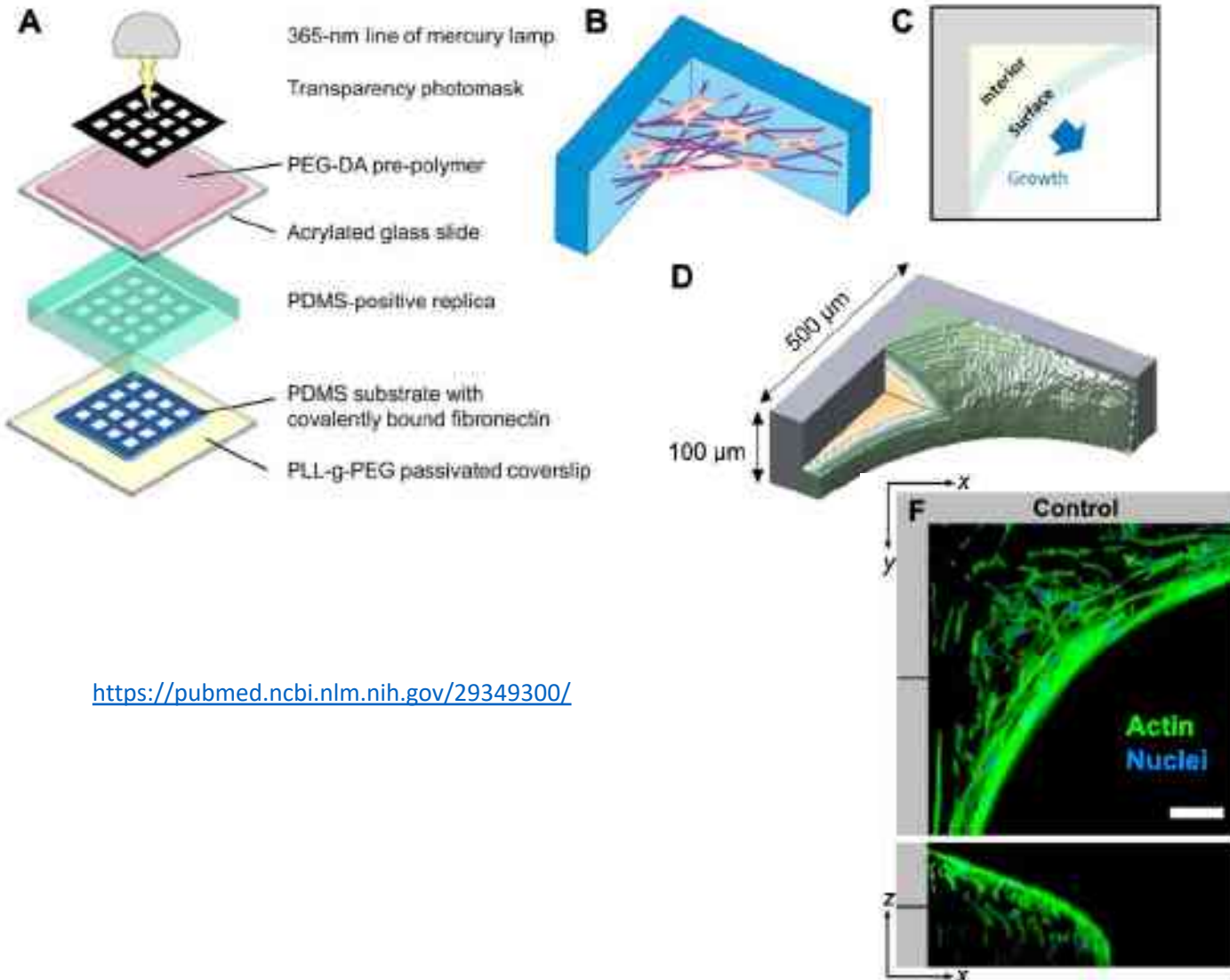


The type of matrix affects the response of cells to stiffness → biochemistry and physics collaborate

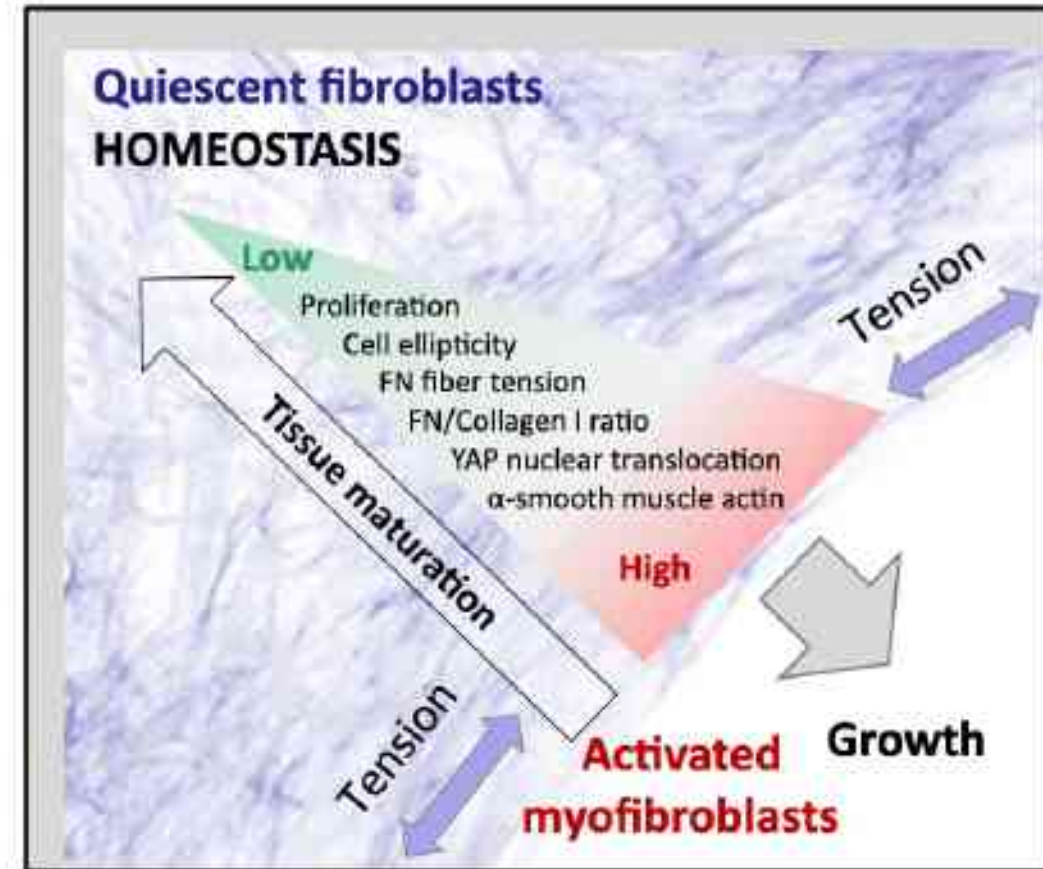


**FIGURE 4.** Integrin ligand dependence of response to substrate stiffness. Area of LBC3 human glioma cells on polyacrylamide gels coated with collagen I or laminin compared with area on glass after 24 h. [From Pogoda et al. (173).]

# Dimensionality at the supracellular scale affects cell differentiation

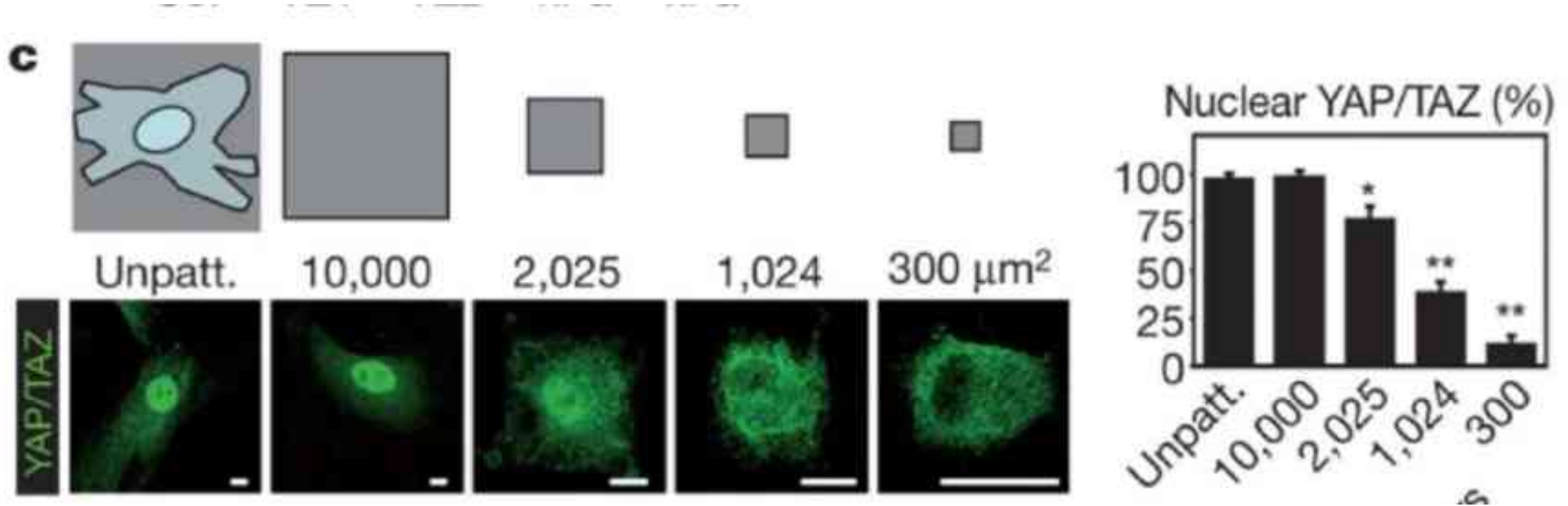


<https://pubmed.ncbi.nlm.nih.gov/29349300/>



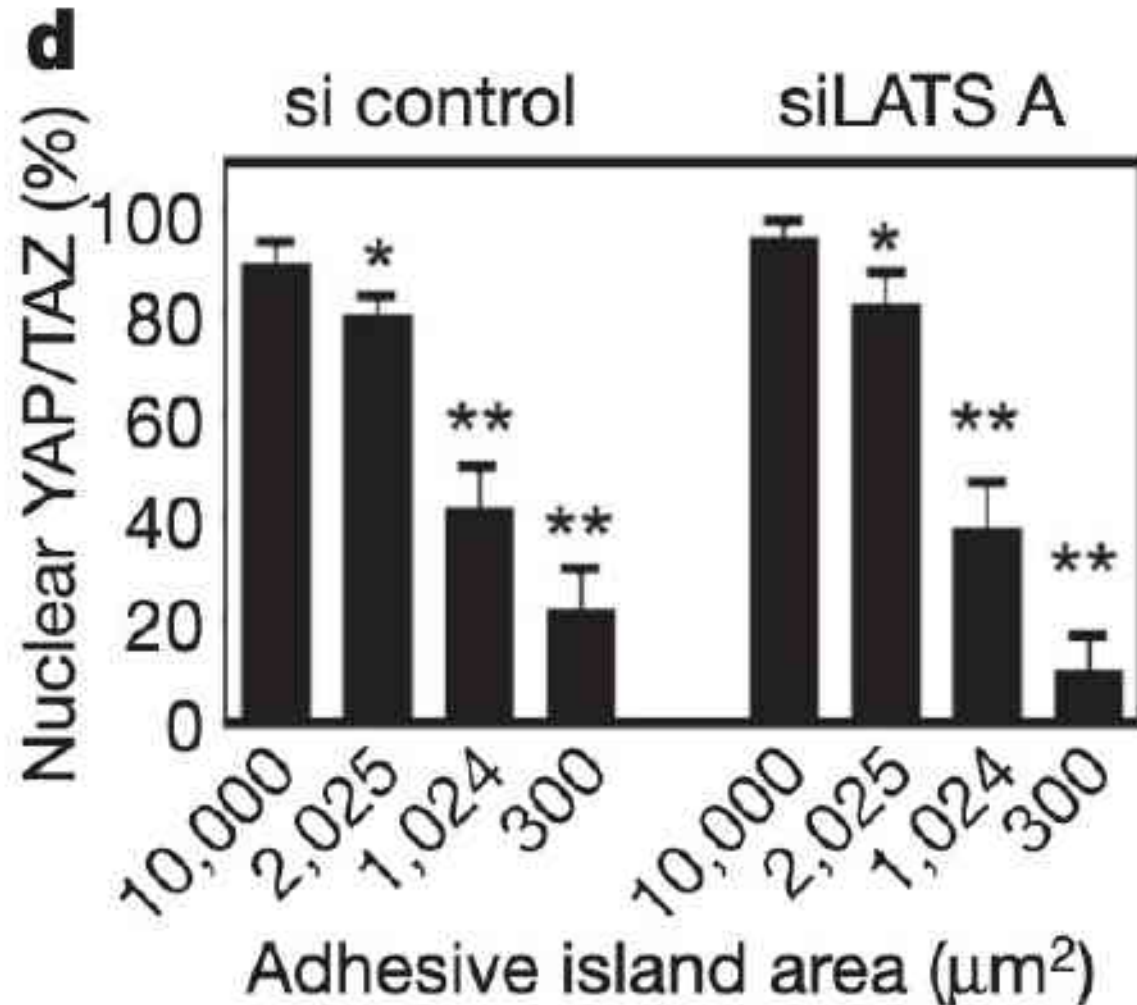
Fibroblasts at the front differentiate into myofibroblasts without the need for external factors

# Dimensionality also works at the cellular scale



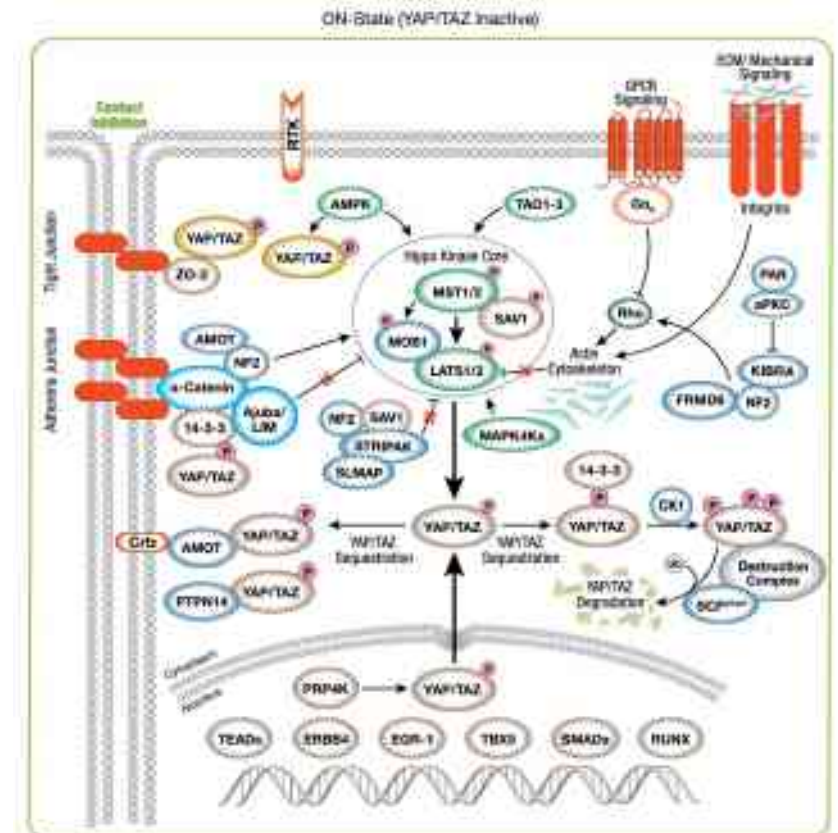


# YAP/TAZ mechanotransduction is independent of the Hippo pathway

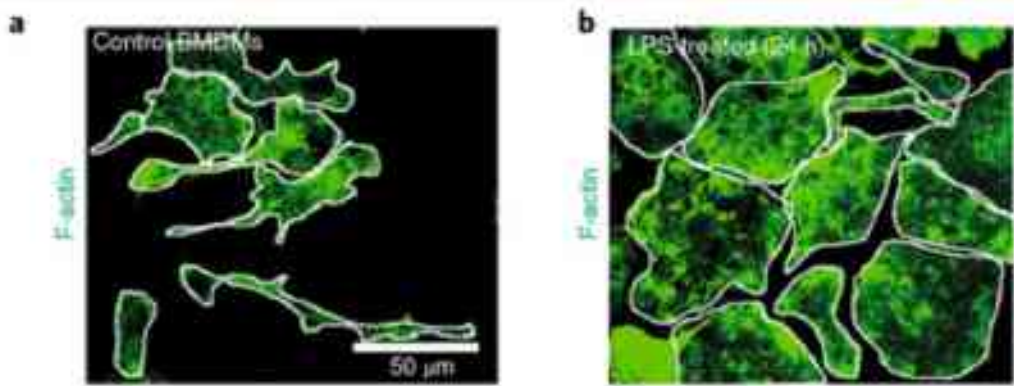


<https://pubmed.ncbi.nlm.nih.gov/21654799/>

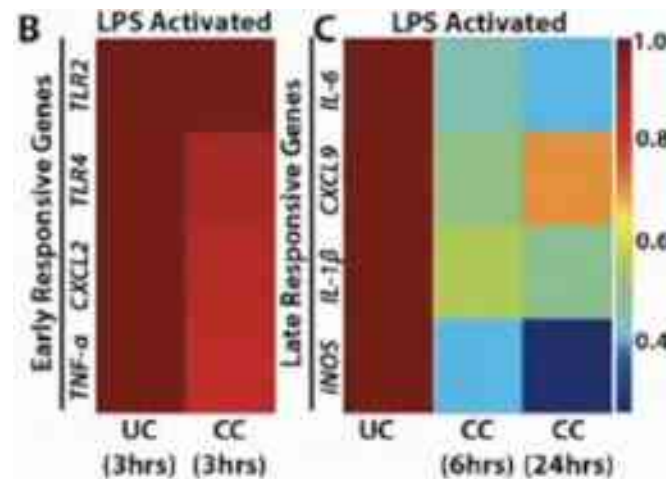
The Hippo Pathway signal via YAP/TAZ to mediate contact inhibition (via LATS)



