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Medical Genetics

Rare diseases

Johannes Zschocke
Institute of Human Genetics



Human genetics

Mechanisms and principles by which genetic information influences health and disease in humans

Medical genetics = application of human genetics in medicine



Gregor Mendel
Versuche über Pflanzenhybriden
1865



Theodor Boveri &
Walter Sutton
Chromosome theory
1902-1904



Thomas Hunt Morgan
Chromosomes in Drosophila
from 1908



James Watson, Francis Crick
Molecular structure of Nucleic Acids 1953



The Human Genome
2001



Human Genetics

The science of the hereditary basis
of health and disease in humans

- **Understanding** how inherited (genetic) information determines...
 - normal functions of the human organism
 - the development of disease in humans
- **Diagnosing** genetic diseases and risk factors in individuals
 - clinically
 - special (genetic) laboratory tests
- **Helping** people to live with genetic diseases and risk factors
 - specific treatment, management
 - genetic counselling



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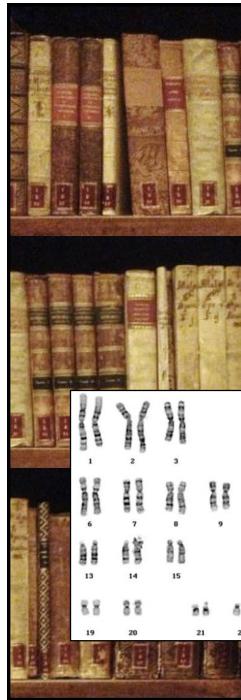
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Human genome basics

Johannes Zschocke
Institute of Human Genetics





Human genome

$2 \times 23 = 46$ Chromosomes

3,096,649,726 Nukleotide
("Golden Path Length")

20,442 Protein coding genes

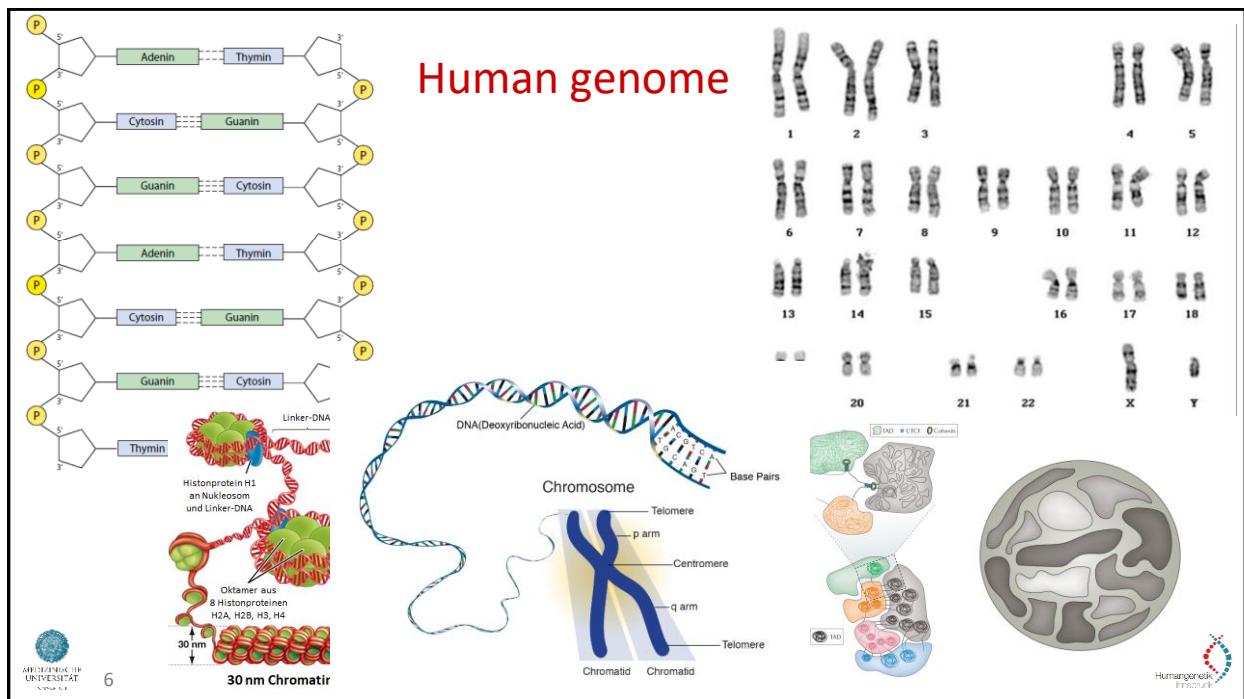
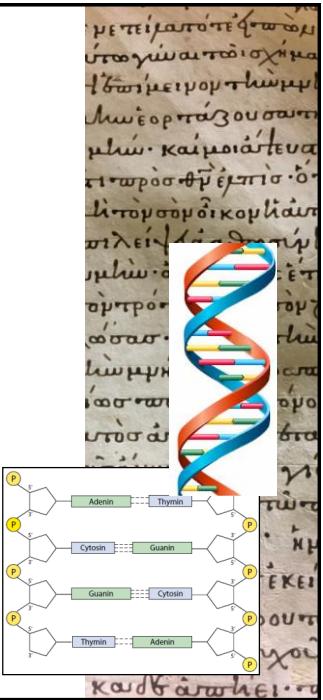
23,982 Non-protein coding genes

15,228 Pseudogenes

6,768,792 structural variants

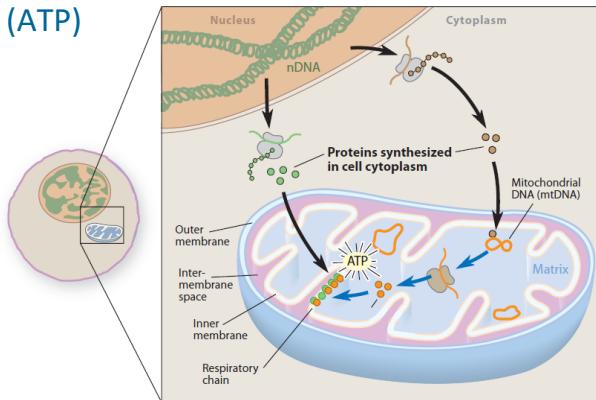
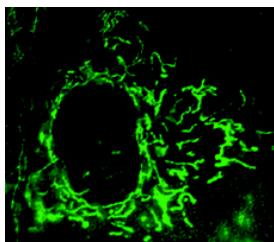
714,562,852 short/small variants

Ensembl genome browser, www.ensembl.org
Database version 104.38 (März 2021)



Mitochondria

- Organelle/Network within the cell
- Important function:
generation of chemical energy (ATP)



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HumanGenome
Project

mtDNA

Special features

- Resembles bacterial genome
- Polycistronic, no introns
- Mitochondrial transcription/translation

Circular DNA

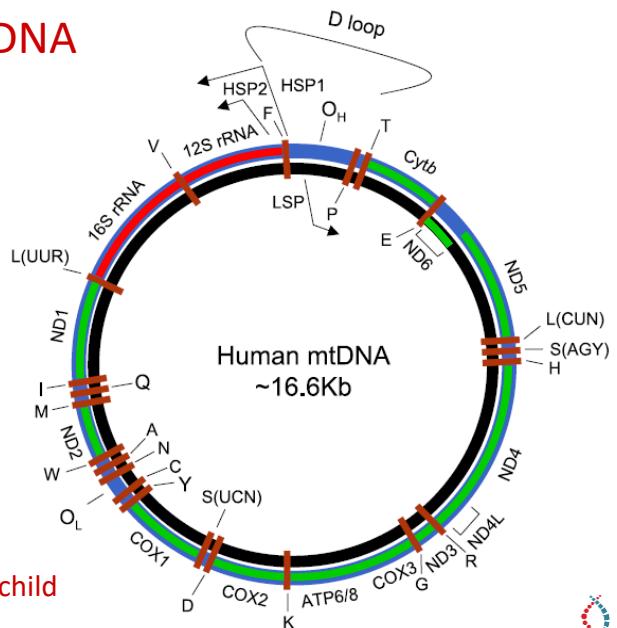
- 2 rRNA genes
- 13 mRNA genes
- separated by 22 tRNA genes

Numbers

- 2-10 copies/mitochondrion
- >1000 copies/cell
- >100.000 copies/ovary

Maternal inheritance: only from mother to child

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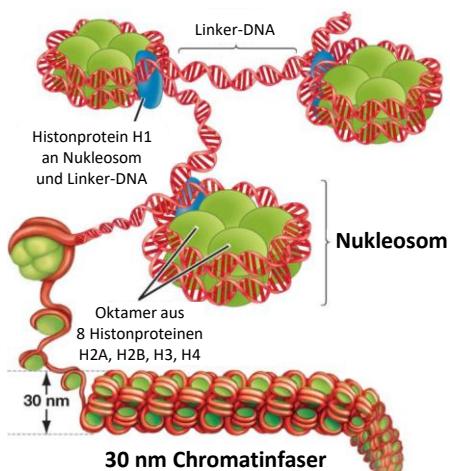
HumanGenome
Project

Chromatin

Komplex of DNA und associated proteins in the nucleus

- **Euchromatin**
 - Open structure during interphase
 - Accessible for transcription factors etc.
 - Contains active genes
- **Heterochromatin**
 - Condensed also during interphase
 - Transcriptionally inactive
 - Constitutional/facultative

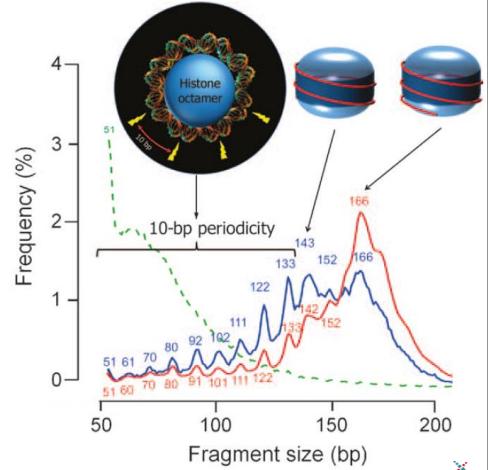
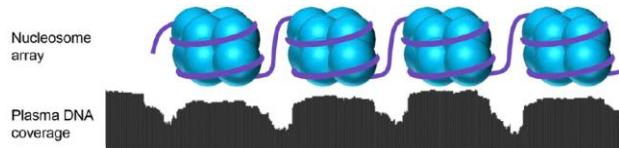
Nucleosome



- Basic structure of the chromosomes
- DNA wound around histon proteins
 - Protein: Octamer (H2A, H2B, H3, H4)
 - Linked through histone H1
 - Regulation by histone modification
- Separates DNA in units of ca. 167 bp

Cell free DNA in plasma

- Released during cell death
- Nucleosomes provide limited protection from degradation
 - cfDNA in plasma: initially cut in linker region
- Useful for the analysis of
 - Cell free tumor DNA
 - Cell free placental DNA

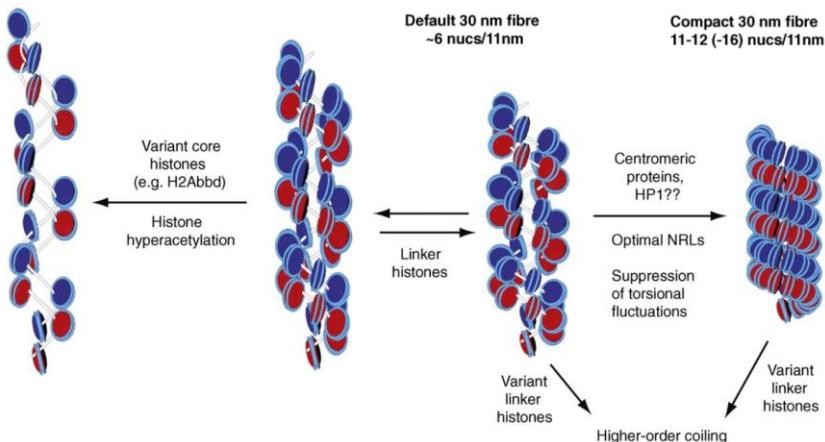


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Chromatin fibre

- Variable structure dependent e.g. on linker size, scaffolding proteins and epigenetic modification



12 Bassett et al., Current Opinion in Genetics & Development 2009;19:159–165

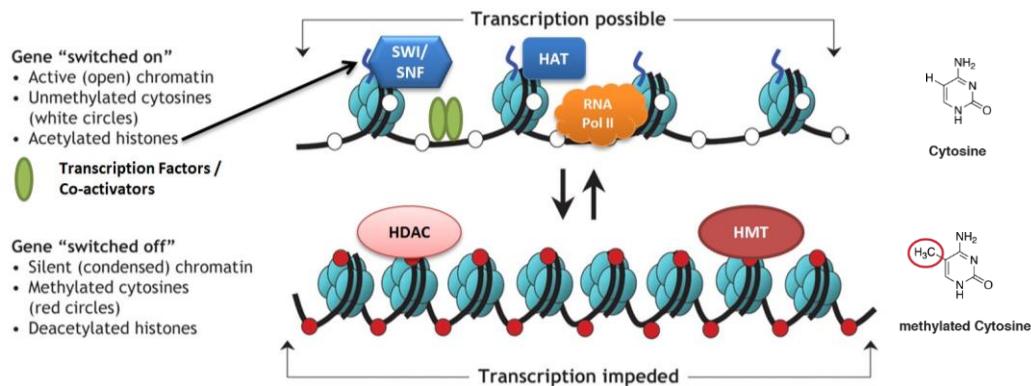


Chromatin remodelling

DNA methylation

Histone modification: acetyl transferases (HAT), deacetylases (HDAC), methylases (HMT)

ATP-dependent chromatin remodelling complexes: z.B. SWI/SNF

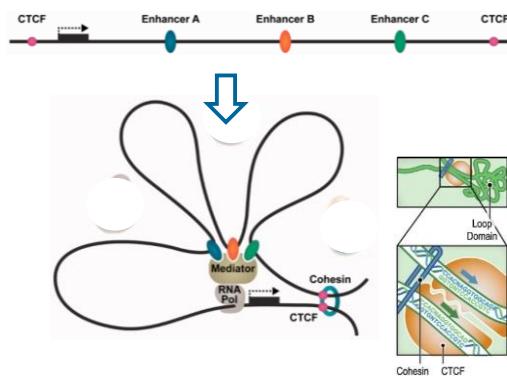


13 Wikipedia, adaptiert nach Luong, P. Basic Principles of Genetics, 2009



Topologically associated domains

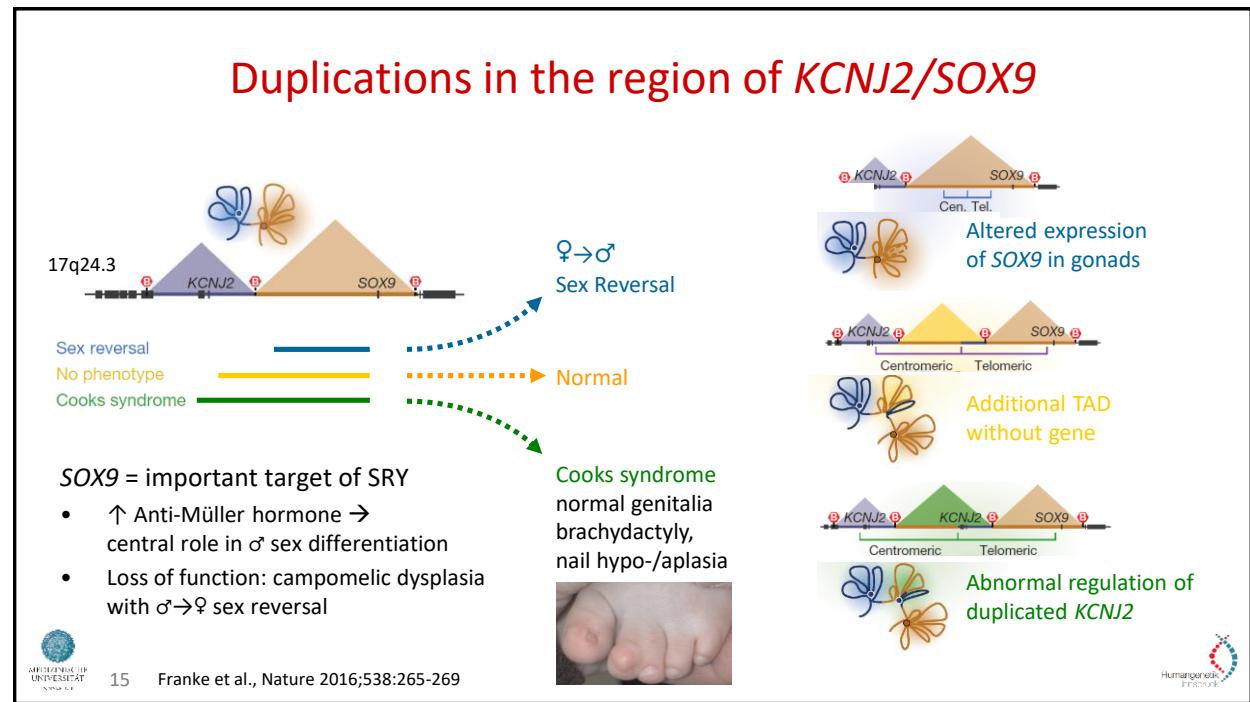
- Evolutionary highly conserved
- Binding sites of protein CTCF function as insulators
- Connection of
 - Promotors
 - Enhancers
 - Binding proteins (mediators)
 - Transcription factors, polymerases
- Deletion, Insertion, Inversion etc. →
 - Monogenic diseases
 - Tumors



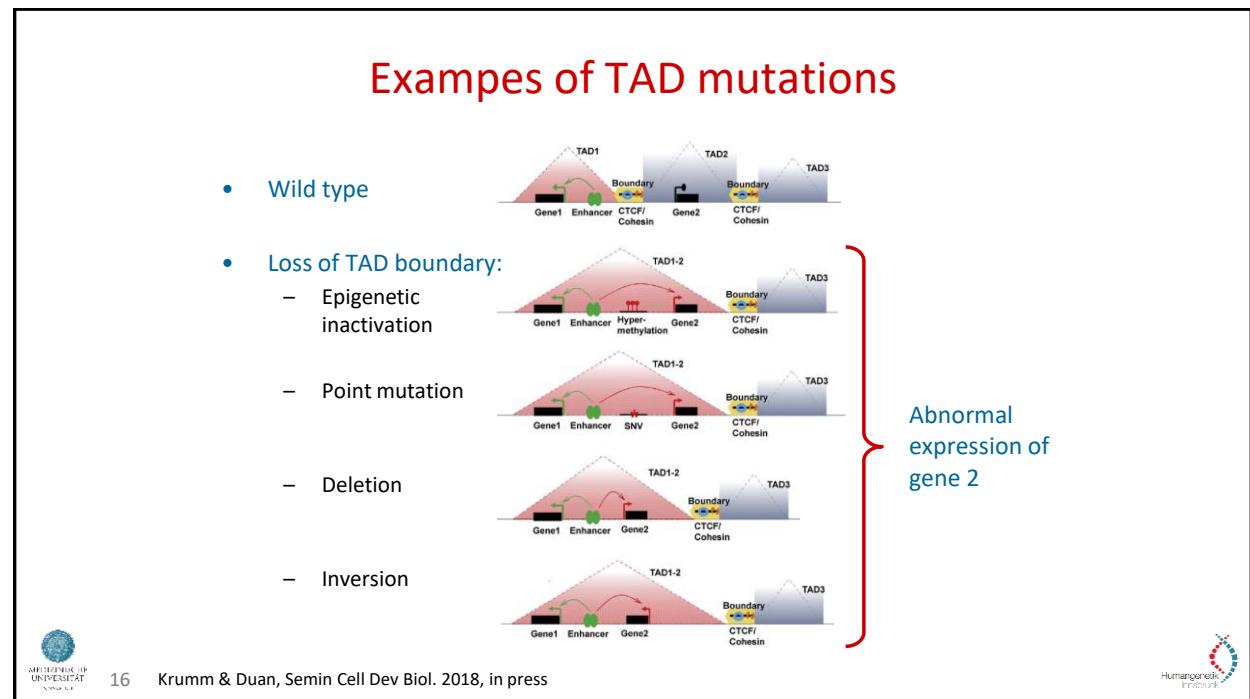
14 Spielmann et al., Hum Mol Genet. 2016;25(R2):R157-R165, Rao et al., Cell 2015;162:687-688



Duplications in the region of *KCNJ2/SOX9*



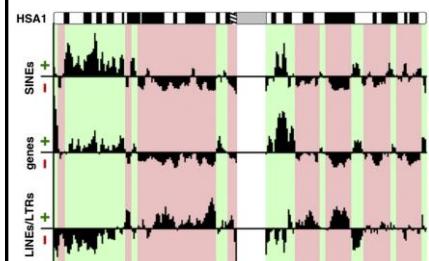
15 Franke et al., Nature 2016;538:265-269



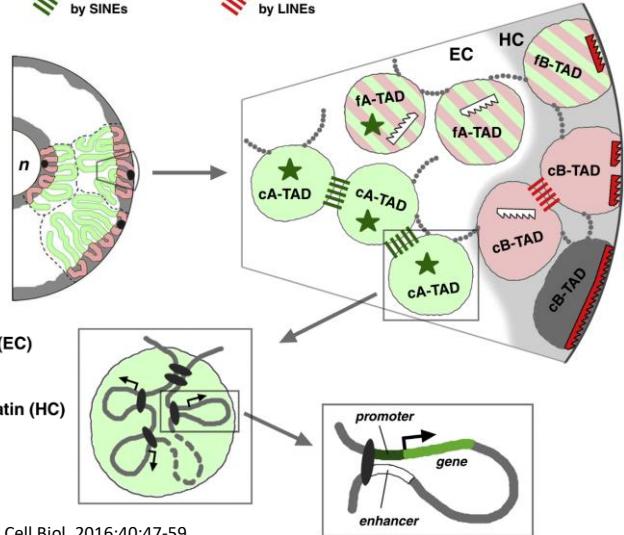
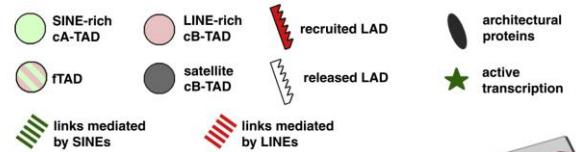
16 Krumm & Duan, Semin Cell Dev Biol. 2018, in press

Compartments

- Active (A): euchromatin
 - Inner regions of the nucleus (cA)
 - Gene rich, early replication
- Inactive (B): heterochromatin
 - Constitutional/facultative (cB/fB)
 - At nuclear membrane or nucleolus,
 - Gene poor, late replication

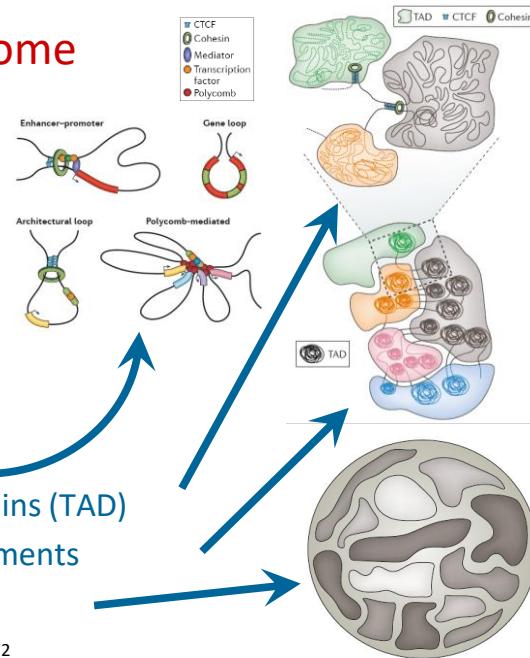


Solvei et al., Curr Opin Cell Biol. 2016;40:47-59



Organisation of the genome

- DNA double strand
- Nucleosome, Chromatin fibre
- Chromatin loops
- Topologically associated domains (TAD)
- Active/inactive (A/B) compartments
- Chromosomal territories