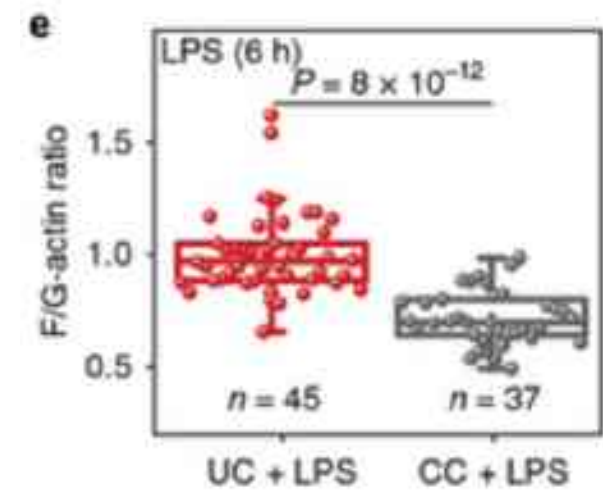
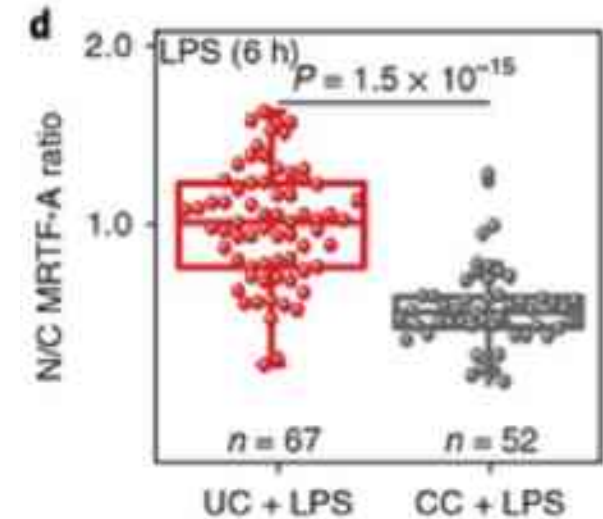
# Mechanotransduction regulates cell fate decisions



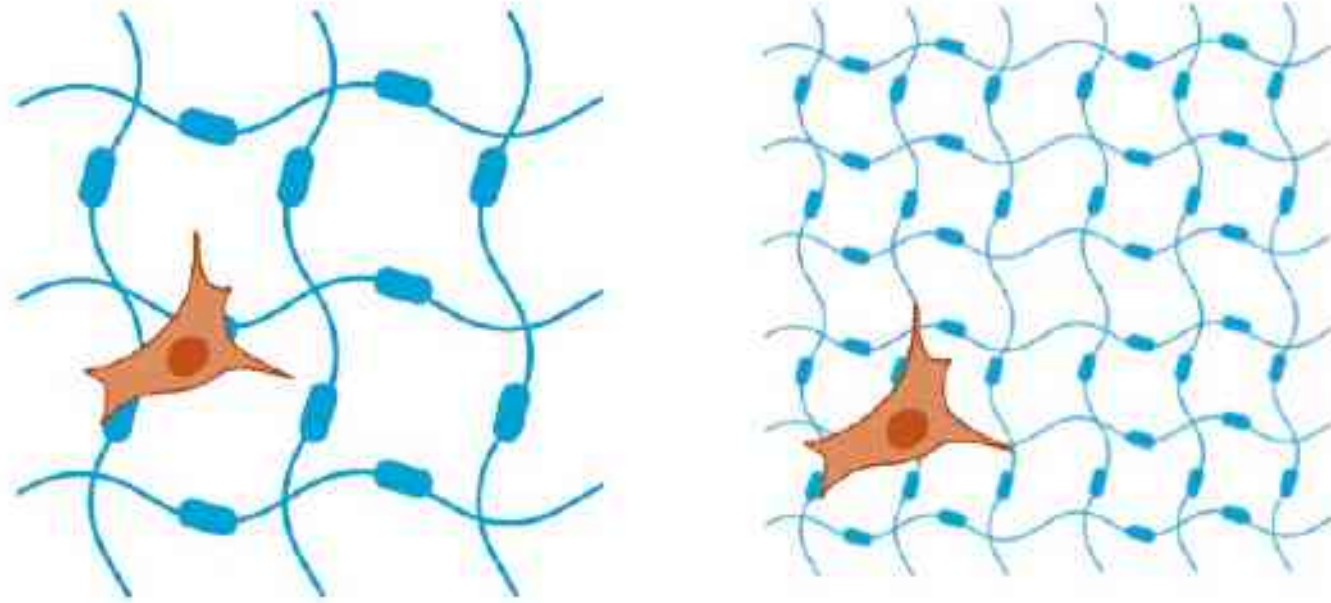
Macrophages expand when exposed to LPS



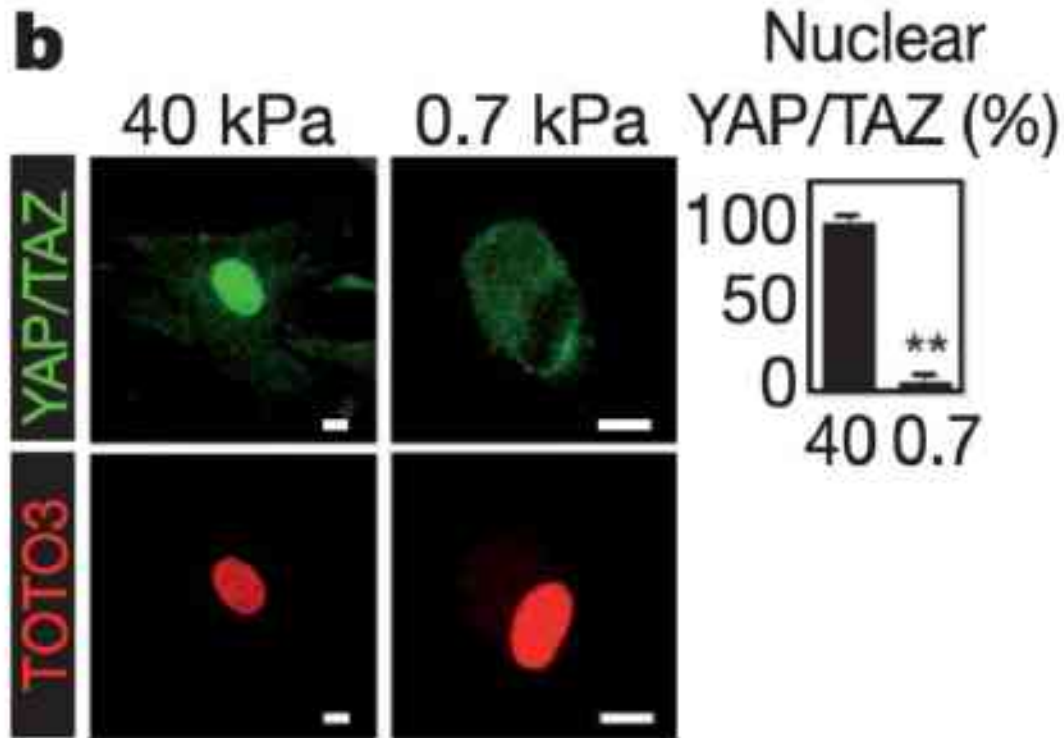
If the cells are confined, they cannot exert their full inflammatory potential



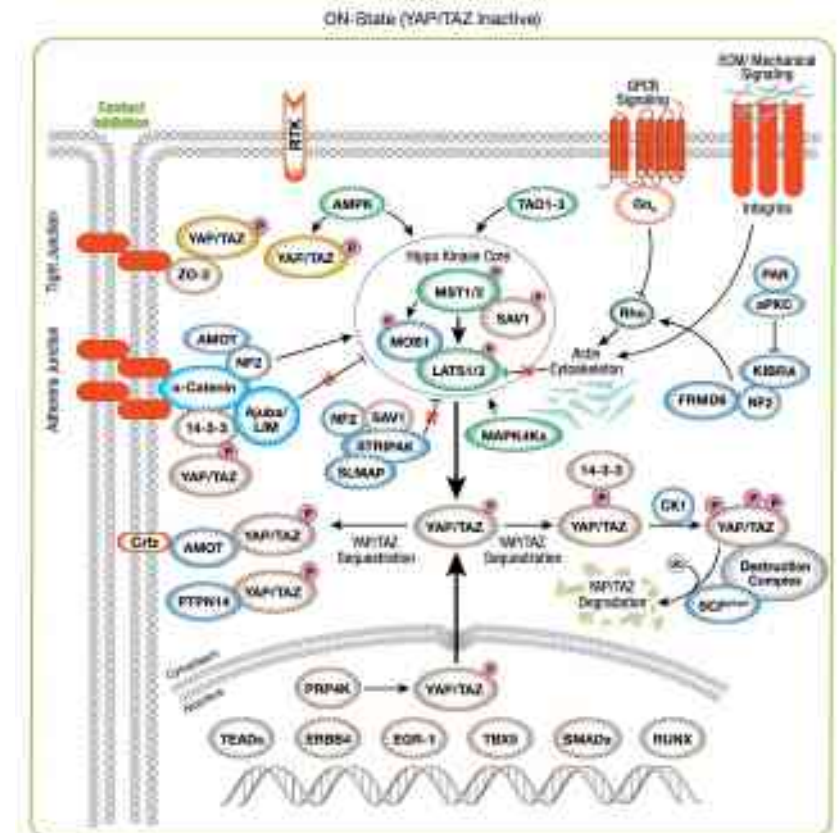
All the examples above are about tension.  
What about Stiffness?



# YAP/TAZ mediates response of cells to stiffness

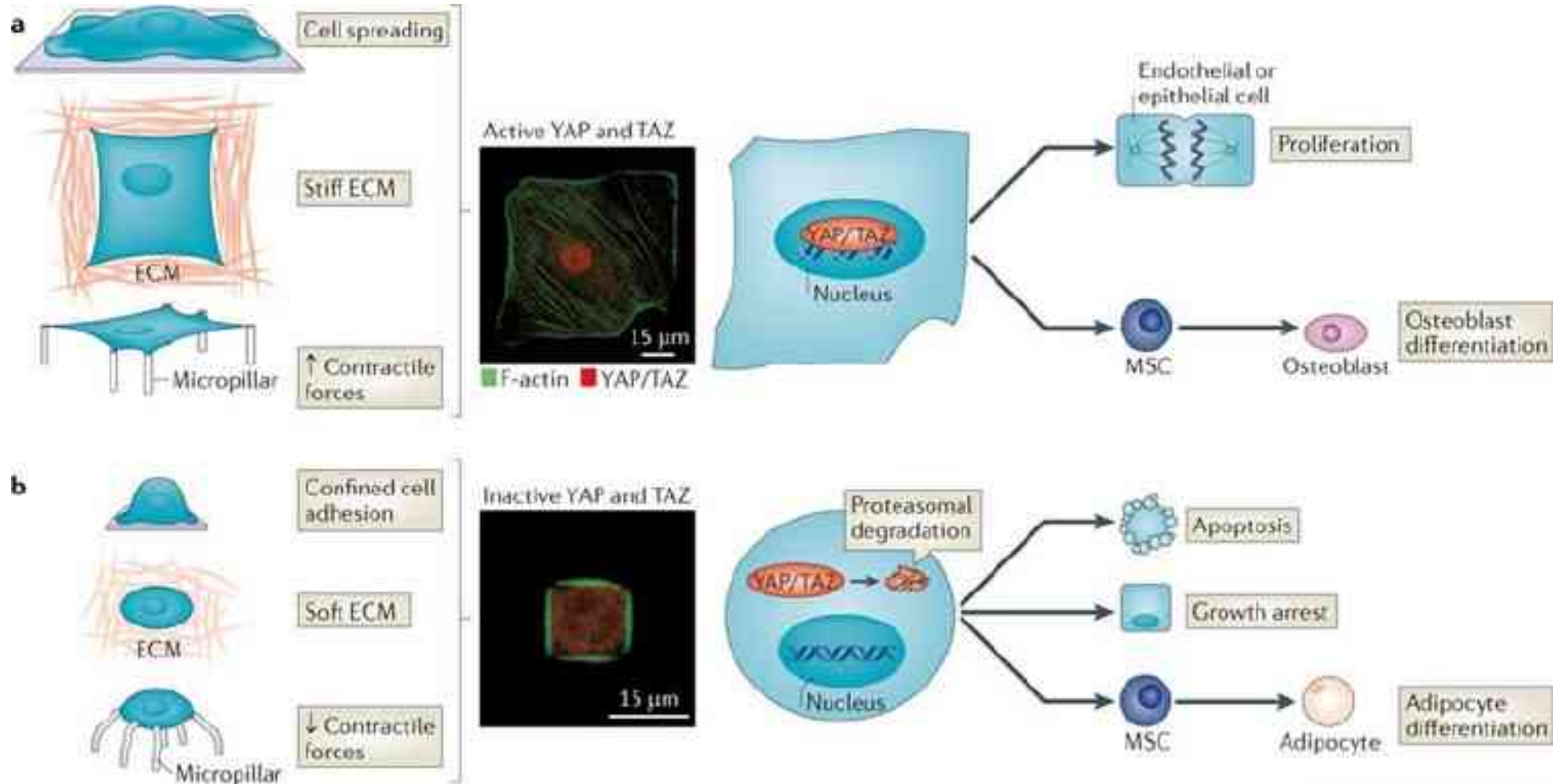


The Hippo Pathway signal via YAP/TAZ to mediate contact inhibition (via LATS)

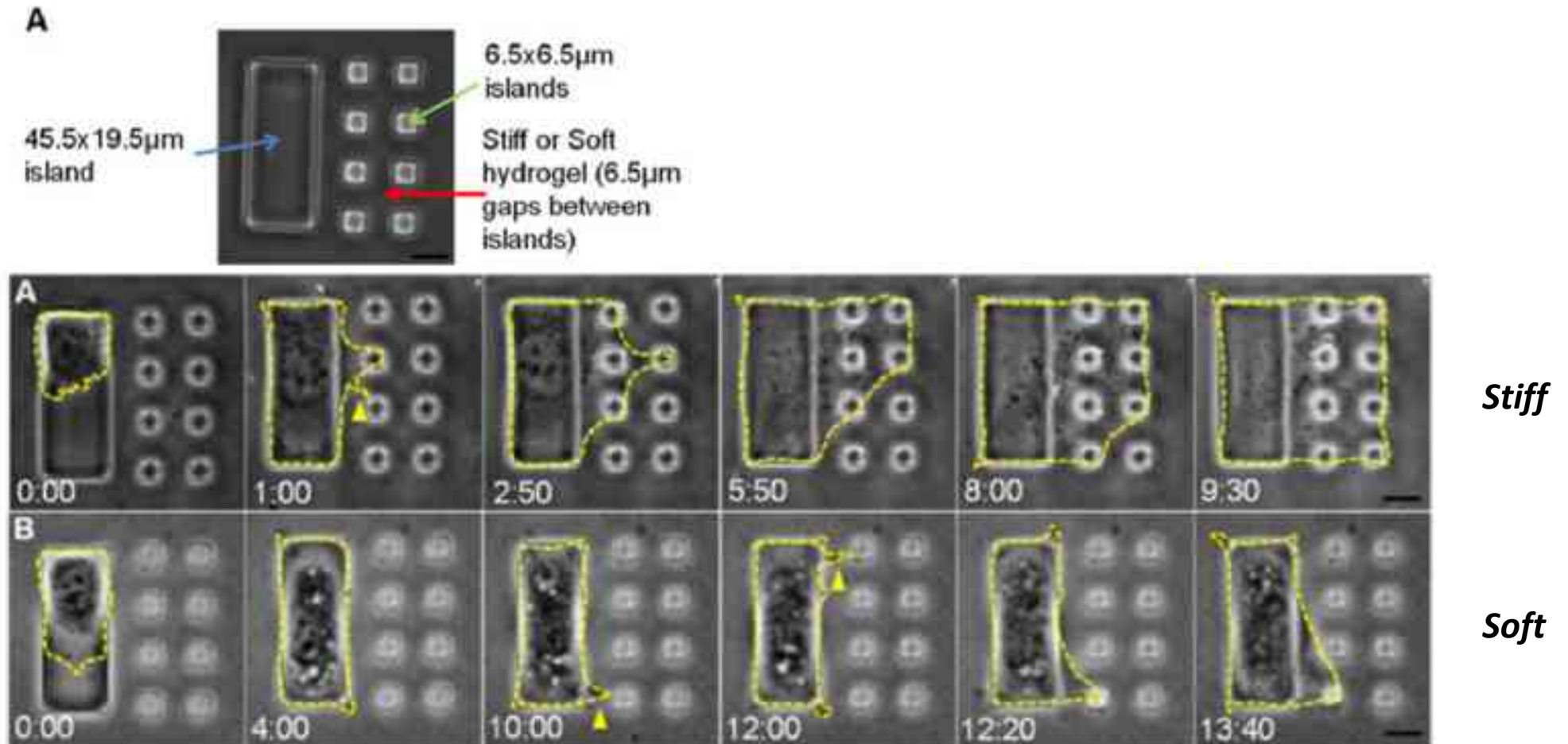


<https://pubmed.ncbi.nlm.nih.gov/21654799/>

# Mechanotransduction regulates cell fate decisions via YAP/TAZ

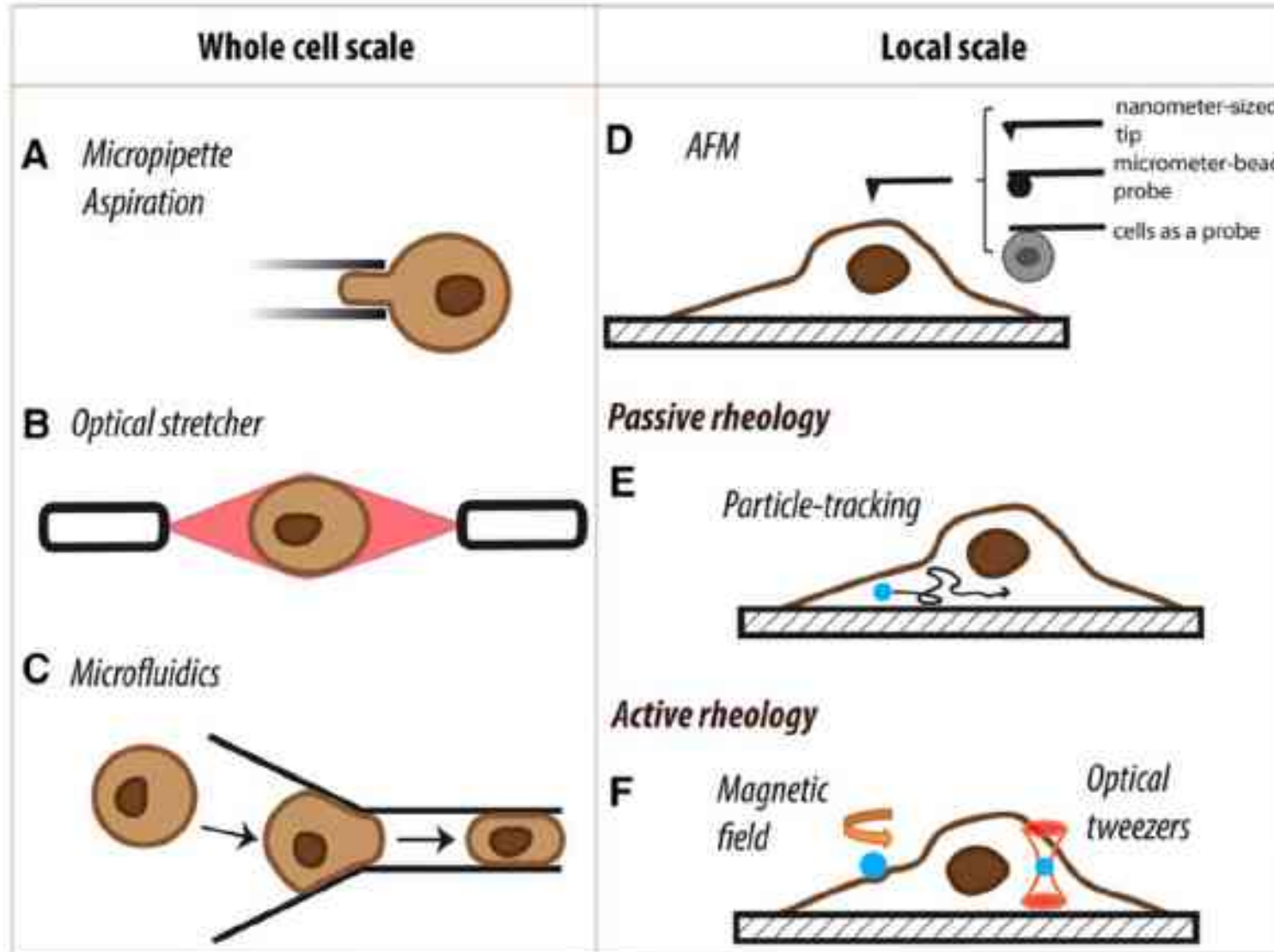


# Cells probe the stiffness of their surrounding with filopodia to “decide” whether to spread



Cells do not only respond to stiffness of their surrounding. Their own stiffness also matters