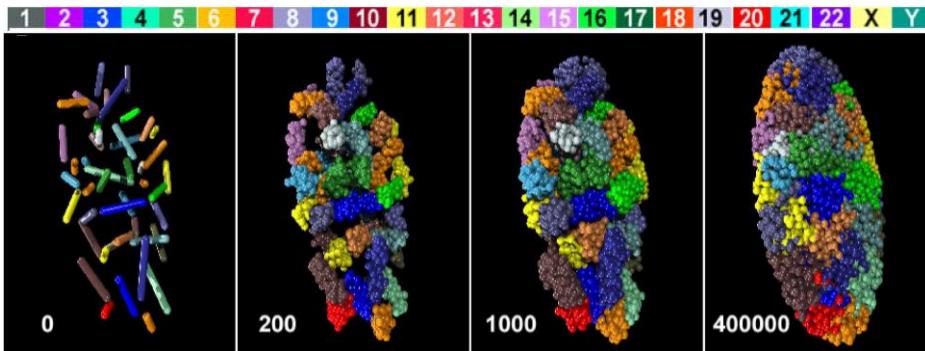
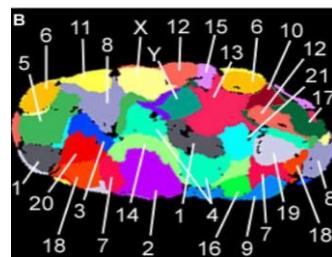


18 Bonev & Cavalli Nat Rev Genet. 2016 Dec;17(12):772



Chromosomes in the nucleus

Organization in specific domains

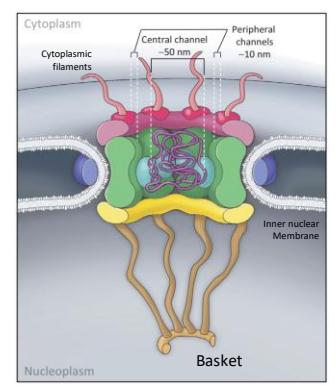
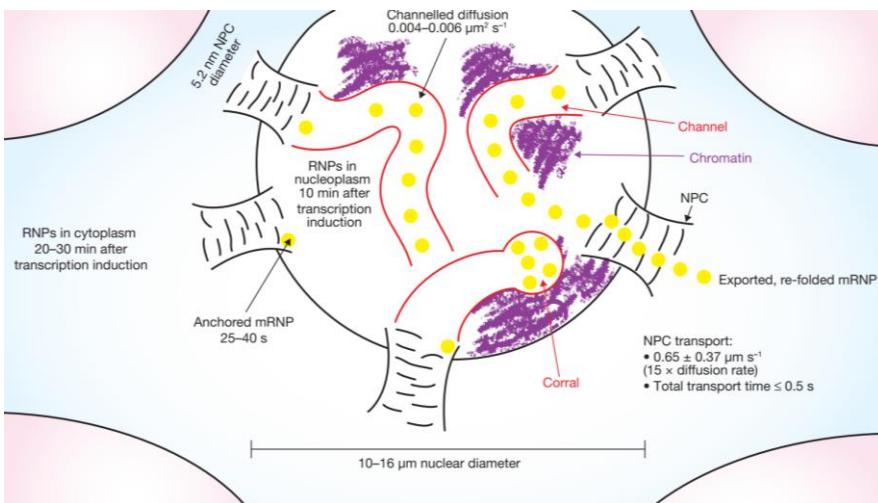


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Bolzer et al., PLOS Biol. 2005



mRNA transport through nucleoplasm und nuclear pores

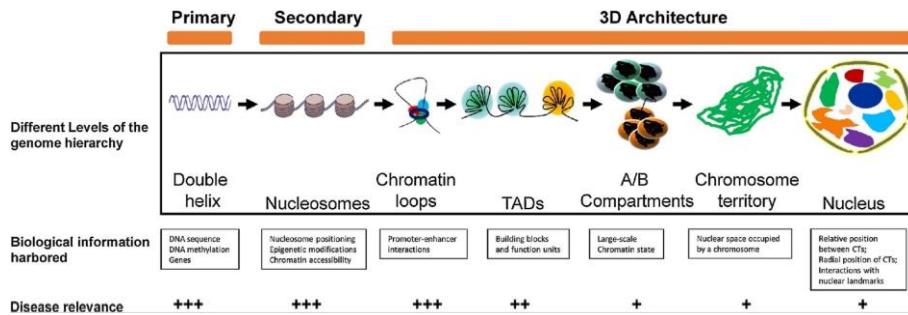


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Noble & Wente, Nat Cell Biol 2010;12:525-7, Katta et al., Trends Cell Biol. 2014 Apr;24(4):221-9



Structural organisation of the genome



21 Krumm & Duan, Semin Cell Dev Biol. 2018, in press



NATURE|Vol 441|25 May 2006

NEWS FEATURE

WHAT IS A GENE?

The idea of genes as beads on a DNA string is fast fading. Protein-coding sequences have no clear beginning or end and RNA is a key part of the information package, reports **Helen Pearson**.

'G_en_e' is not a typical four-letter word. It is not offensive. It is never bleeped out of TV shows. And

Laurence Hurst at the University of Bath, UK.

"All of that information seriously challenges our conventional definition of a gene," says

previously unimagined scope of RNA.

The one gene, one protein idea is coming under particular assault from researchers who



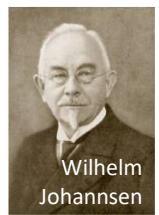
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Gene

- One gene – one enzyme
- „central dogma“ of molecular biology

1909

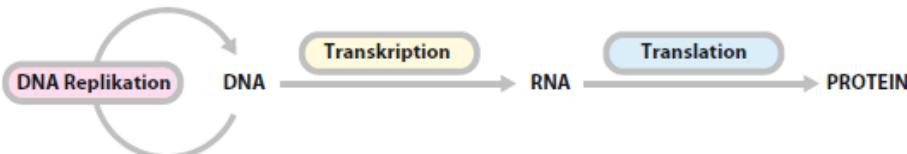


Wilhelm Johannsen

Nobelpreis 1958:
Gene kontrollieren einzelne
Stoffwechselschritte




George W. Beadle Edward L. Tatum

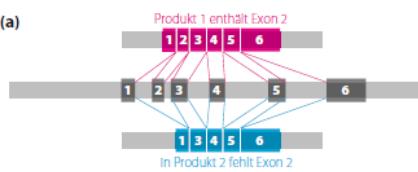


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Humanogene
Forschung

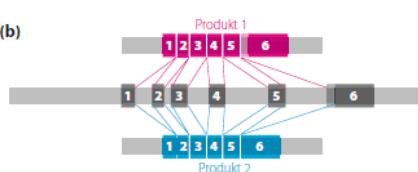
Gene

- Definition problems:
- Not all genes code for proteins
(→ ncRNAs)
- „One gene“ can code for different Proteins
- „One gene“ can overlap with another gene (or lie within)
- Neighbouring genes can code for a third „fusion gene“

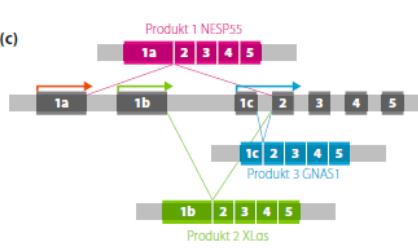
(a)



(b)



(c)



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Humanogene
Forschung

Gene

- Localized region of the genomic sequence that contains the information for a specific gene product / a specific function
- Transcribed (working copy RNA) and (not always) translated into protein

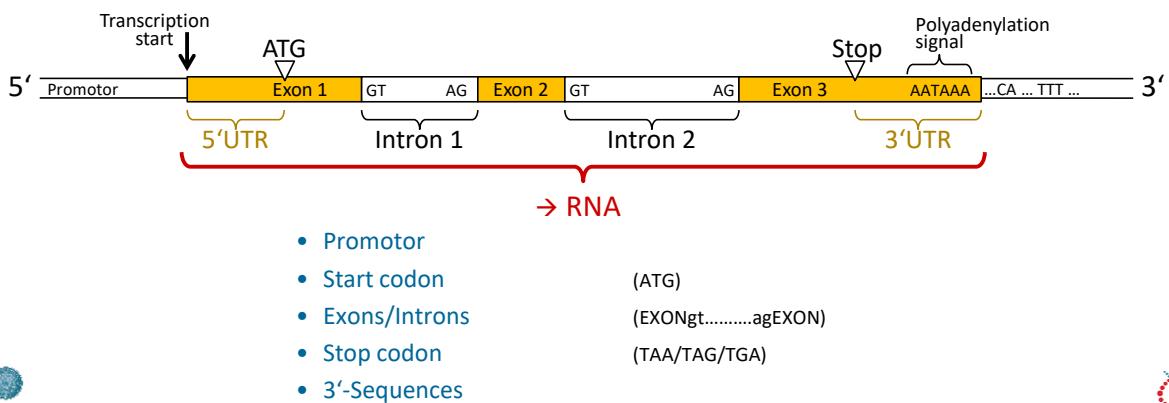


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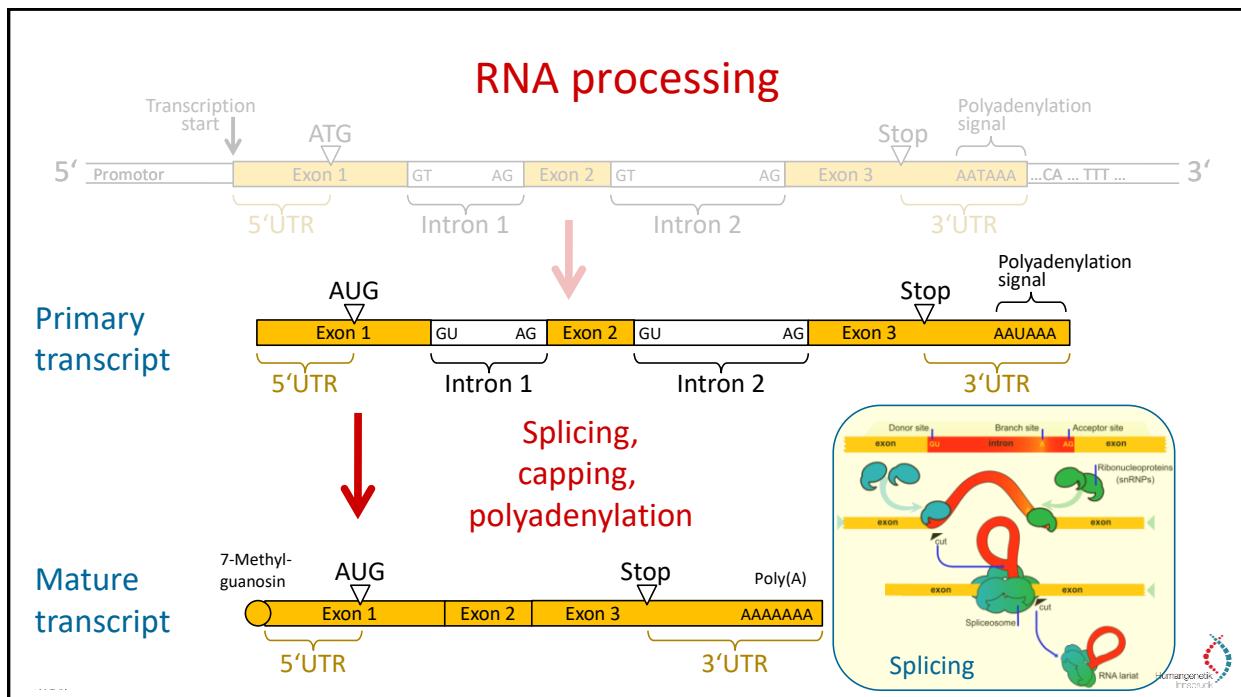
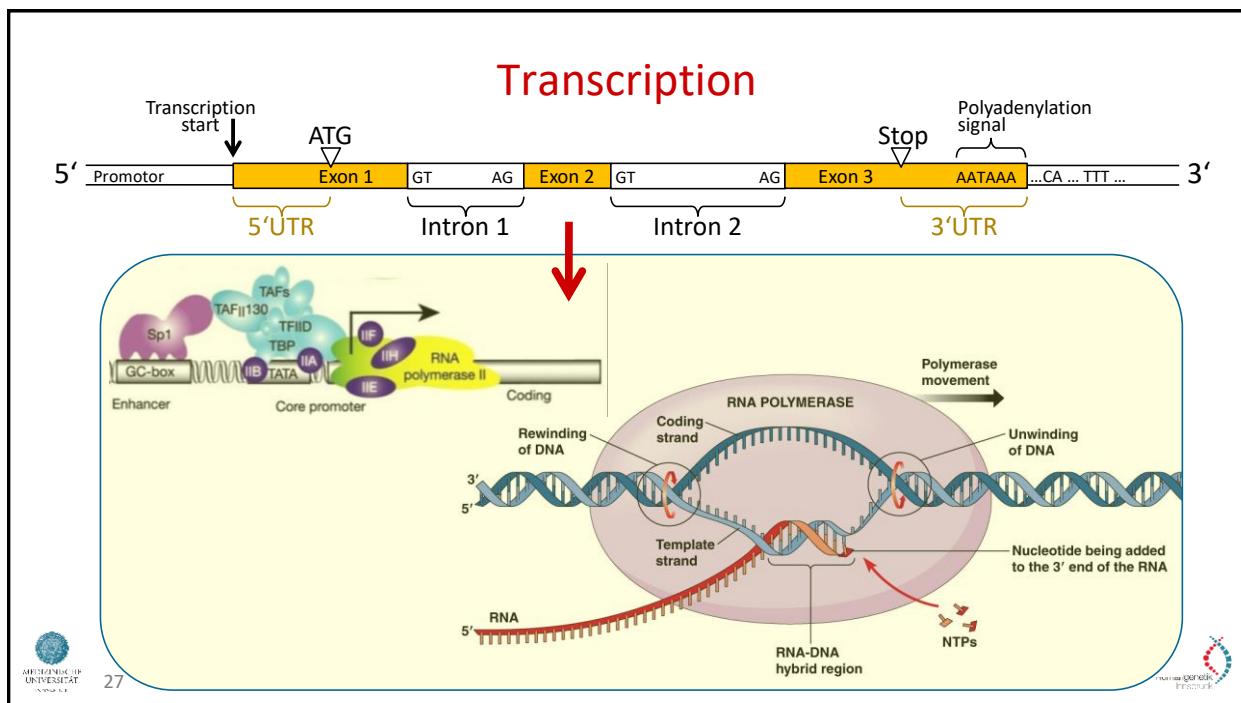
Gen

- Localized region of the genomic sequence that contains the information for a specific gene product / a specific function



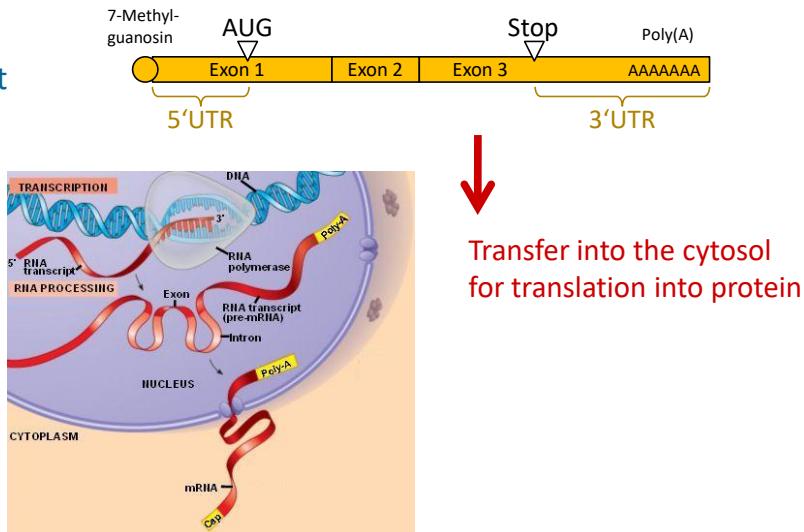
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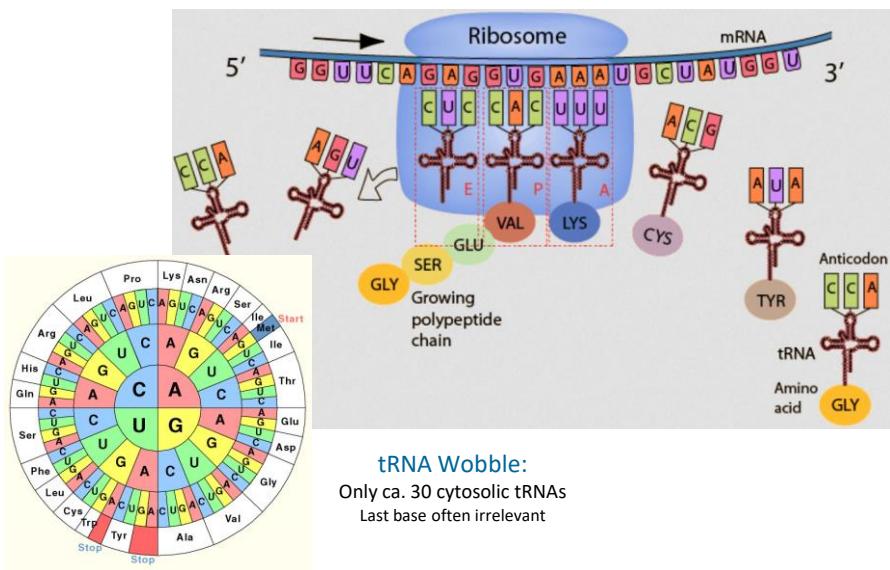
Export from the nucleus

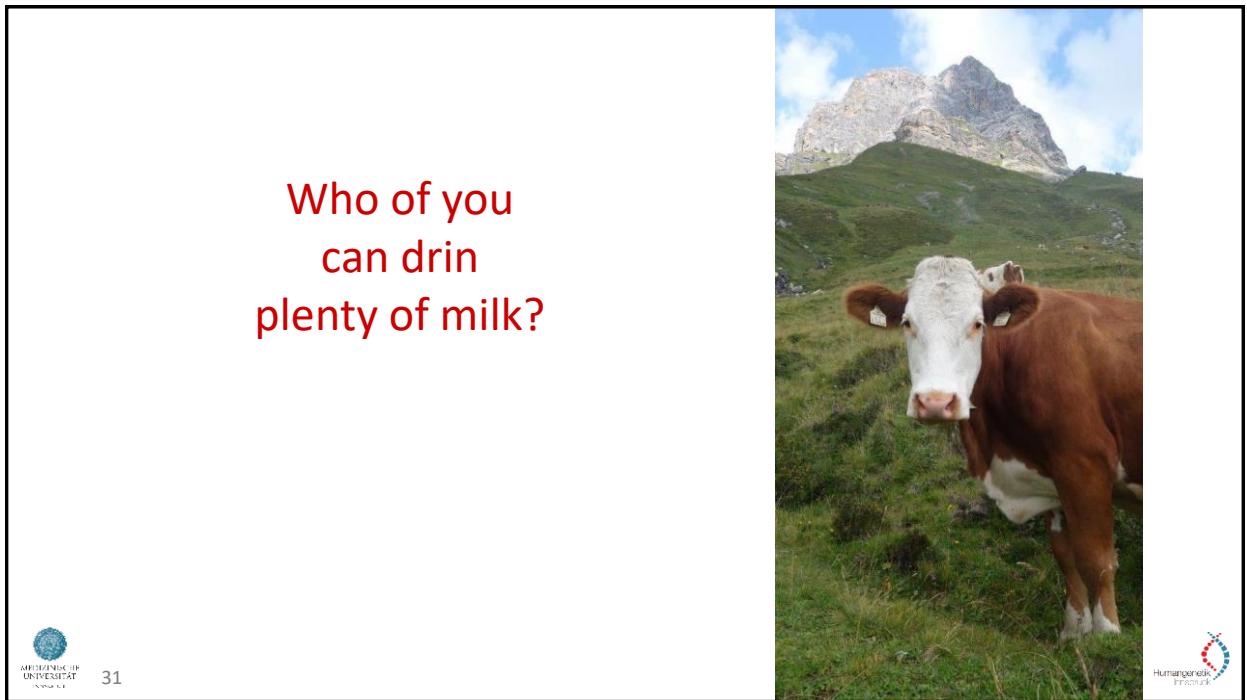
Mature transcript



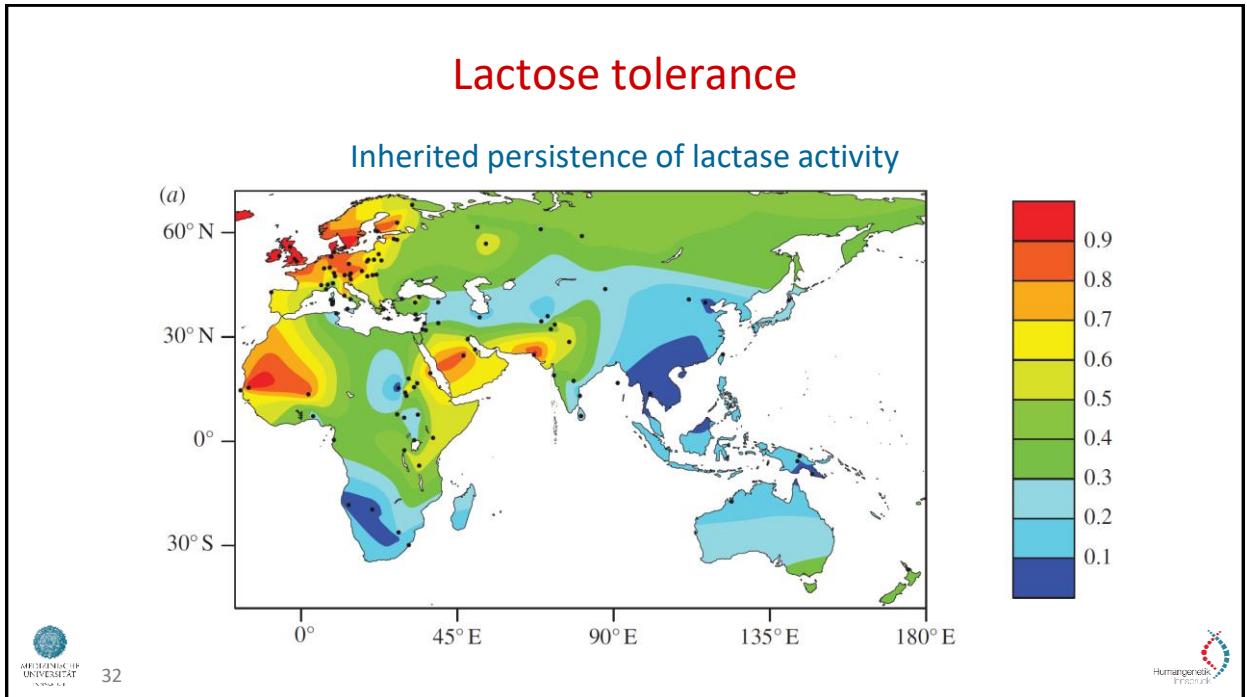
Transfer into the cytosol
for translation into protein