# How to measure cell stiffness



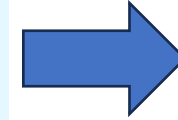


# Are cancer cells really softer than normal cells?

Charlotte Alibert\*†, Bruno Goud\*† and Jean-Baptiste Manneville\*†

\*Institut Curie, PSL Research University, CNRS, UMR 144, Paris, France and †Sorbonne Universités, UPMC University Paris 06, CNRS, UMR 144, Paris, France

<https://pubmed.ncbi.nlm.nih.gov/28244605/>



## **Cancer cells really appear to be softer than normal cells**

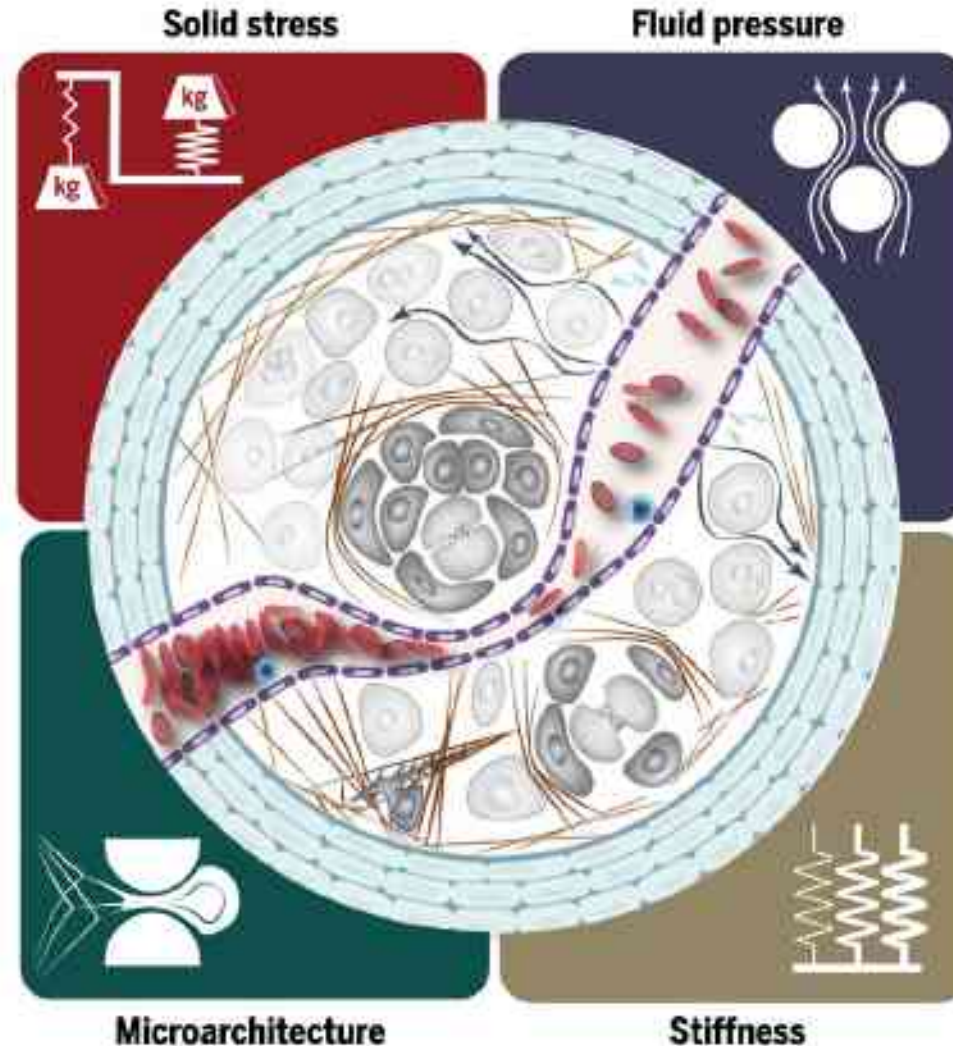
Palpation is often the first and simplest way to detect a tumour, for instance in breast tissues, before a more reliable diagnosis by biopsy. It is well accepted that tumour tissues, at the scale of the whole organ, are stiffer than their normal surrounding environment. Working with entire mammary gland, Levental et al. (2009) showed that the elastic modulus of the tissue indeed increases with tumorigenesis. However, at the level of the single cell, as discussed in section 'Why may cancer cells be softer than normal cells?', several

# Mechanobiology is mostly studied in the context of cancer

Force by the solid/elastic elements within a tumor (ECM and cells). Ranges from 0.7 kPa in Glioma to 10 kPa in pancreatic cancer.

Chemotherapy reduces solid stress (less cells = less solid stress)

Mediated by the arrangement of fibers in the ECM and by the loss of normal tissue architecture.



Through leaky vessels, or alterations of lymphatic drainage. The range is between 1-5 kPa.

Also includes shear stress

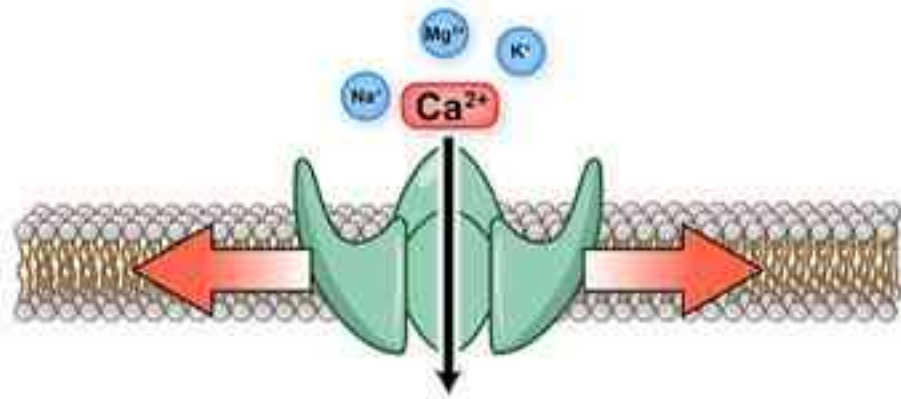
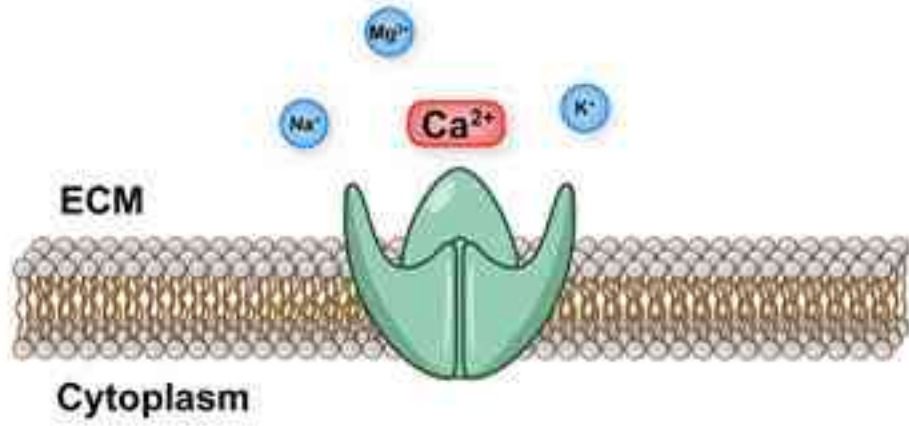
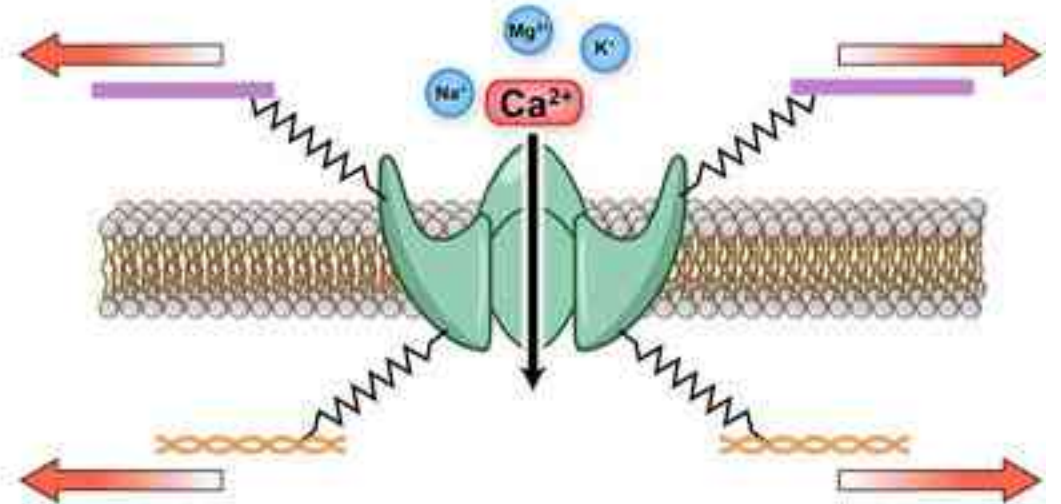
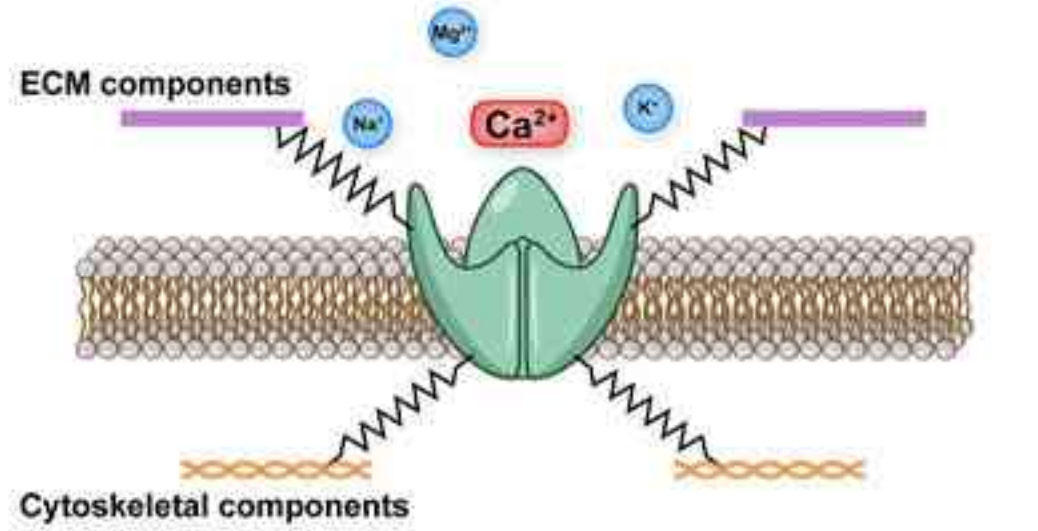
Also known as “elasticity”. Mainly through enhanced ECM production in tumors.

Ranges from 1kPa for brain tumors to 70 kPa in cholangiocarcinoma

What is a *mechanosensor*?

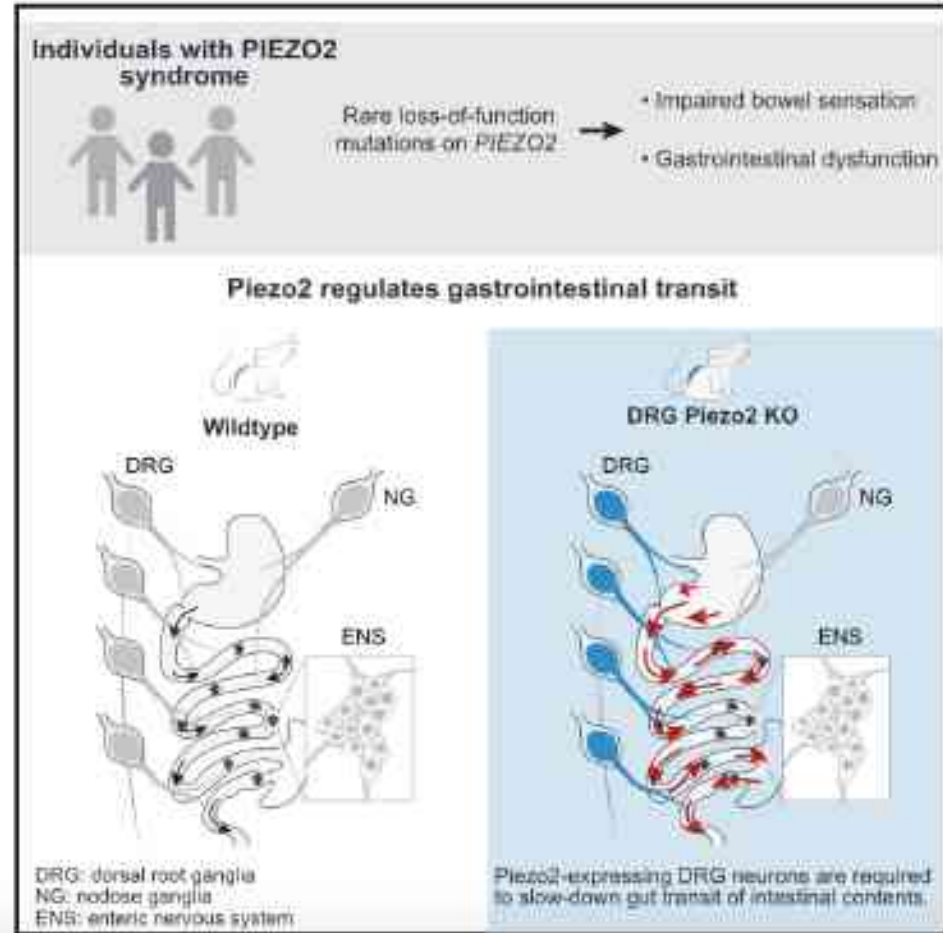
→ *A protein that converts a mechanical force into a biochemical signal*

One of the best understood mechanosensors are *PIEZO channels*

**A****B**

# PIEZO2 in somatosensory neurons controls gastrointestinal transit

## Graphical abstract



## Authors

M. Rocio Servin-Vences, Ruby M. Lam, Alize Koolen, ..., Carsten G. Bönnemann, Alexander T. Chesler, Ardem Patapoutian

## Correspondence

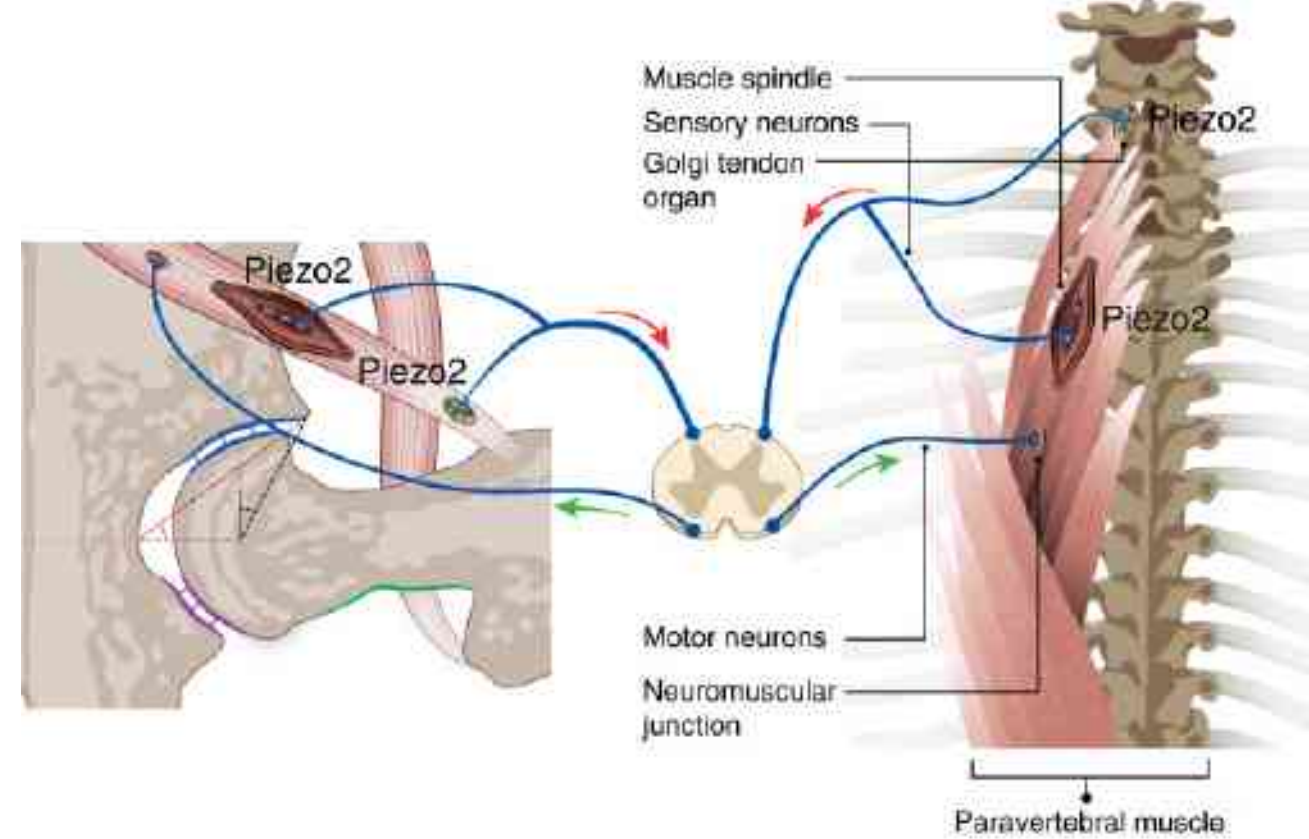
alexander.chesler@nih.gov (A.T.C.), ardem@scripps.edu (A.P.)