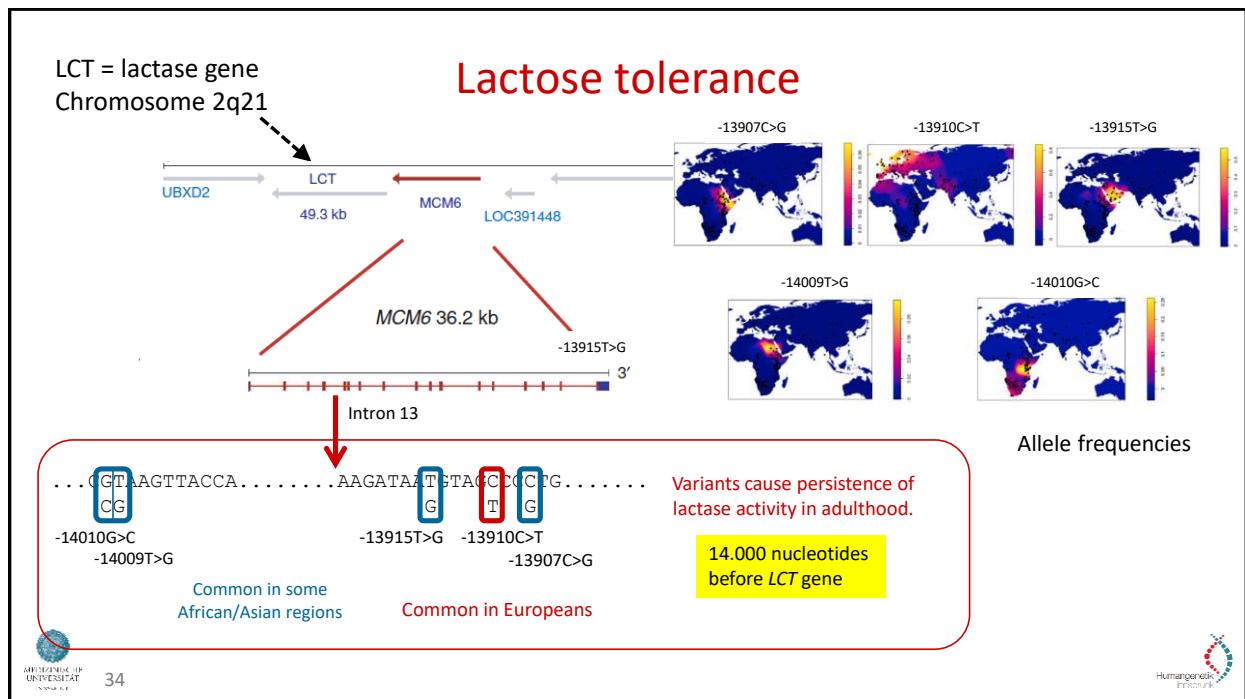
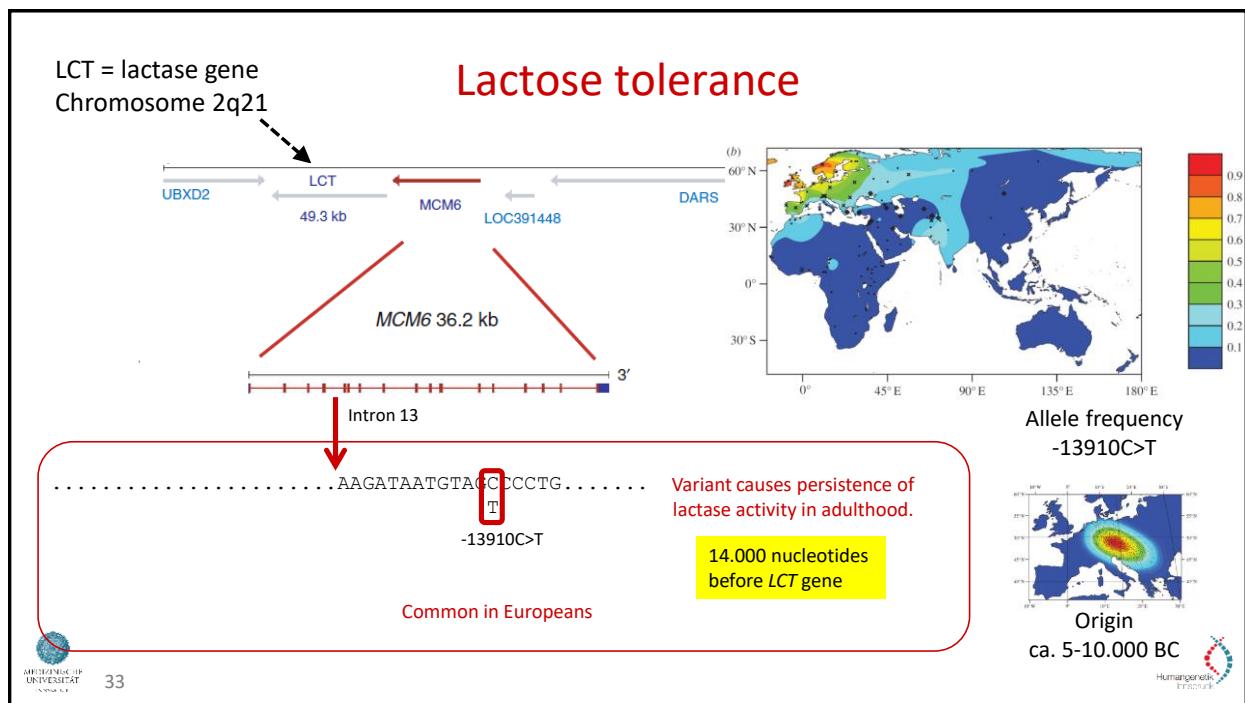
Translation





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Lactose tolerance

- Most adults world-wide cannot drink milk
- Evolution takes place in humans
- The regulation of gene functions is complex
- Regional difference of prevalent functional variants

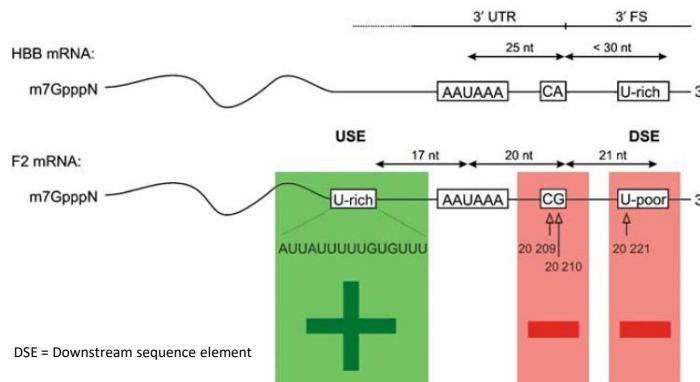


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Prothrombin variant c.*97G>A (20210G>A)

- Clotting factor II, helps to stop bleeding
- Improved („corrected“) 3' processing of the transcript
→ increased amount of prothrombin, risk of thrombosis



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The EMBO Journal VOL 27 | NO 3 | 2008





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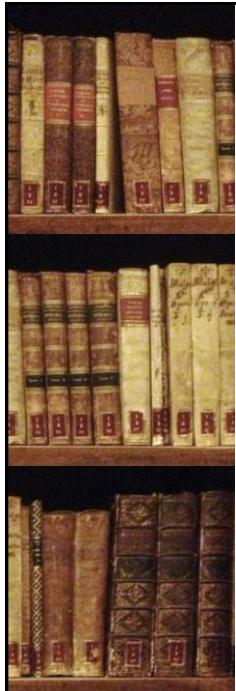


Humangenetik
Innsbruck



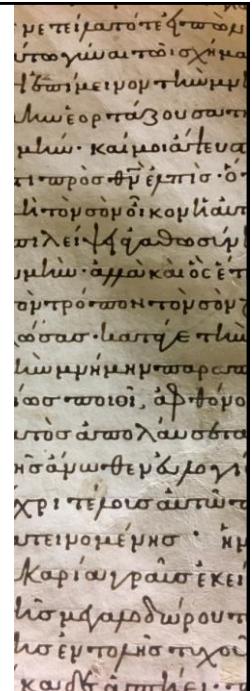
Genetic variability

Johannes Zschocke
Institut für Humangenetik, MUI



Genetic/genomic variability

- Single nucleotide variants
 - SNPs,
rare variants/mutations
- Small deletions/duplications
- Tandem repeats
 - STRs (short tandem repeats , 2-6 nt)
- Larger monogenic deletions
- Structural chromosomal variants
 - Copy number variants (CNV)
 - Deletion/duplication/multiplication
 - Including microdeletions/-duplications
 - Other structural variants
- Numerical chromosomal variants



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Monogenic effects

Many genes,
gene dosis-
effects



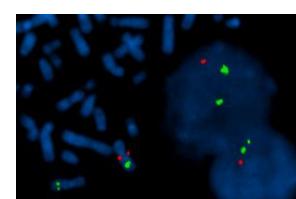
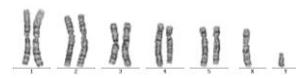
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Cytogenetics

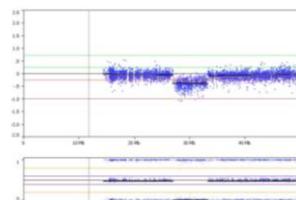
Classical cytogenetics

- High resolution chromosome analysis
 - Microscopic („prophase chromosomes“)
 - Undirected analysis of the whole genome
 - Resolution 5-10 Mb (Mb = Million bases)



Molecular cytogenetics

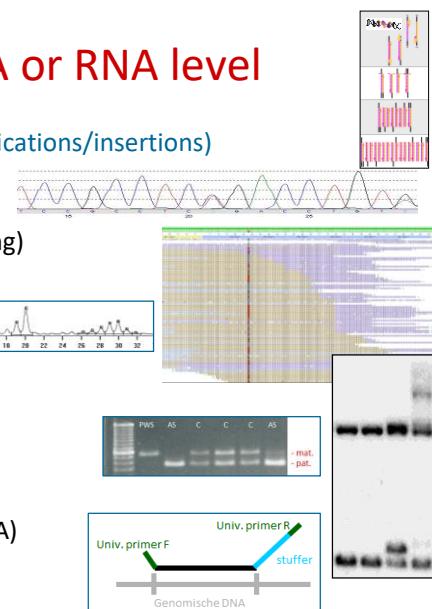
- FISH (Fluorescence in situ hybridisation)
 - Microscopic („submicroscopic“)
 - Targeted analysis of specific areas
 - Resolution 2-10 kb (kb = 1000 bases)
- Genome-wide array analysis
 - „Molecular chromosome analysis“
 - Undirected analysis of the whole genome
 - Resolution 2-100 kb (in principle unlimited)
 - No identification of balanced aberrations



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Molecular genetics = analysis on DNA or RNA level

- Sequence analysis (nucleotide variants, small deletions/duplications/insertions)
 - PCR amplification + Sanger sequencing
 - Targeted genotyping (DNA-Array etc.)
 - Massive parallel sequencing (next generation sequencing)
- Variable repeat sequences
 - PCR amplification + fragment analysis
 - Southern Blot
- Epigenetic alteration (DNA methylation)
 - Analysis after bisulfite treatment of DNA
- Large deletions and duplications, genomic quantification
 - Quantitative PCR (single targets)
 - Multiplex ligation-dependent probe amplification (MLPA)
 - Massive parallel sequencing + quantitative evaluation
- Others
 - Linkage analysis, autozygosity mapping (DNA array)