## In brief

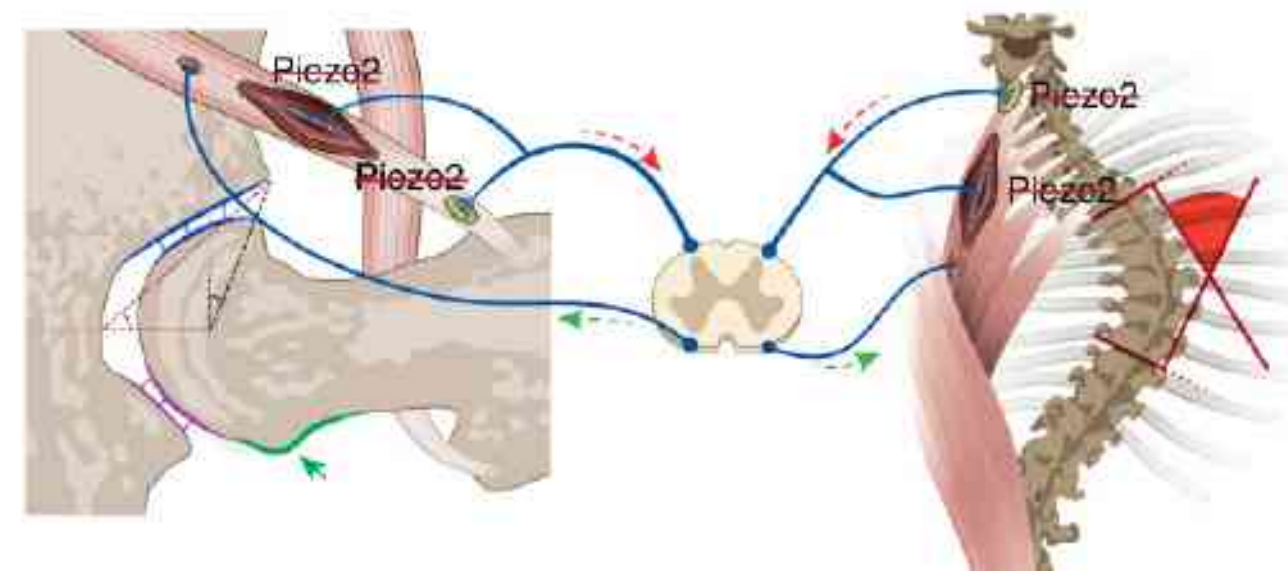
Piezo2 in dorsal root ganglia neurons is required to sense gut content and slow down food transit rates in the stomach, small intestine, and colon.

GI Symptoms of patients:

- watery stool
- diarrhea
- constipation and diarrhea
-



**Loss of *Piezo2* in proprioceptive neurons results in spine malalignment and hip dysplasia.**



# Excessive mechanotransduction in sensory neurons causes joint contractures

[SHANG MA](#) , [ADRIENNE E. DUBIN](#), [LUIS O. ROMERO](#) , [MEAGHAN LOUD](#), [ALEXANDRA SALAZAR](#) , [SARAH CHU](#) , [NIKOLA KLIER](#) , [SAMEER MASRI](#),  
[YUNXIAO ZHANG](#) , [...], AND [ARDEM PATAPOUTIAN](#) 

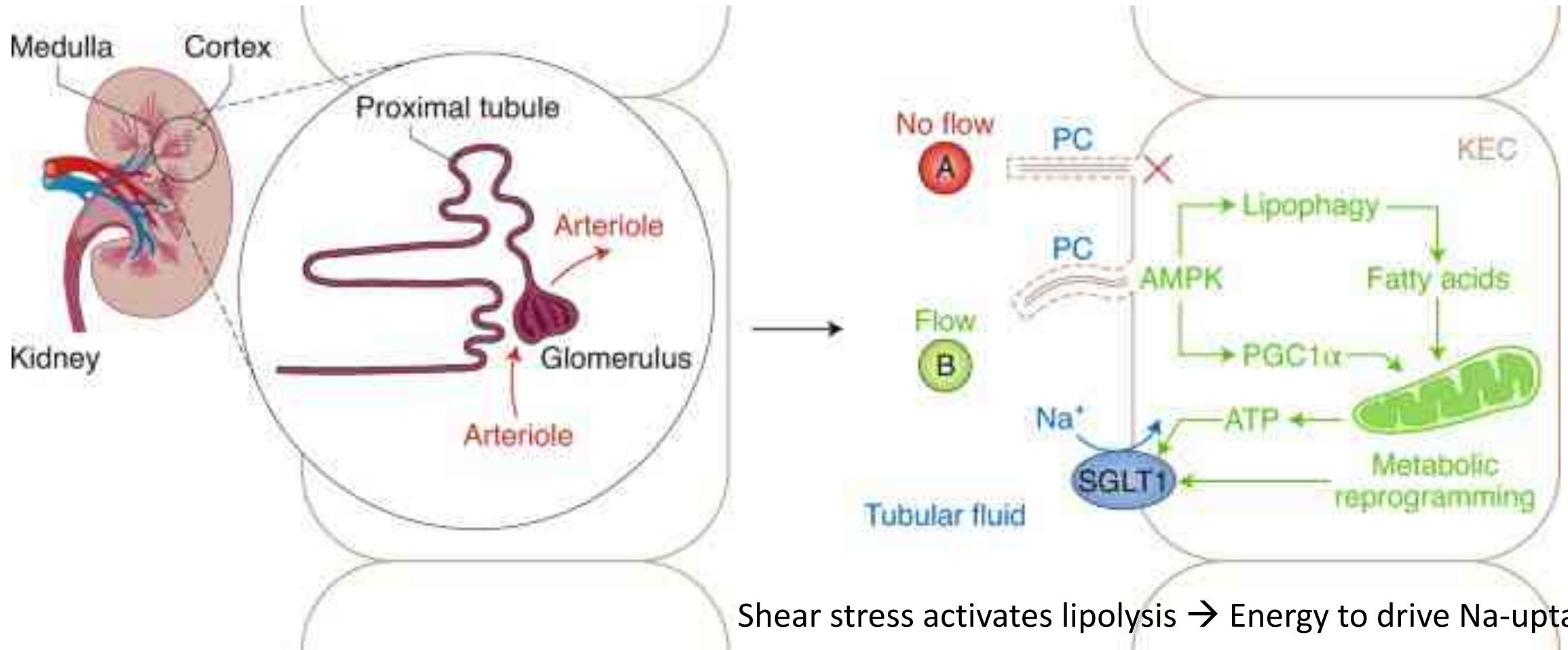
+5 authors

[Authors Info & Affiliations](#)

**SCIENCE** • 12 Jan 2023 • Vol 379, Issue 6628 • pp. 201-206 • DOI: [10.1126/science.add3598](https://doi.org/10.1126/science.add3598)

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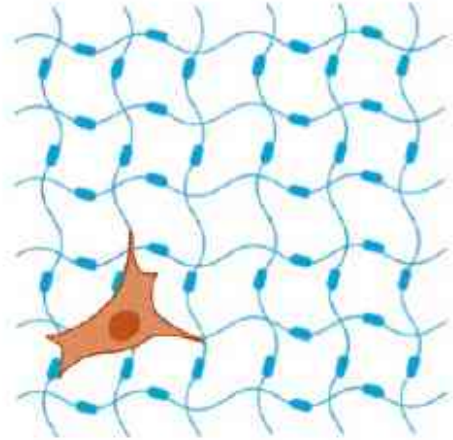
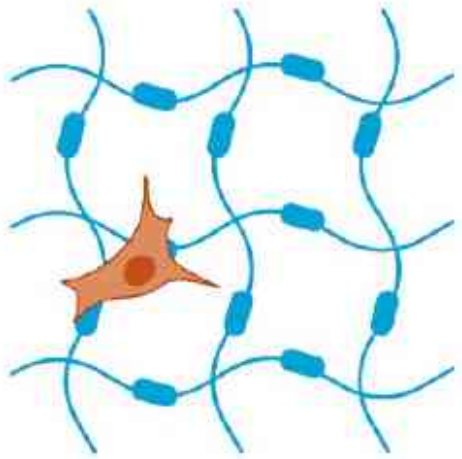
# The primary cilium participates in sensing shear stress



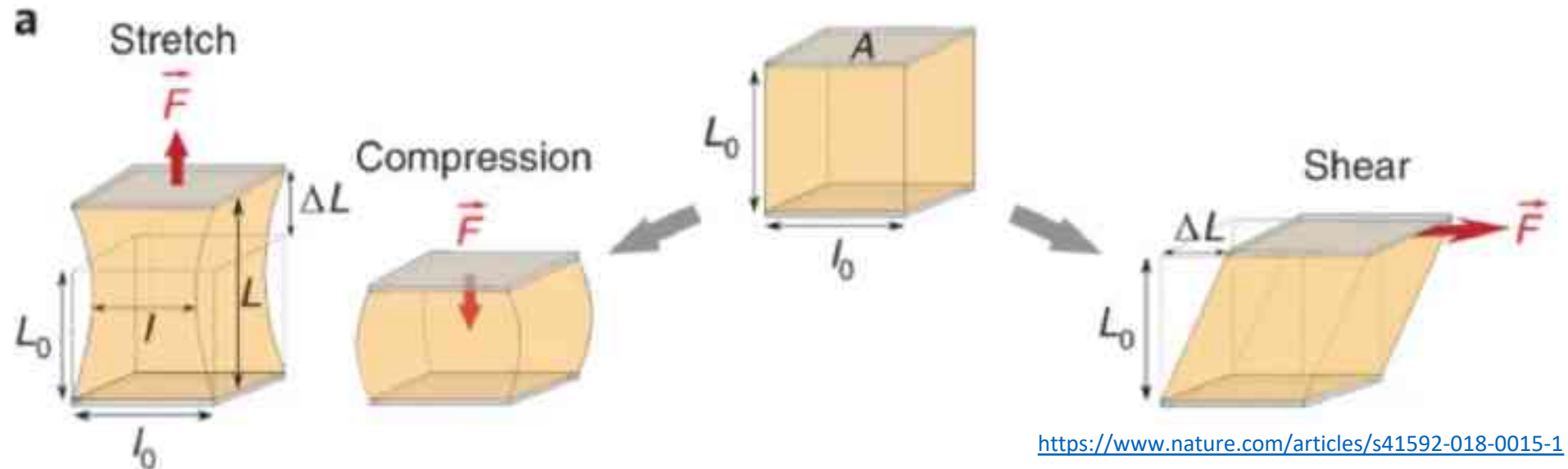
Shear stress activates lipolysis → Energy to drive Na-uptake



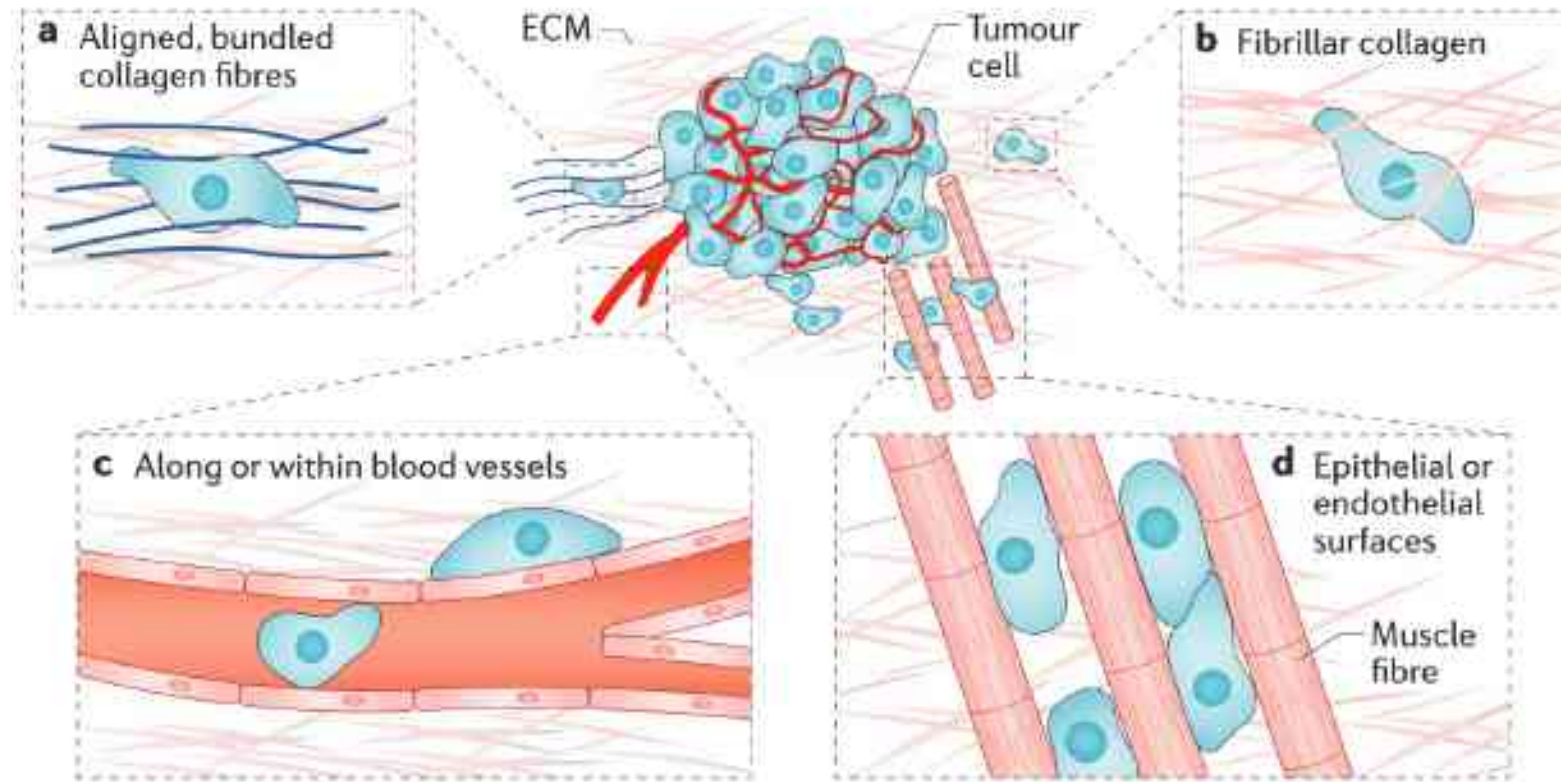
# Main types of mechanical forces



Stiffness and density of substrate

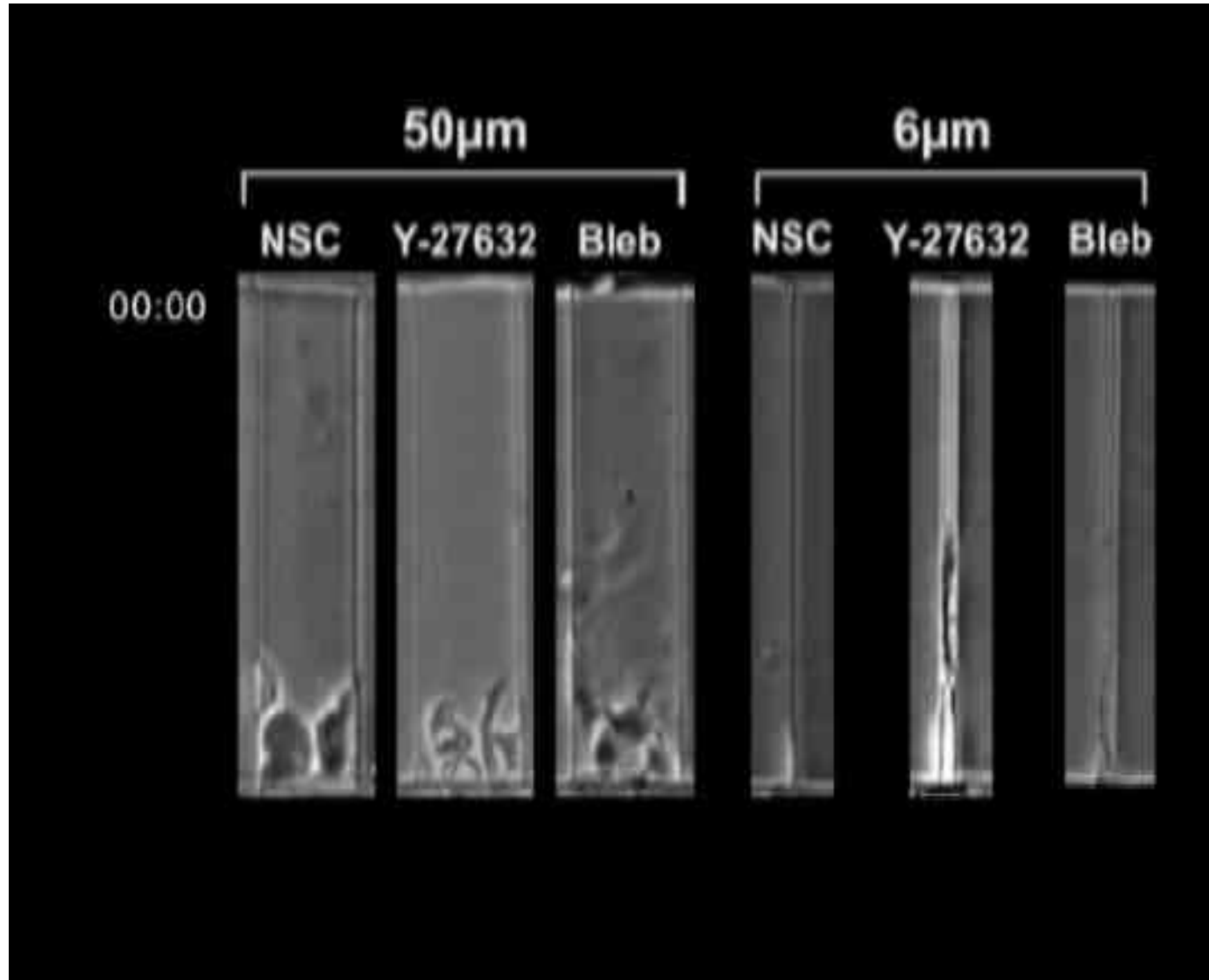


# Cells encounter confined environments *in vivo*



We know from intravital imaging that cells encounter “pores” or “channels” with diameters between 1-30  $\mu\text{m}$  in diameter