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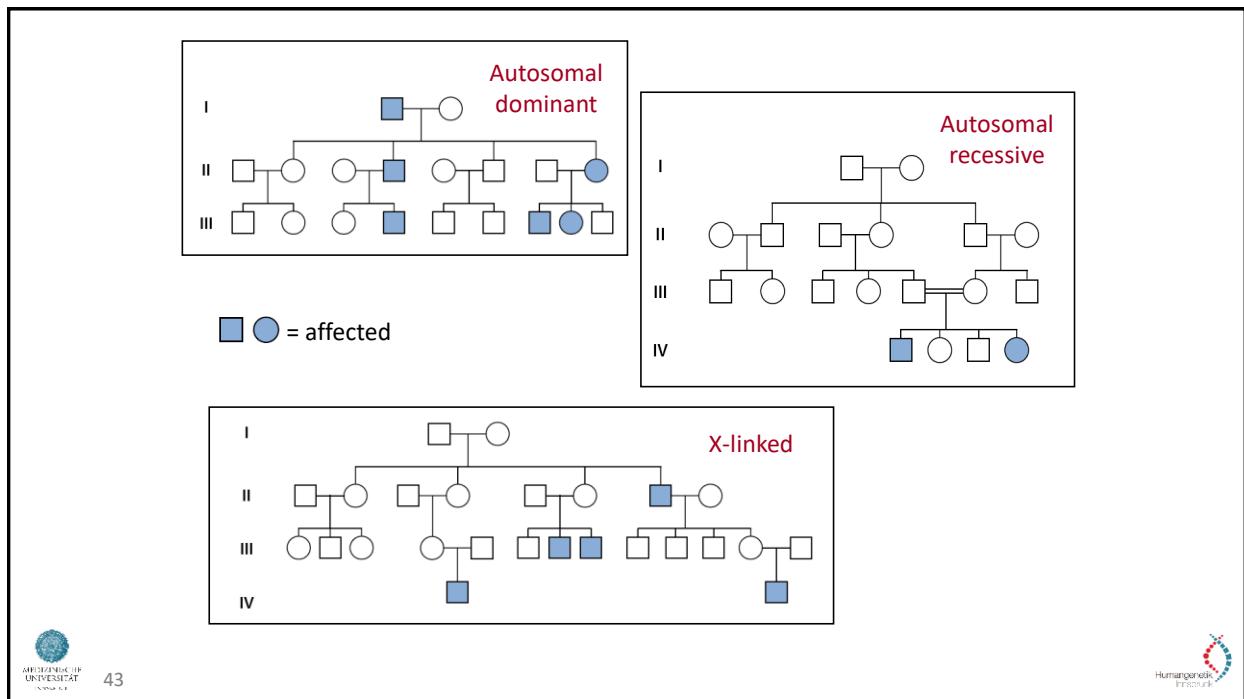
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Inheritance patterns

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Institut für Humangenetik, MUI





Genotype: NN NM MM

Phenotype:

M is dominant

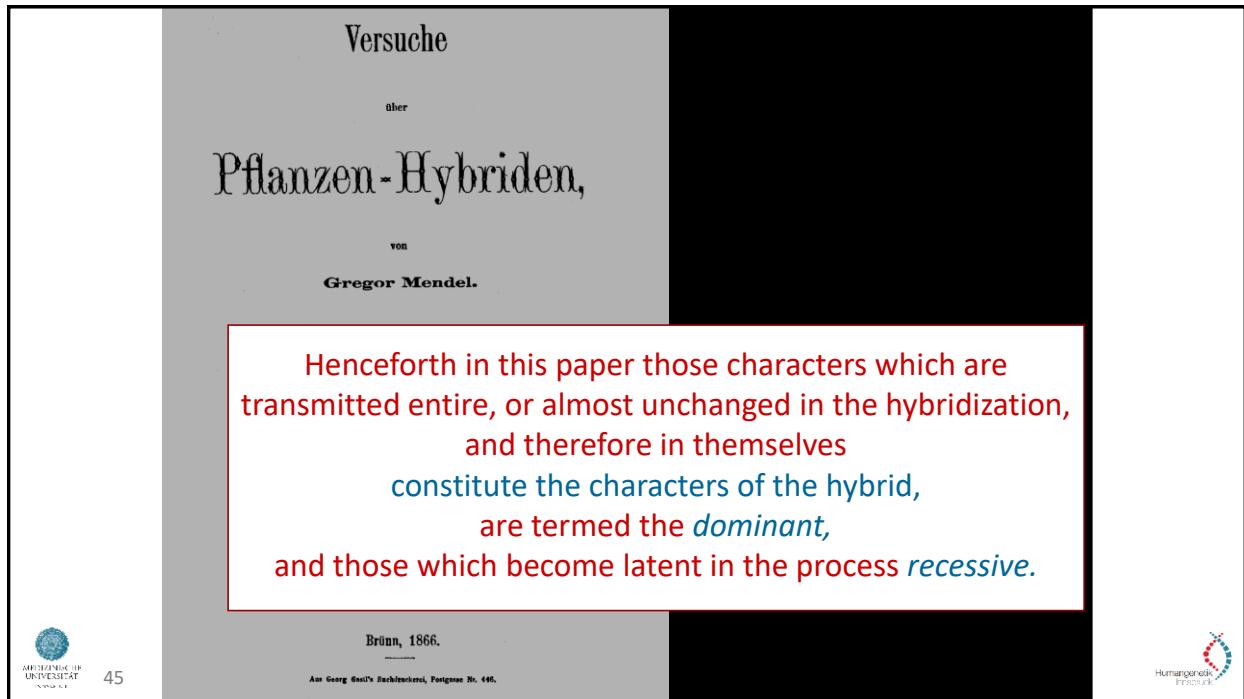


M is recessive

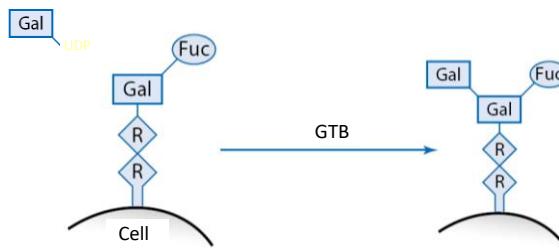


Phenotype N

Phenotype M



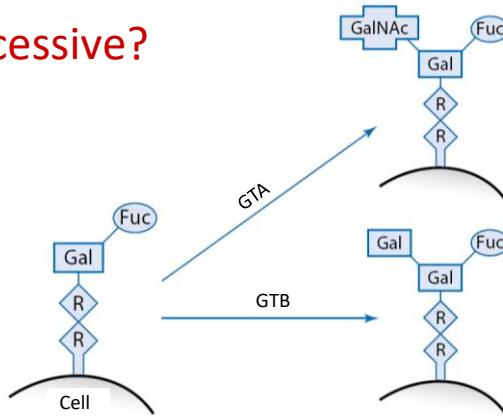
Dominant or recessive?



α 1,3-Galactosyltransferase (GTB)

Transfer of Gal from UDP-Gal to β -Gal in α -Fuc-1,2-Gal terminated structures

Dominant or recessive?



$\alpha 1,3$,N-Acetylgalactosaminyltransferase (GTA)

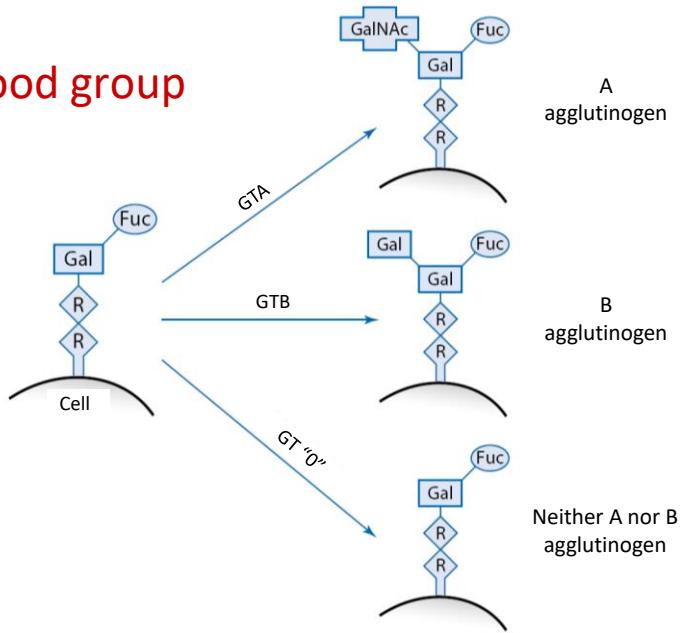
Transfer of GalNAc from UDP-GalNAc to β -Gal
in α -Fuc-1,2-Gal terminated structures



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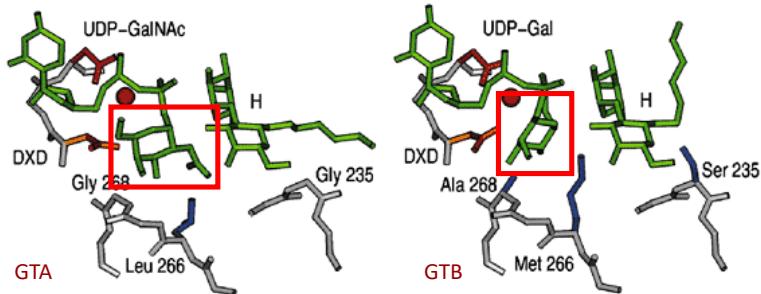
ABO blood group system



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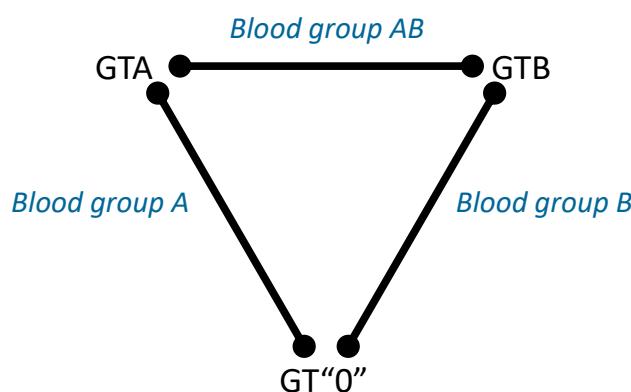
ABO gene variants



- [G176, G235, L266, A268]: GTA function → A agglutinogen
- [R176, S235, M266, G268]: GTB function → B agglutinogen
- **Frameshift-Deletion:** Non-functional protein → No agglutinogen

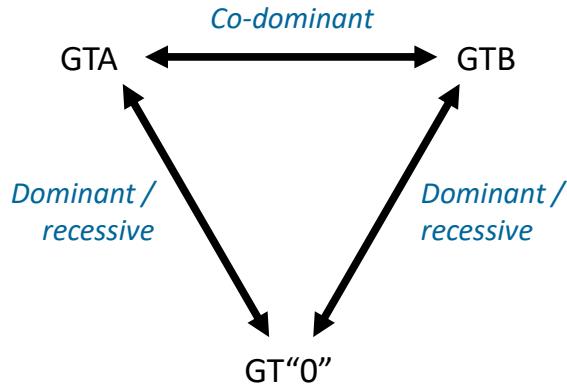
... „one gene – two enzymes“

Heterozygosity for ABO gene variants



Function competes with function, and dominates over non-function

ABO gene: co-dominant inheritance



Function competes with function, and dominates over non-function



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The terms dominant and recessive
describe the
functional relationship of different alleles
of the same gene in a
(compound) heterozygous organism

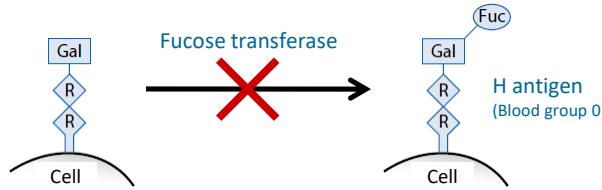


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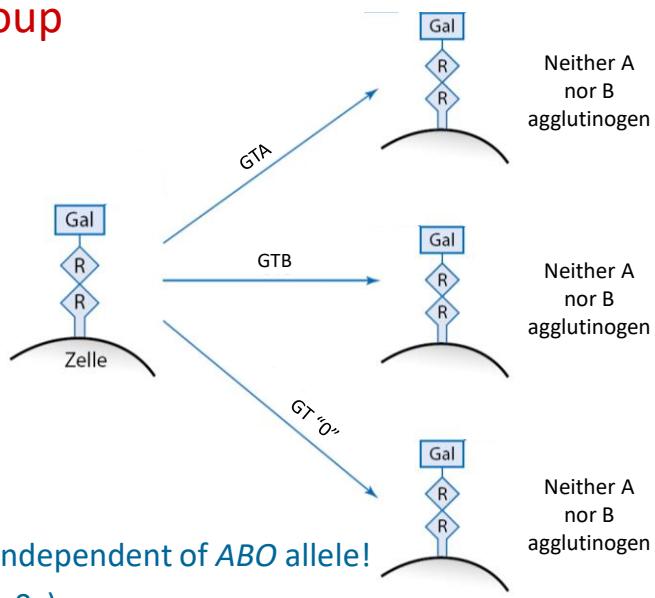