# Confined vs. unconfined migration



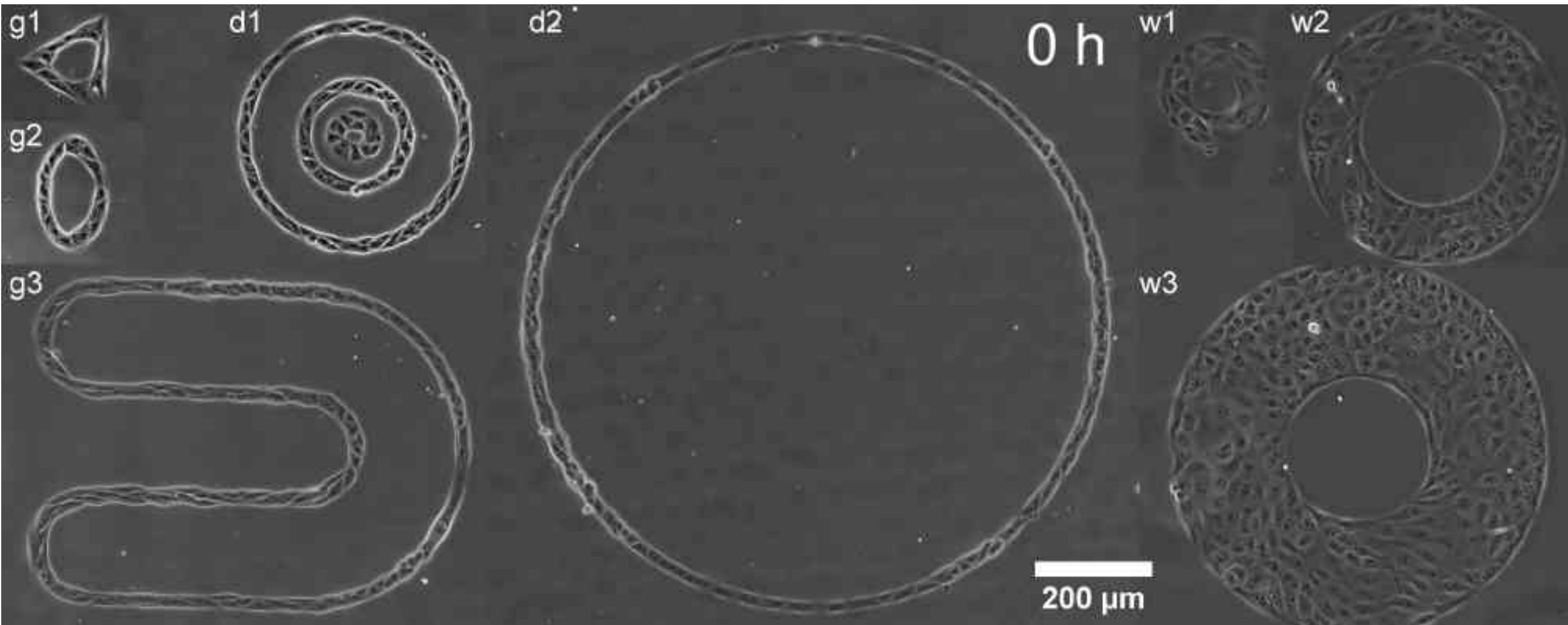
NSC= inhibitor of Rac1  
Y-27632 = inhibitor of ROCK =  
reduces contractility

Confined migration does not need  
Rac1, but rather contractility.  
Unconfined migration is the  
opposite.

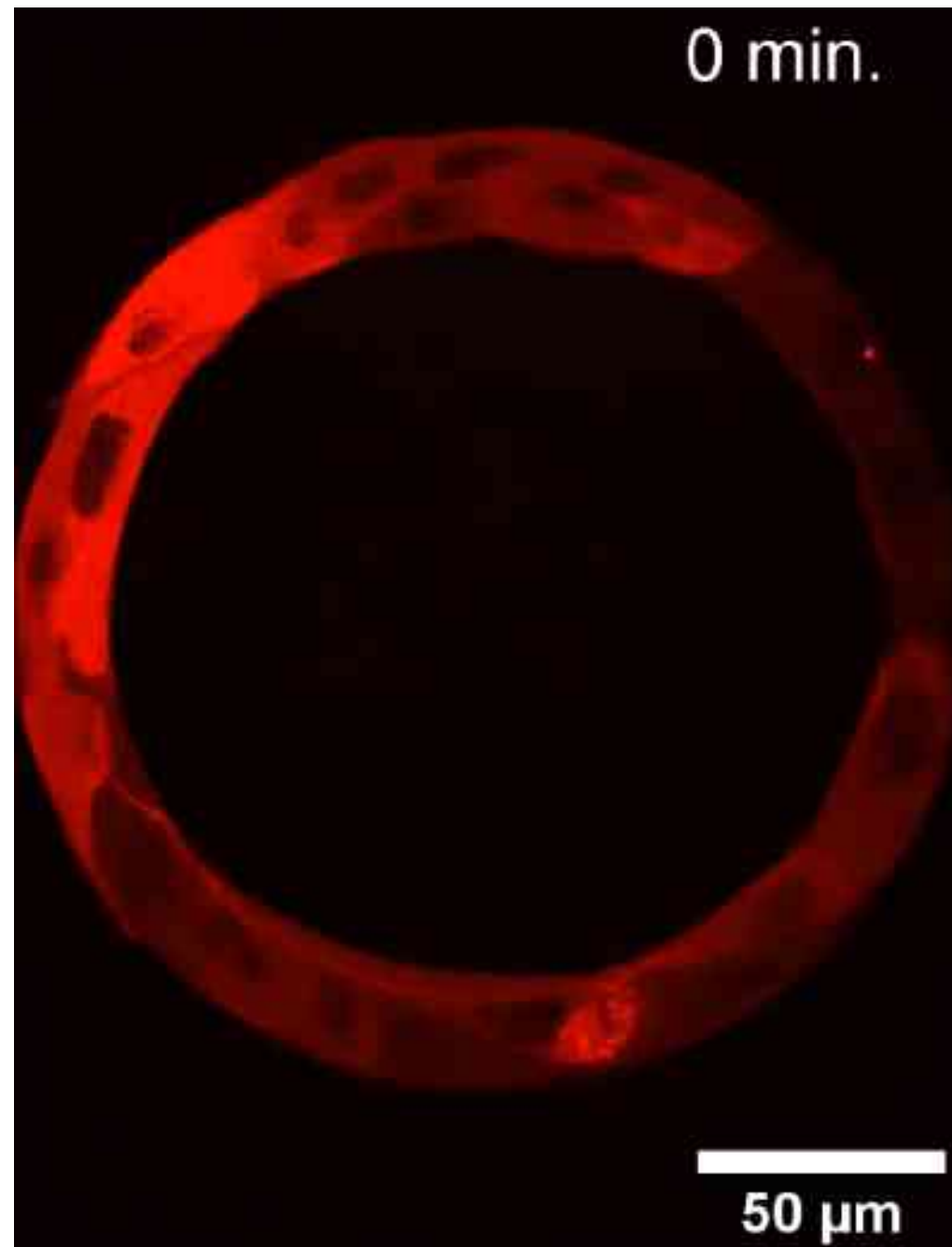
Confined migration does not need Rac1 in channels

However, it is different in 2D confinement

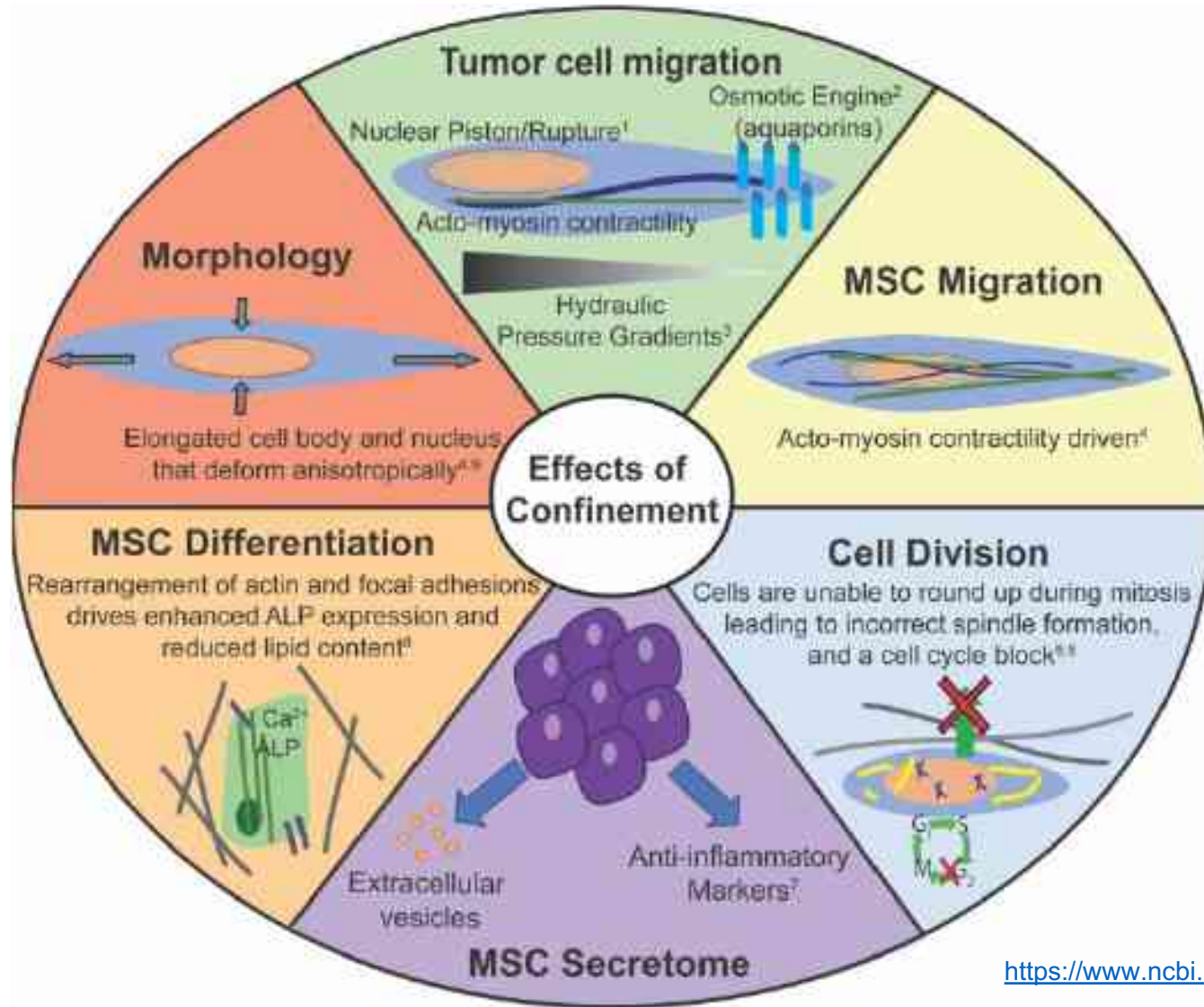
# 2D confinement



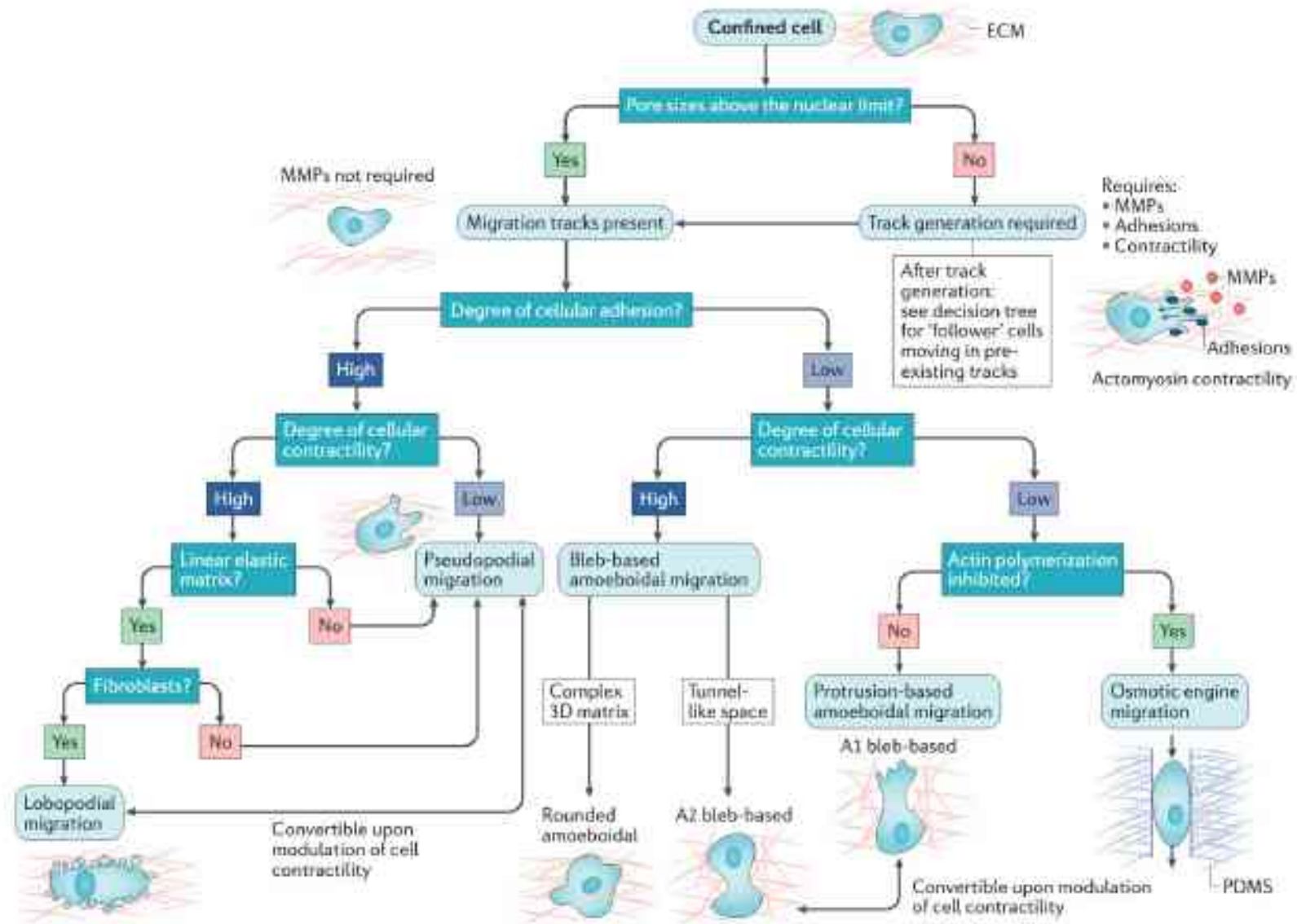
Inhibiting Rac  
polarization blocks  
the migration of cells



# Confinement affects cell behavior



# Determinants of cell migration in confinement





So far, we only talked about  
mechanosensing and mechanotransduction  
at the cell surface

What about intracellular organelles?  
Which organelle would you chose for your  
quest for intracellular mechanobiology?

# ER

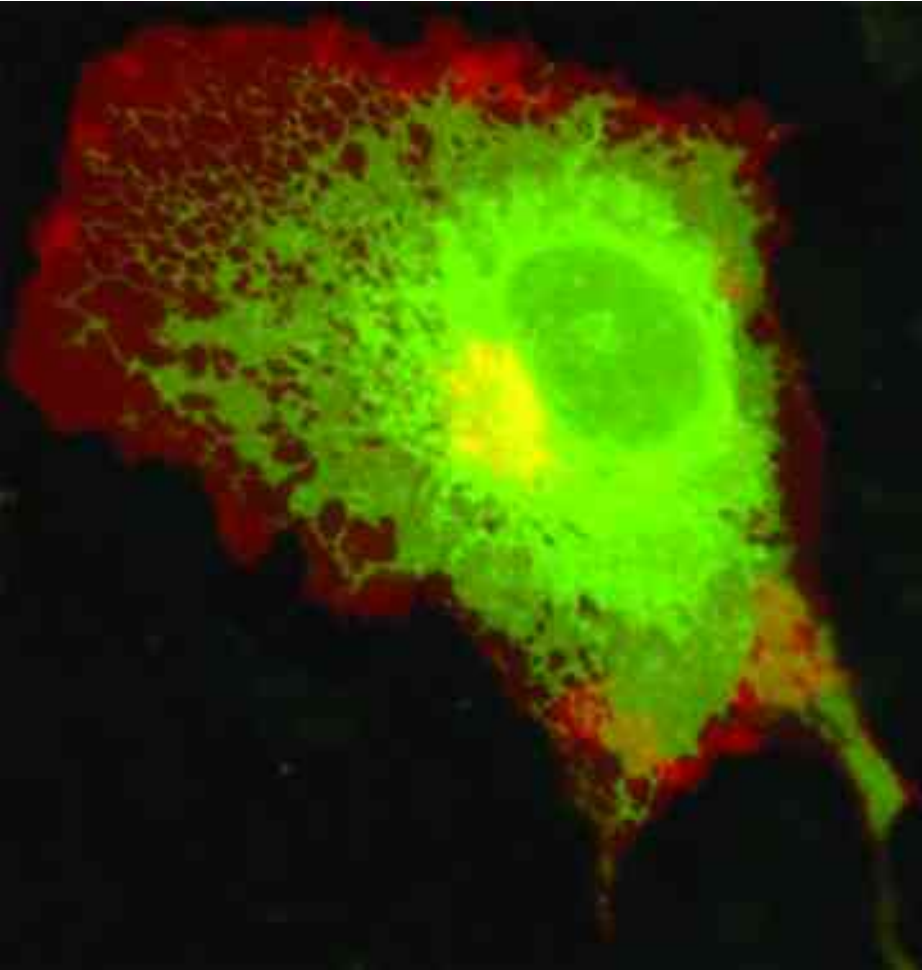
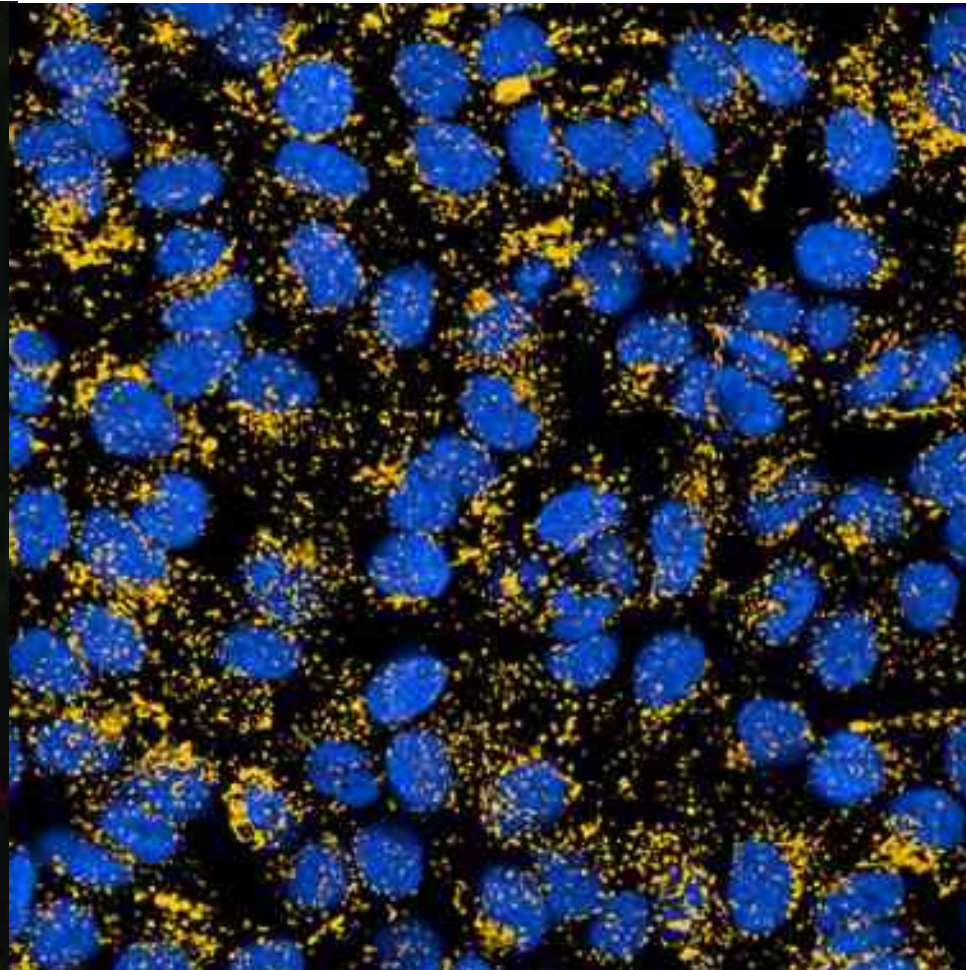


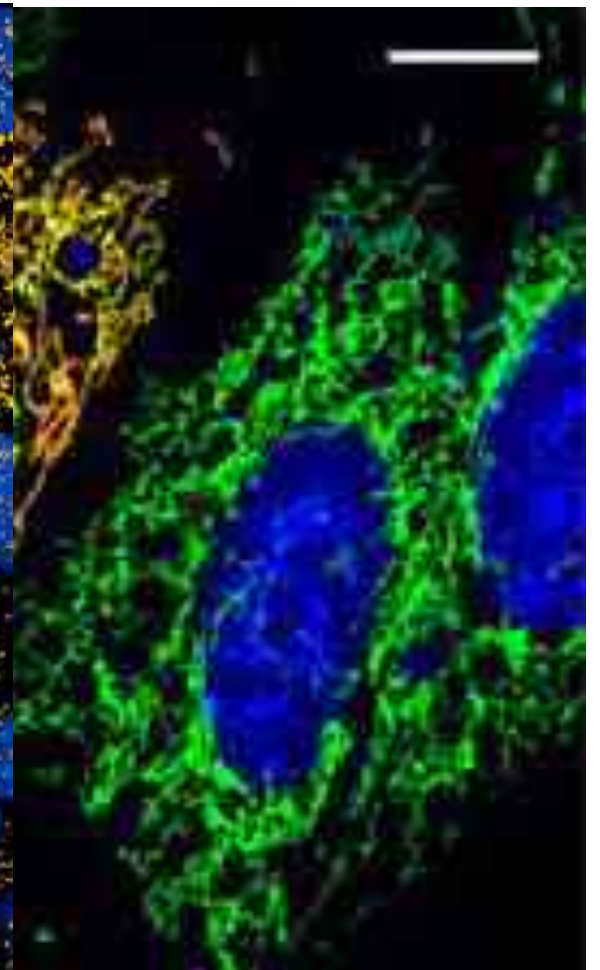
Image from K Hirschberg

# Lysosomes



<https://www.perkinelmer.com/>

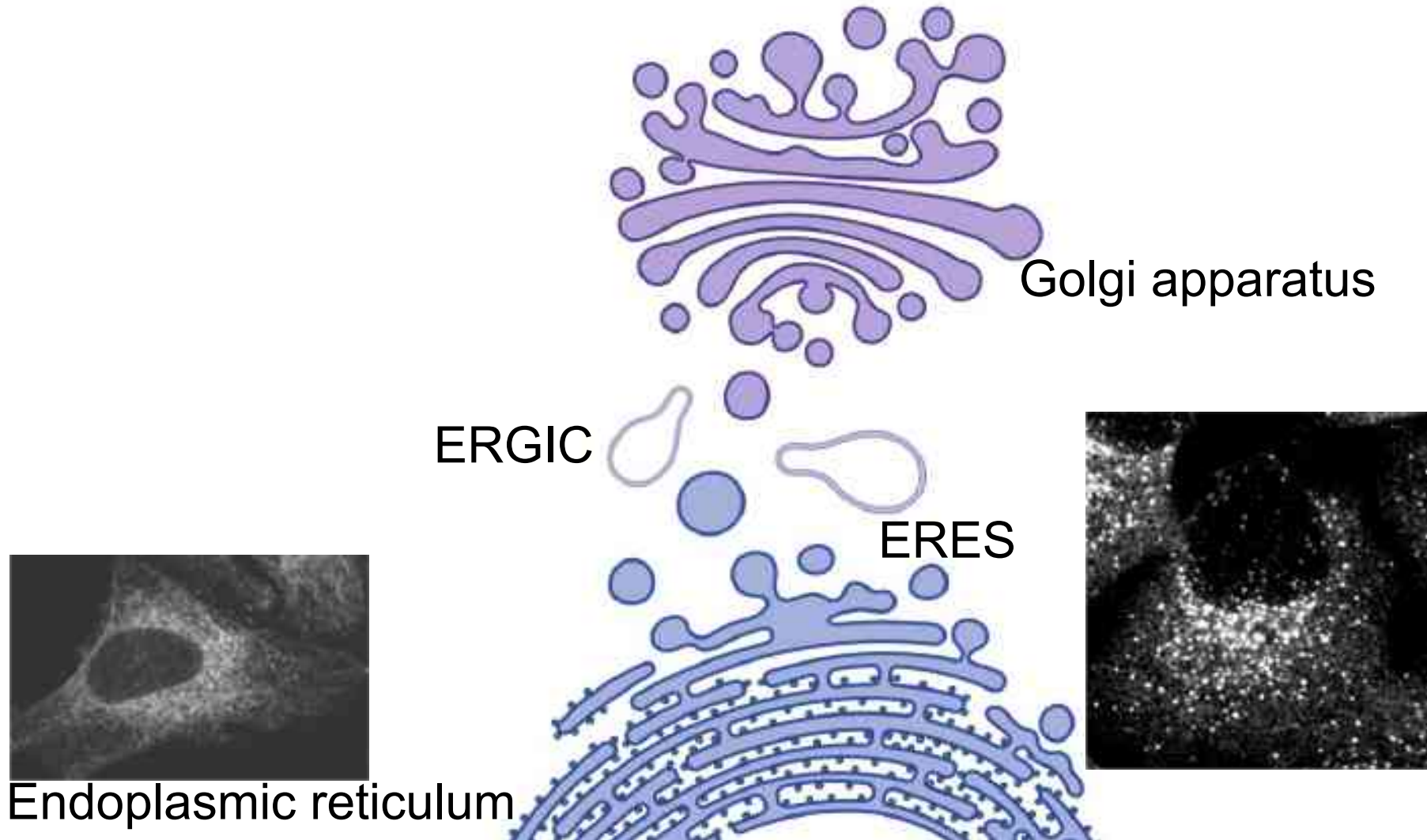
# Mitochondria



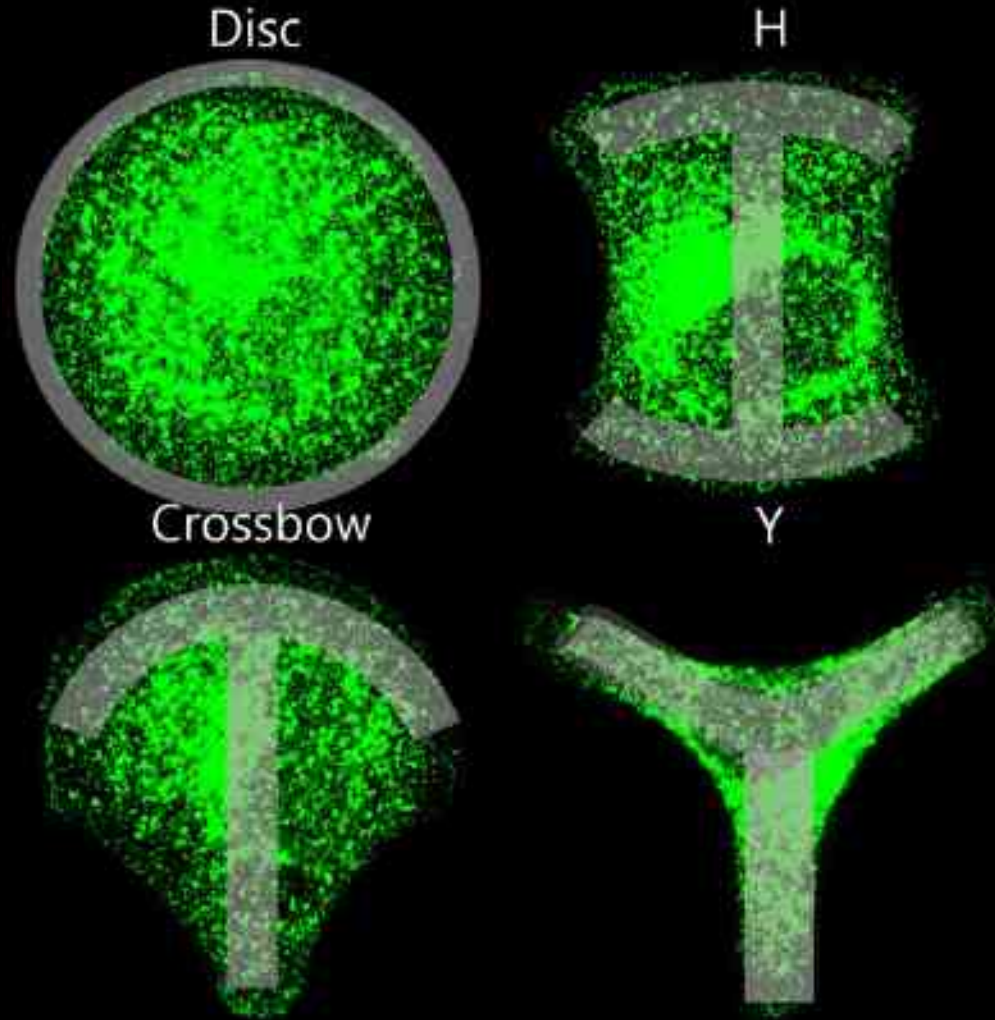
<https://www.mpg.de/12309861/gen-e-therapy-mitochondrial-diseases>

**Mechanobiology is also linked to secretion**

# The secretory pathway

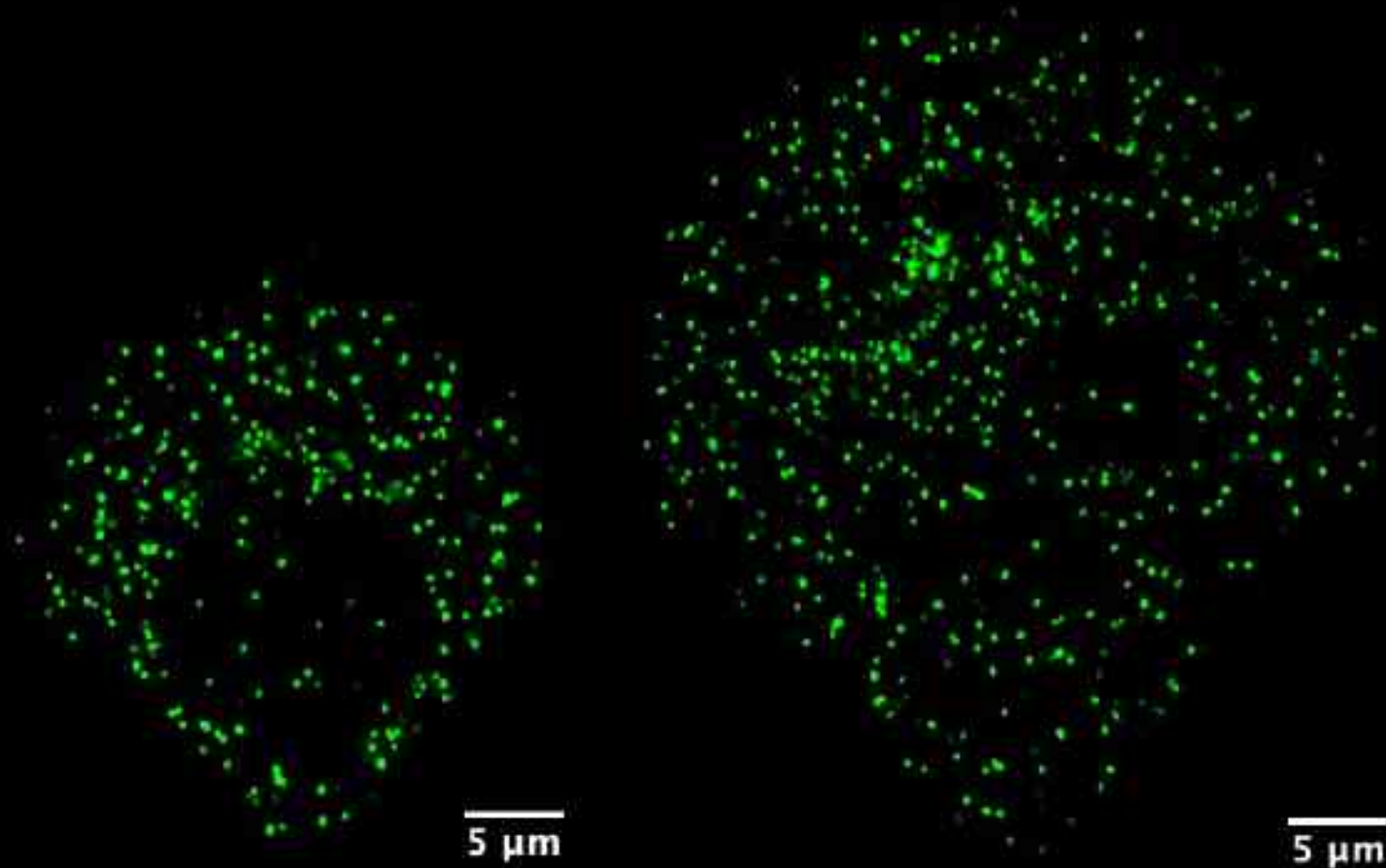


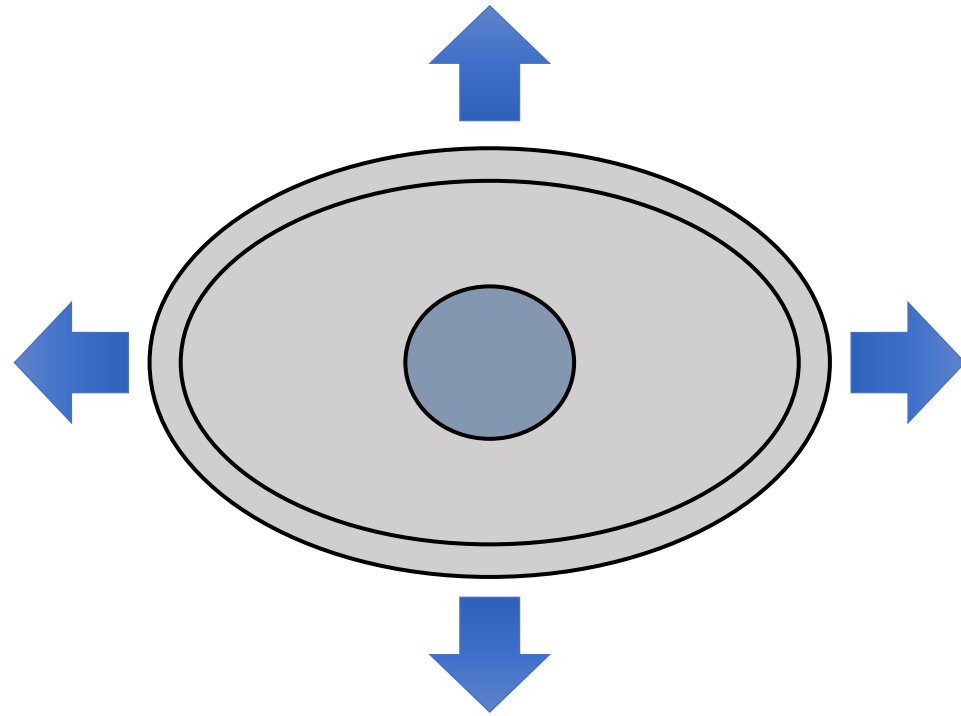
# Cells on micropatterns



# Forcing cells to grow on large patterns increases ERES

anti-Sec31A





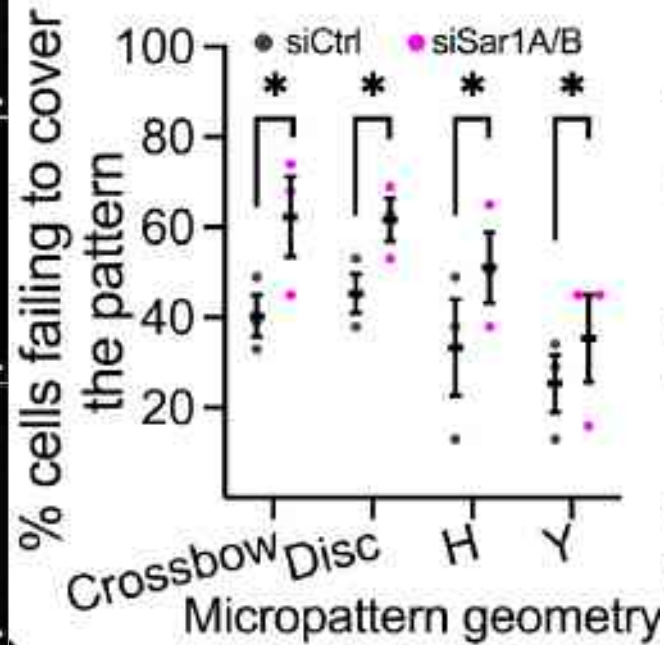
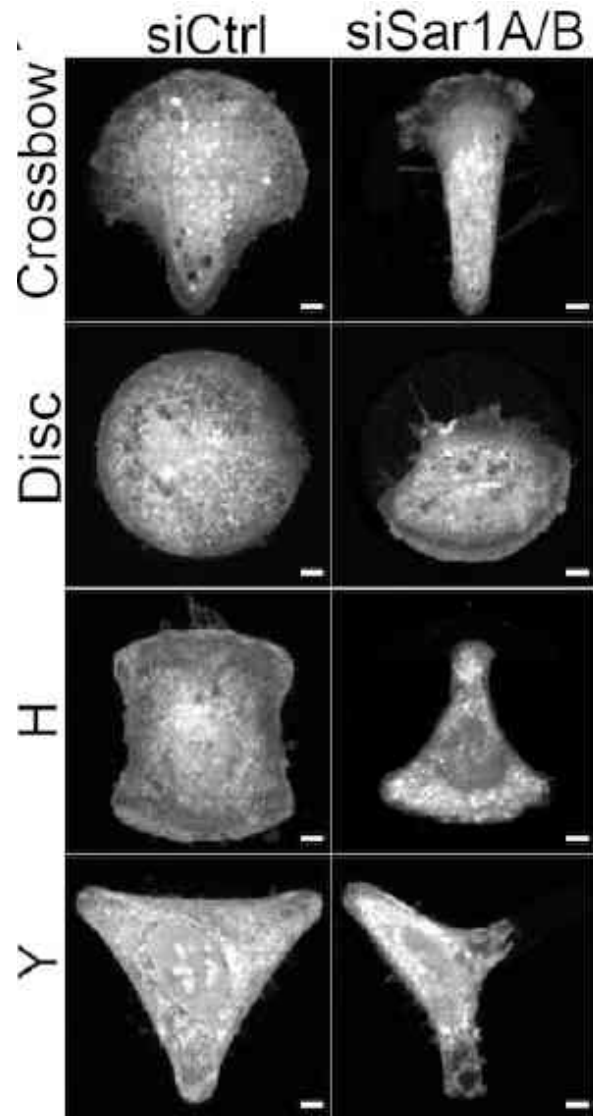
# Mechanotension accelerates ER-Golgi transport in a Rac-dependent manner

RUSH assay

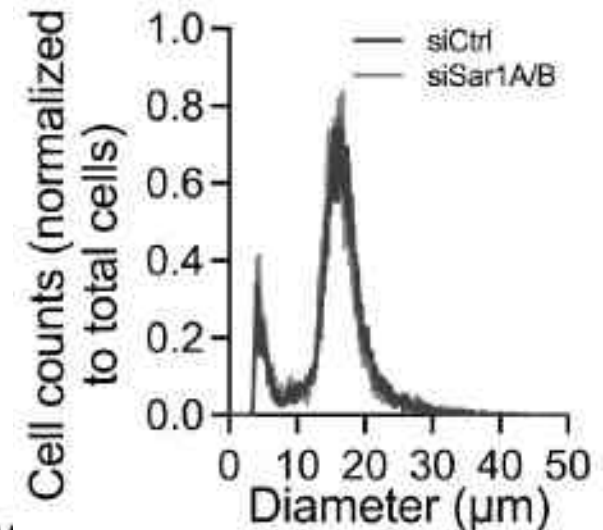




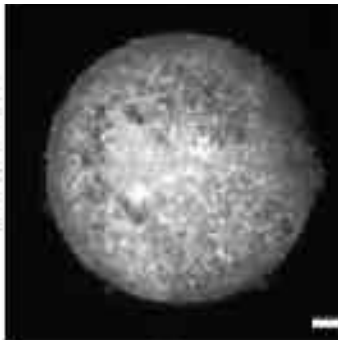
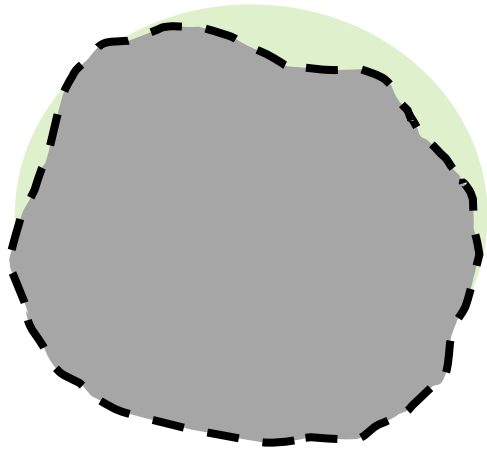
# Blocking ERES function prevents cells from spreading on large micropatterns



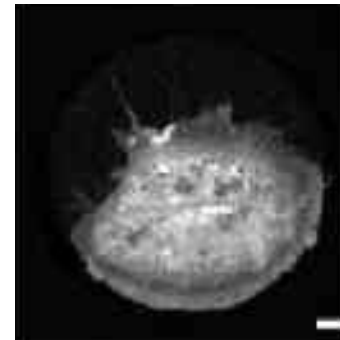
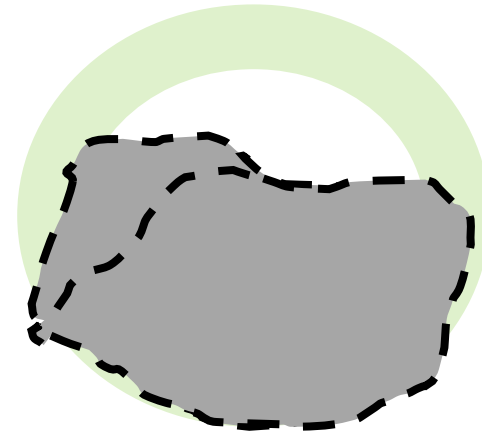
Not due to cell size difference



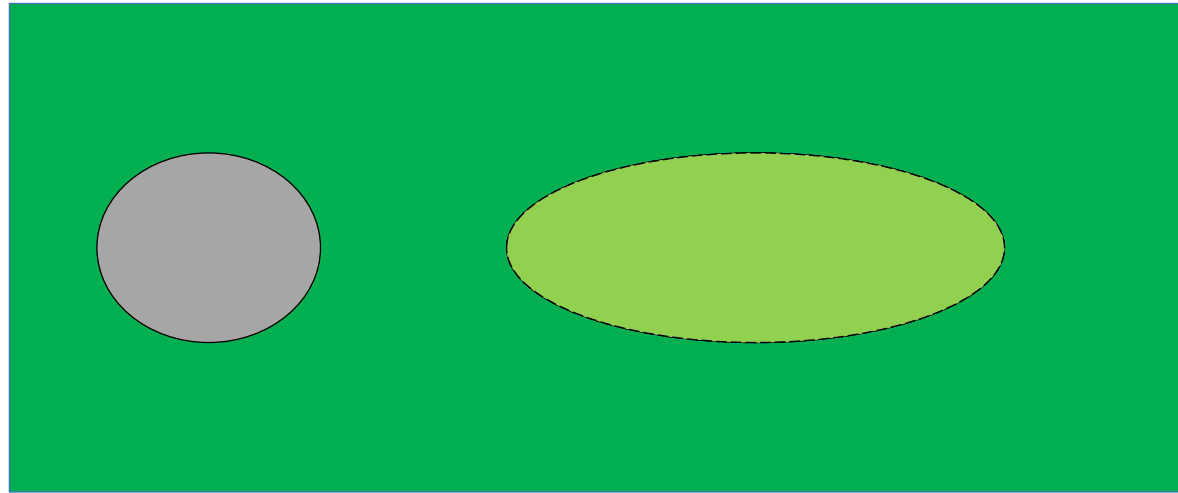
Control cell



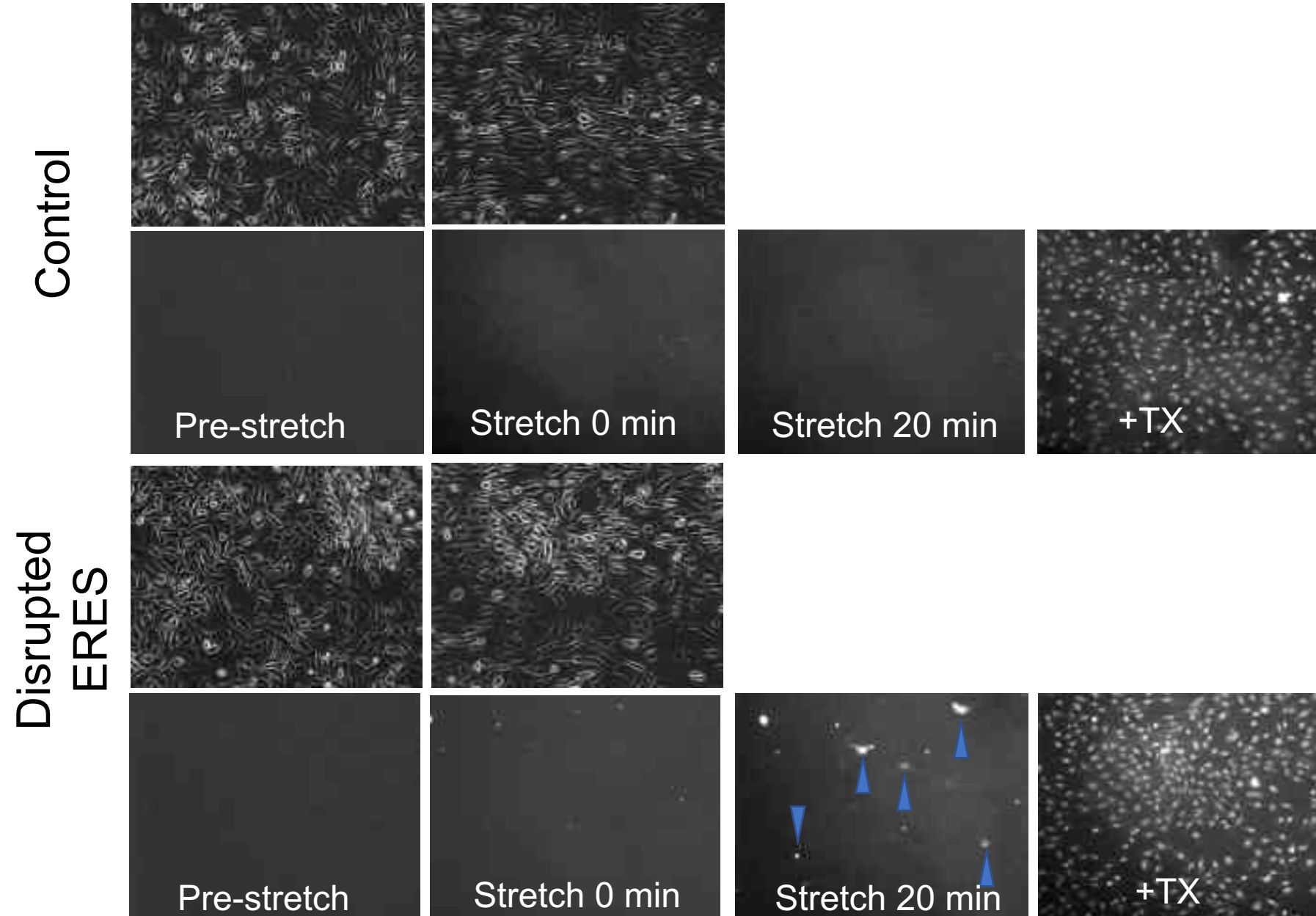
Cell with disrupted  
ERES function



# Assay for membrane integrity



# ERES function confers resistance to mechanical stress



EST. 1983  
**40**  
Years

THE  
**EMBO**  
JOURNAL

Volume 41 | Issue 18 | 15 September 2022

Mechanical control  
of ER exit sites

Rac1  
Sar1

Sar1  
Rac1

Illustration by Sandra Kraft



EMBOpress

# Is confinement only sensed at the plasma membrane?

## RESEARCH ARTICLE SUMMARY

CELL BIOLOGY

### The nucleus acts as a ruler tailoring cell responses to spatial constraints

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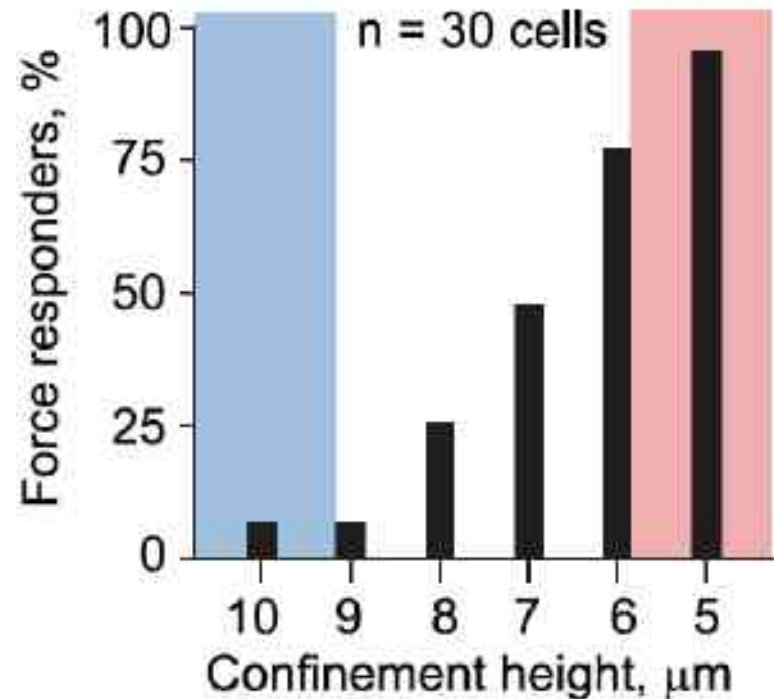
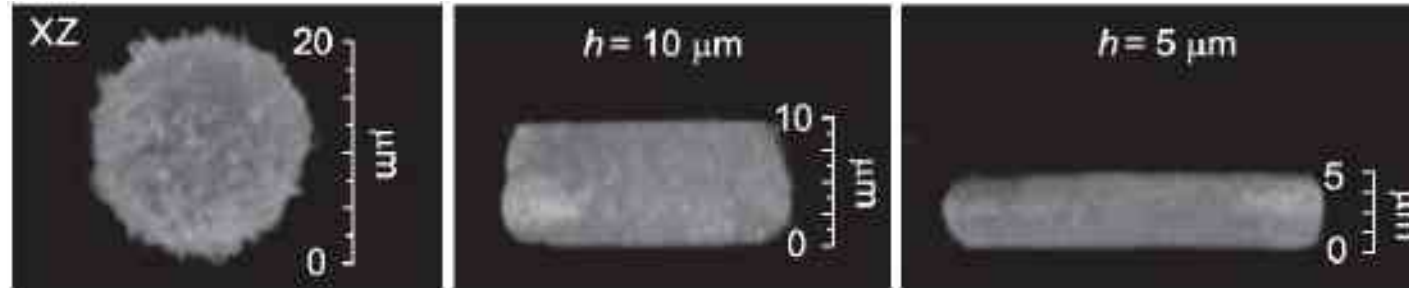
### The nucleus measures shape changes for cellular proprioception to control dynamic cell behavior

Valeria Venturini, Fabio Pezzano, Frederic Català Castro, Hanna-Maria Häkkinen, Senda Jiménez-Delgado, Mariona Colomer-Rosell, Monica Marro, Queralt Tolosa-Ramon, Sonia Paz-López, Miguel A. Valverde, Julian Weghuber, Pablo Loza-Alvarez, Michael Krieg, Stefan Wieser<sup>\*</sup>, Verena Ruprecht<sup>\*</sup>

<https://pubmed.ncbi.nlm.nih.gov/33060332/>

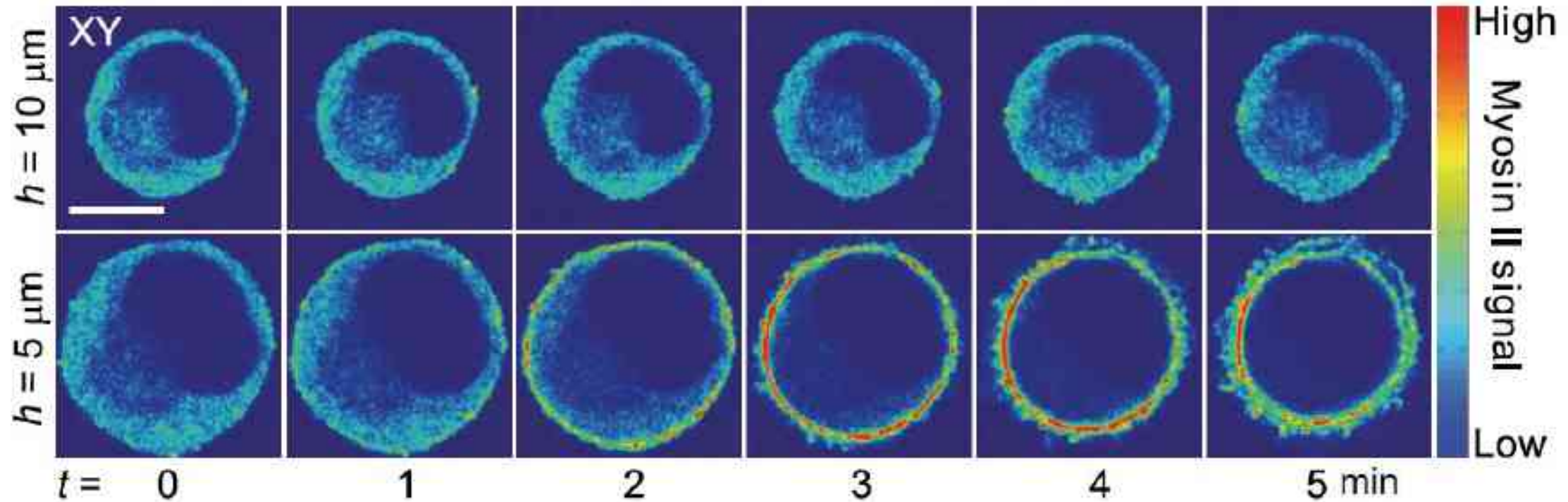
<https://pubmed.ncbi.nlm.nih.gov/33060331/>

# Response of cells to confinement (squeezing)



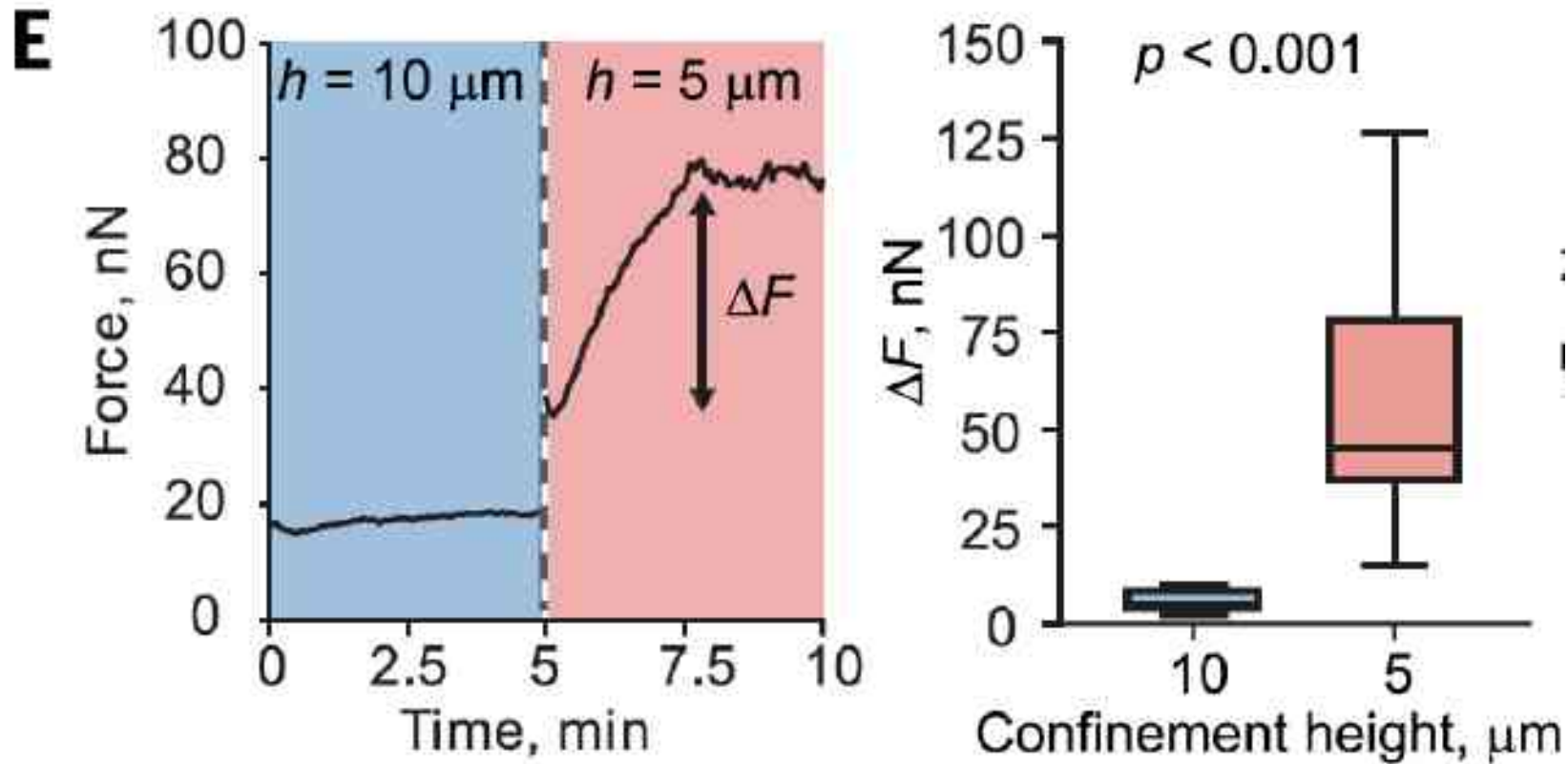
Almost all cells respond to a confinement of 5  $\mu\text{m}$

# Rapid myosin recruitment to the cell surface upon squeezing

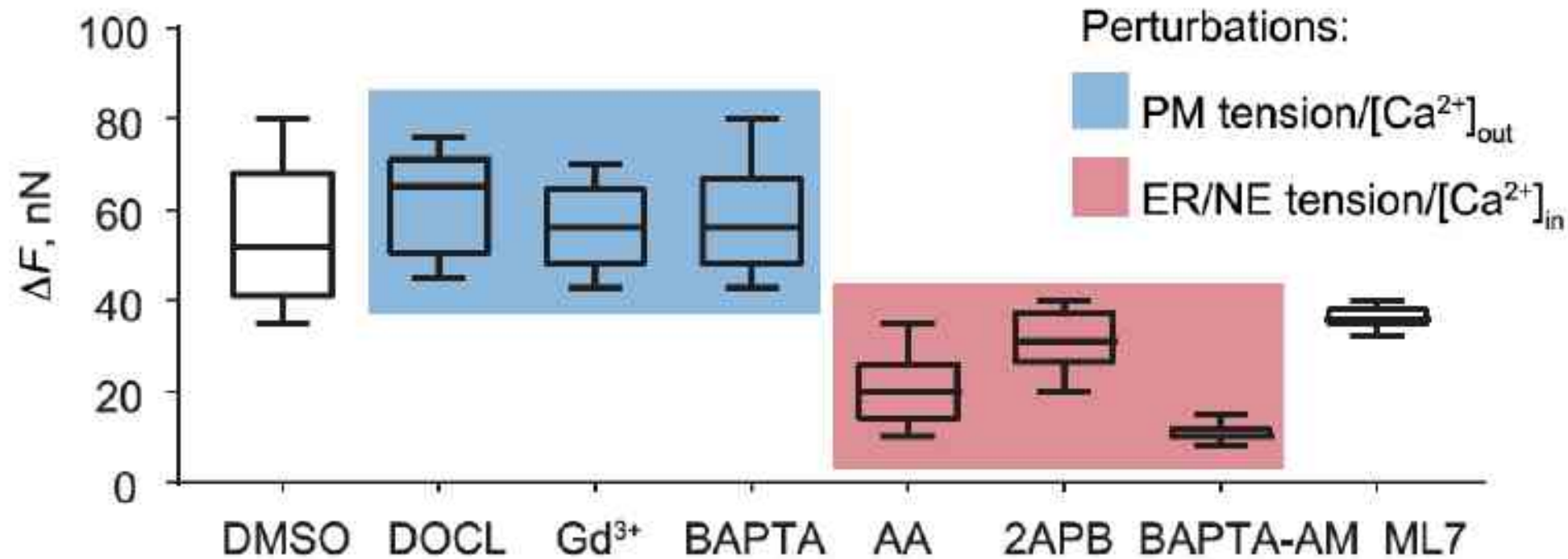




# Rapid myosin recruitment to the cell surface upon squeezing $\rightarrow$ Force-response curve



# Via a pharmacological screen they identified the ER/NE as relevant cellular compartments



DOCL= deoxycholate. Reduces plasma membrane tension

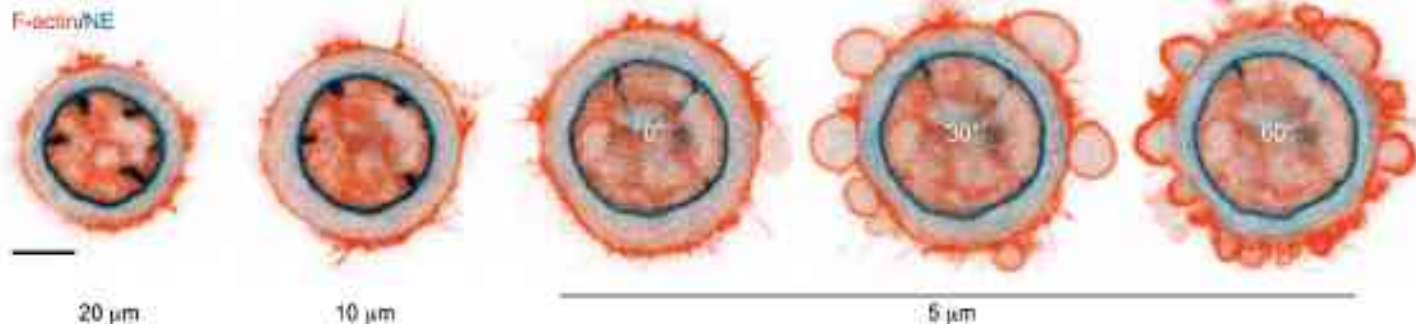
Gd= gadolinium (III) chloride. Inhibits mechanosensitive plasma membrane channels

BAPTA= chelates calcium extracellularly (-AM is for intracellular calcium)

AA= AACOCF3. Inhibits cPLA2

2APB= Xestospongin. Inhibits stretch-activated IP3 receptors in the ER

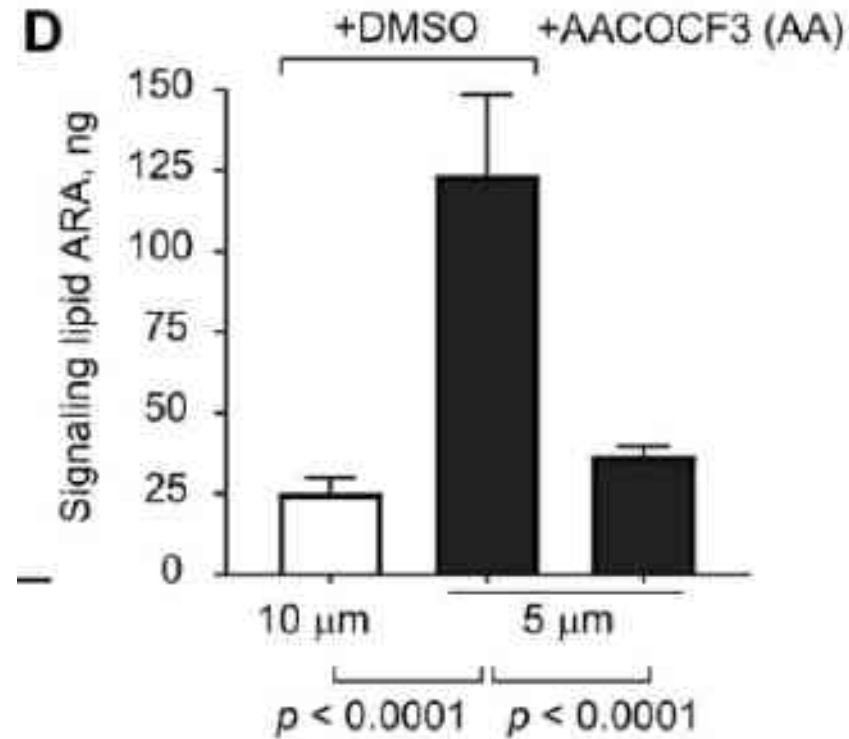
# No evidence for nuclear rupture



HeLa  
Lap2B-GFP  
SiR-actin-stained  
confinement  
5 s interval  
20-10-5  $\mu\text{m}$  confinement

5  $\mu\text{m}$

# Confinement induces the production of arachidonic acid → cPLA2 is activated



AACOCF3= inhibitor of cPLA2

# Confinement-induced membrane blebbing requires the presence of the nucleus

**HeLa Kyoto**

**MYH9-eGFP Lifeact-mCherry**

**5 s interval**

**20-10-5  $\mu\text{m}$  confinement**

**Nucleated cell**

**Enucleated  
cytoplasm**

**5  $\mu\text{m}$**   


# Confinement-induced membrane blebbing requires the presence of the nucleus

HeLa Kyoto  
MYH9-eGFP  
Lifeact-mCherry  
DAPI  
5 s interval  
2 $\mu$ m confinement

10 $\mu$ m



# Confinement-induced migration of DCs is dependent on cPLA2

**siRNA control**

**4 $\mu$ m confinement**

Dendritic cells

Lifeact-GFP

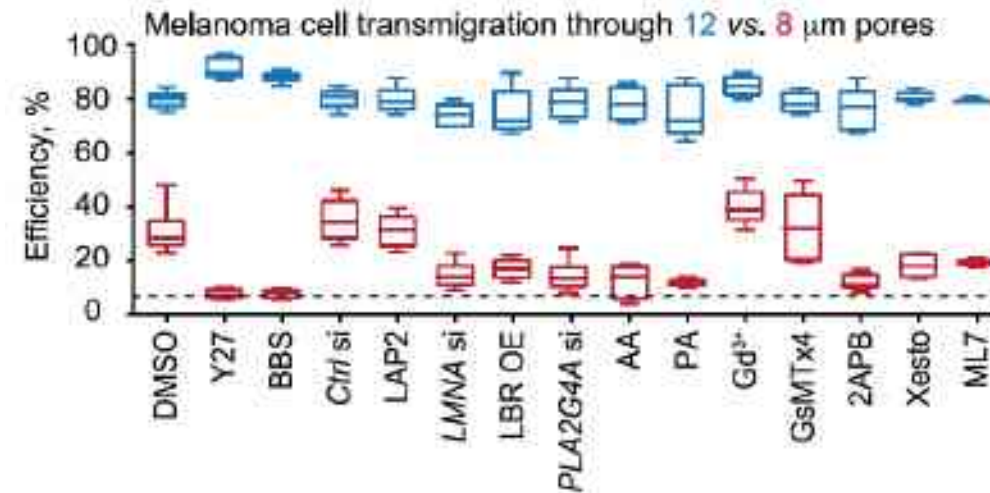
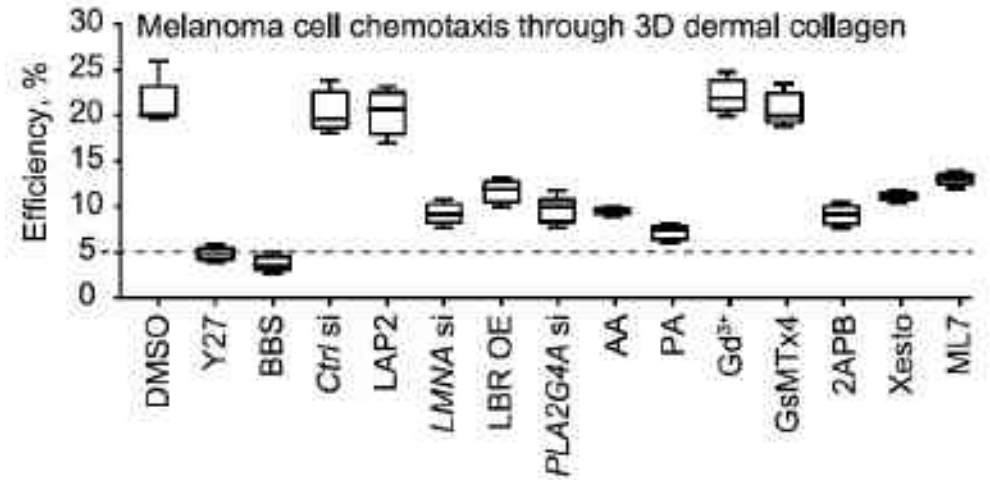
2-minute interval

40 min. after confinement

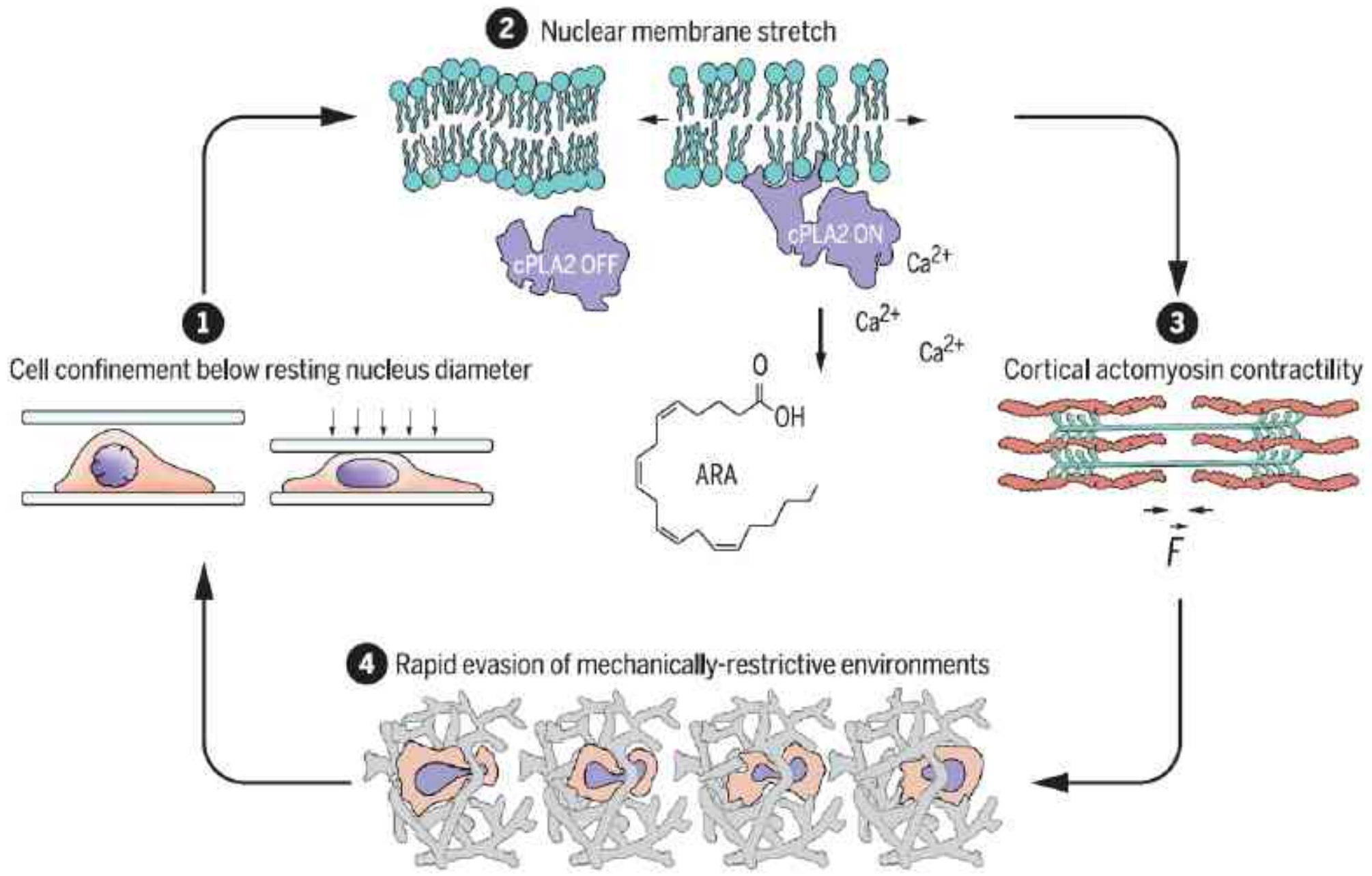
25 $\mu$ m



# Nuclear mechanosensing is relevant for cancer cell migration







**Thank you for your attention**