Epistasis

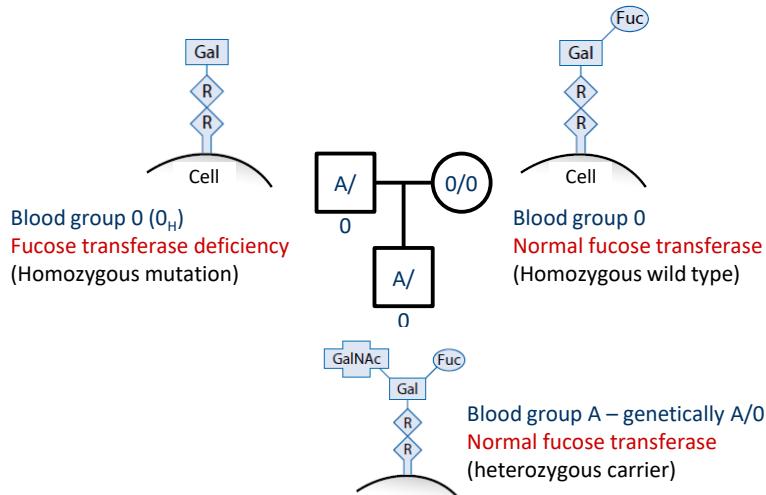
- One gene suppresses the phenotypic manifestation of another gene
 - (more general: gene-gene-interaction)
 - Dominant and recessive mechanisms possible
- Example: Bombay blood group:
 - Autosomal recessive deficiency of fucose transferase
 - Clinically irrelevant; exception: transfusions
 - Antibodies against blood group antigens A, B and H!



Bombay blood group



Family with Bombay blood group

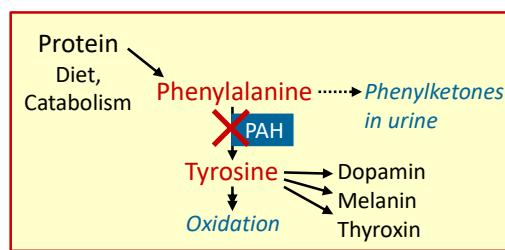


55



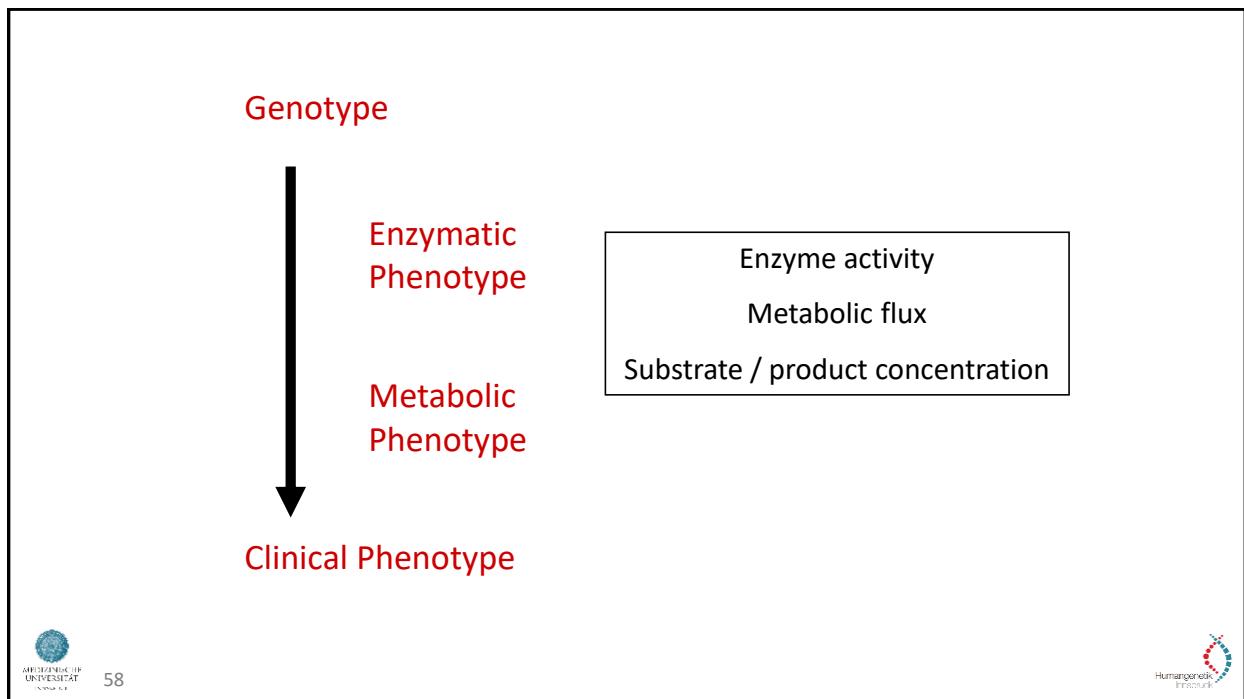
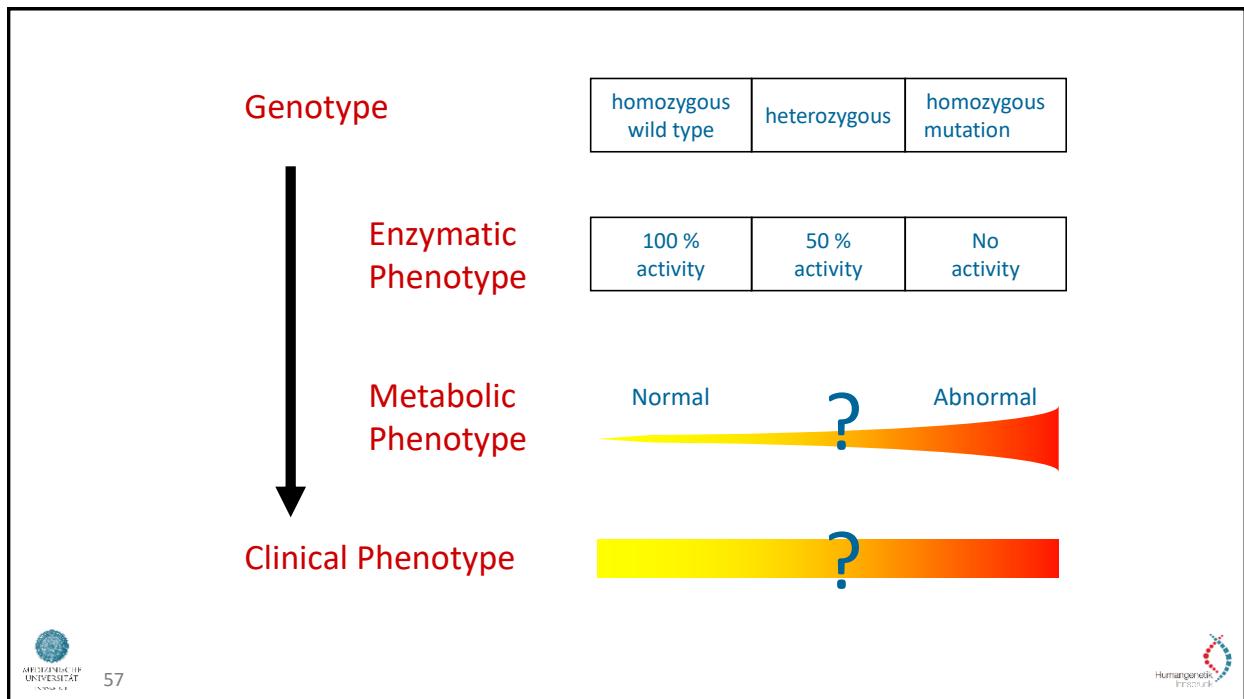
Phenylketonuria (PKU)

- Disorder of amino acid metabolism
- Mutations in the *PAH* gene; autosomal recessive inheritance
- Untreated severe intellectual disability
 - Spasticity, epilepsy, microcephaly
 - Fair complexion
- Dietary treatment
- Newborn screening



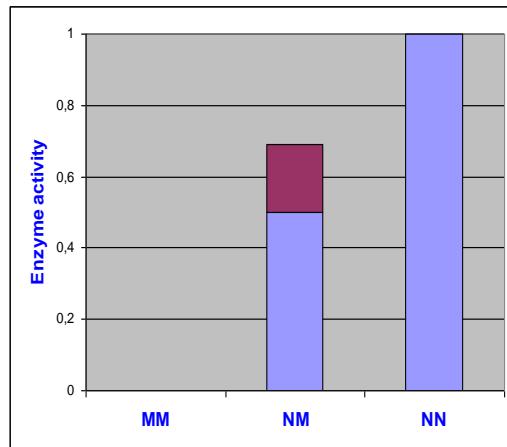
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Enzyme activity

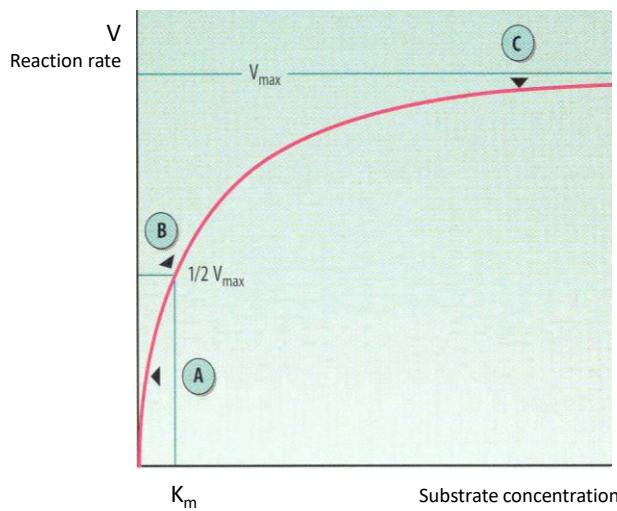
↑ Gene expression
↑ Enzyme activation



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Enzyme kinetics



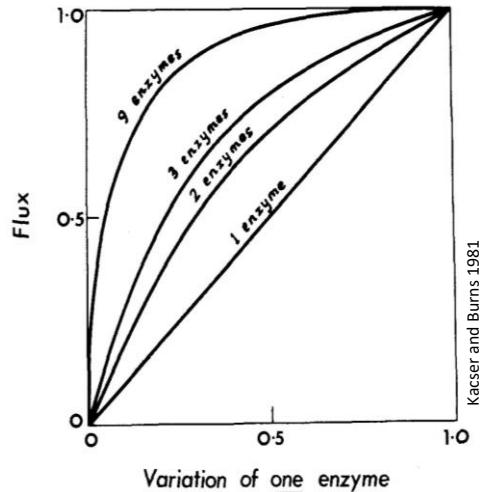
60



Metabolic Flux

Reduced activity of
a single enzyme:

Impact on flux
depends on the
number of
enzymes
in the pathway



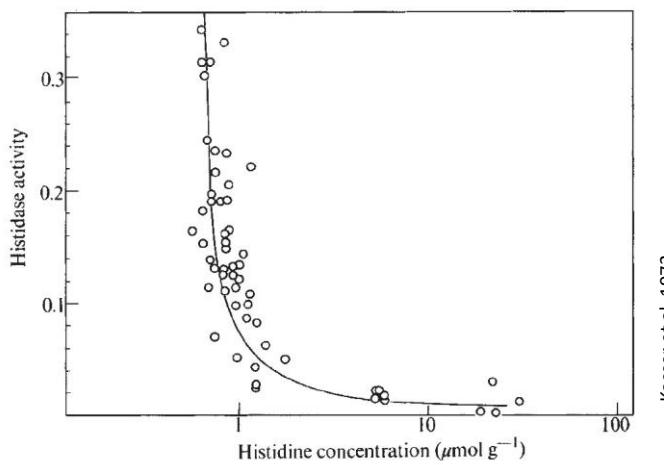
Kacser and Burns 1981



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Substrate concentration



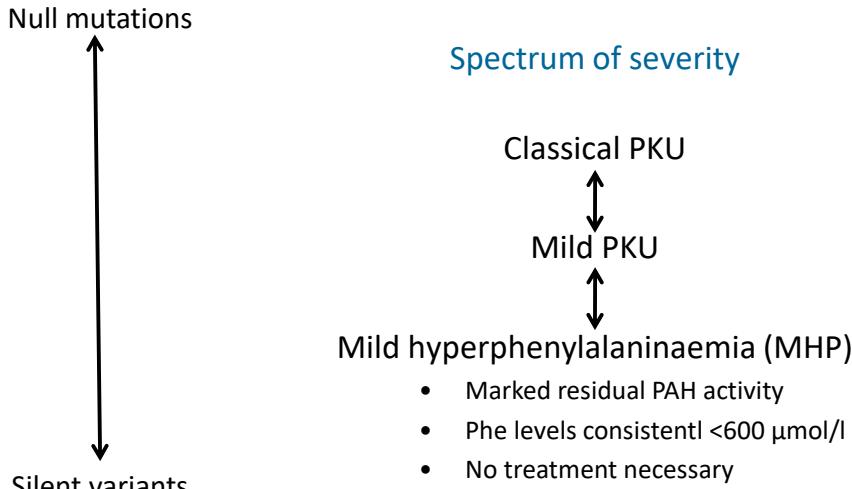
Kacser et al. 1973



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Different mutations have different functional effects



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Genotypes in mild hyperphenylalaninaemia (MHP)

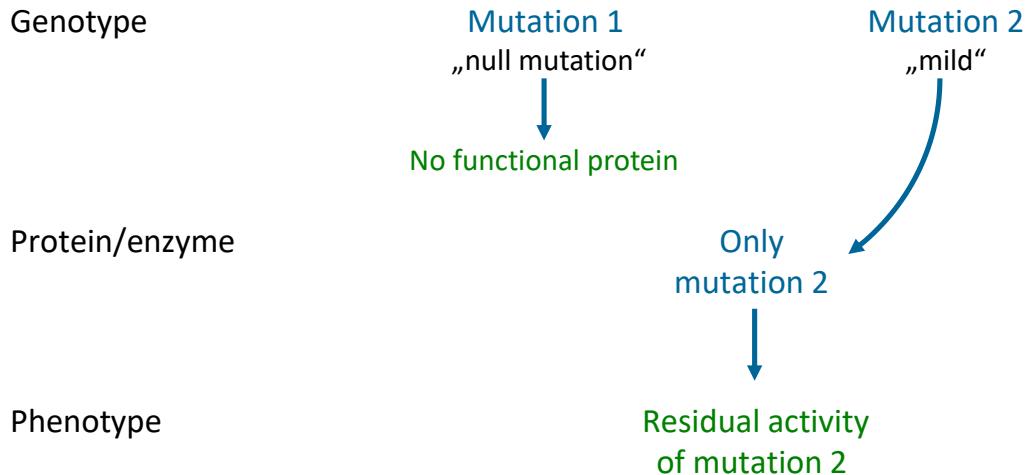
Patient	MHP mutation	PKU mutation	Phe values (µmol/l)	
			MW	Range
1	p.V245A	p.L194P	237	164-328
2	p.T380M	p.R408W	276	166-395
3	p.T380M	p.R261Q	252	158-353
4	p.T380M	p.I65T	345	248-534
5	p.T380M	p.I65T	346	241-439
6	p.T380M	p.F299C	250	216-360
7	p.E390G	p.Y277D	307	214-429



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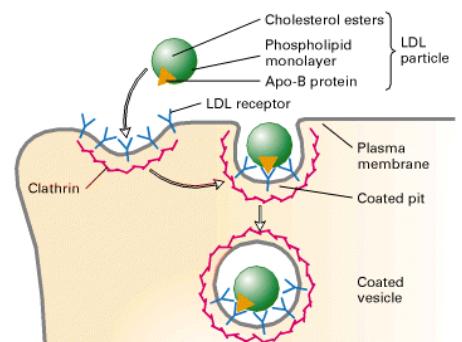


Mild mutations dominate over severe mutations



Familial hypercholesterolaemia

- **Heterozygous LDL receptor mutations**
 - Impaired uptake of cholesterol from blood into liver
 - LDL cholesterol in macrophages/monocytes
 - migration into vessel wall, proliferation
 - Atherosclerosis
 - Autosomal dominant, prevalence 1:250
- **Clinical features**
 - Xanthomas, Xanthelmas, Arcus cornea
 - Increased LDL cholesterol in blood
 - Early cardiovascular complications
 - e.g. heart attack before age 50 years
- **Therapy**
 - Cholesterol lowering diet
 - Statins, other medication



Homozygous LDLR deficiency

- Prevalence 1:1.000.000?
 - Certainly higher!
- Features
 - LDLR cholesterol >600 mg/dl
 - Early xanthomas etc.
 - Cardiovascular complications in childhood (e.g. myocardial infarction age 5-10 years)
- Therapy
 - Lipidapheresis
 - Liver transplantation
- Which term to use for the inheritance?



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LDLR deficiency: semidominant inheritance

	Controls	Sister	Mother	Father	Patient 1	Patient 2
Cholesterol (mg/dl)	< 200	280	290	355	1140	1250
LDLR Mutation p.W556R	Wild type		heterozygous			homozygous

Genotype

NN

NM

MM

Phenotype:

N and M are
semidominant

Phenotype N

Intermediär

Phenotype M



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Most monogenic disorders represent a **spectrum of phenotypes**
from normal via attenuated to severe
(and sometimes prenatally fatal)

In dominant disorders,
clinical symptoms are a regular feature
in the heterozygote.

Genotype

NN

NM

MM

Phenotype:

N and M are semidominant



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Achondroplasia

- Monogenic skeletal dysplasia
= disorder of skeletal growth
 - Dysproportionate small stature
 - Large prominent skull
 - Normal intelligence
- Activating mutation p.Gly380Arg in *FGFR3*
 - *FGFR3* controls cell division of certain cartilage cells
 - Mutation → constant activation (gain of function)
- Autosomal dominant
 - Prevalence 1:20.000



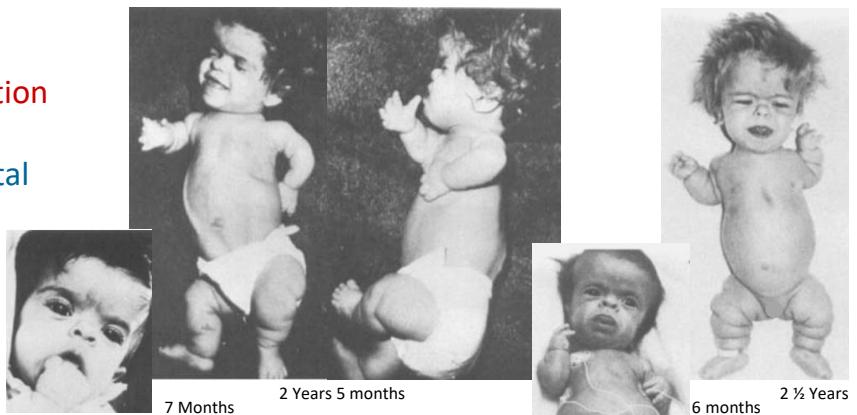
Eleanor Simmonds,
Paralympics multiple
gold medal winner (UK)



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Homozygous
achondroplasia mutation
p.Gly380Arg in *FGFR3*
is usually pre-/perinatal
lethal



Genotype

NN

NM

MM

Phenotype:

N and M are semidominant



71 Pauli et al., Am J Med Genet. 1983;16:459-73.

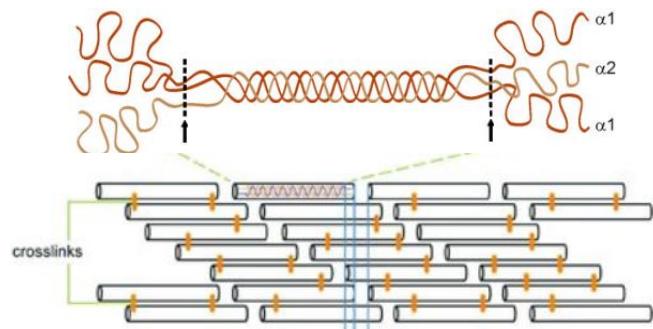


Collagen I

- Main component of connective tissue e.g. skin, bone, tendon, cornea, etc.
- Fibrillary structure: **two $\alpha 1$ and one $\alpha 2$ chains** (Gly-X-Y-polypeptide)

Genes:

- ***COL1A1***, 17q21.31-q22:
Precursor of $\alpha 1(I)$ chain
- ***COL1A2***, 7q22.1:
Precursor of $\alpha 2(I)$ chain



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Osteogenesis imperfecta

Collagen I deficiency, „brittle bone disease“

- **Type I („mild“):**

- Slender long bones, fractures after inadequate trauma
- Normal stature, no deformities,
- Blue sclera (usually)



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Osteogenesis imperfecta

Collagen I deficiency, „brittle bone disease“

- **Typ II (perinatal lethal)**

- Numerous intrauterine fractures
- Abnormal short bent extremities
- Multiple rib fractures



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Molecular genetics of osteogenesis imperfecta types 1+2

Both types are caused by **heterozygous mutations** in the ***COL1A*** genes

- One type is usually caused by a **null mutation** that completely removes the protein
- The other type is usually caused by a **missense mutation** that produces a stable protein

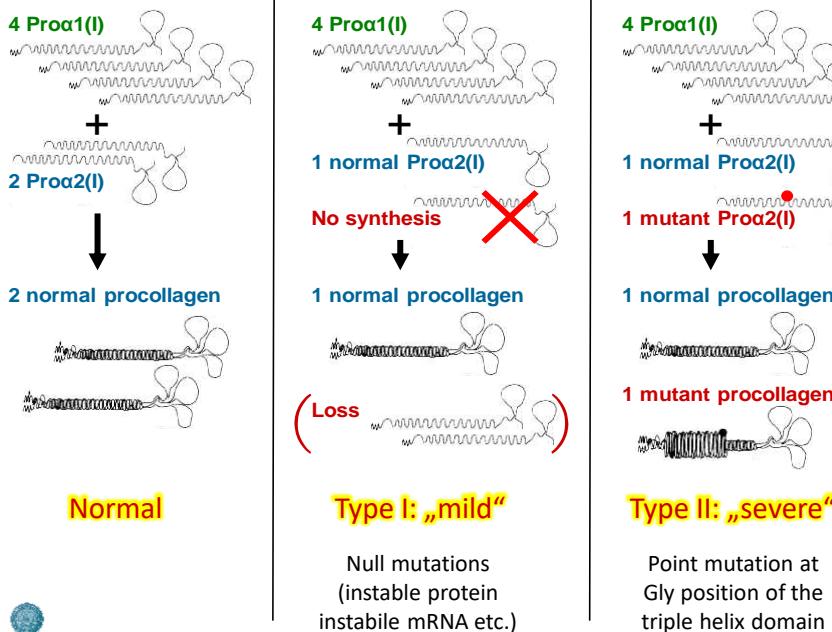
Which type of mutation is found in which type of osteogenesis imperfecta?



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Osteogenesis imperfecta



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Dominant negative effect

Malfunction of the mutant protein
interrupts the function of the normal protein

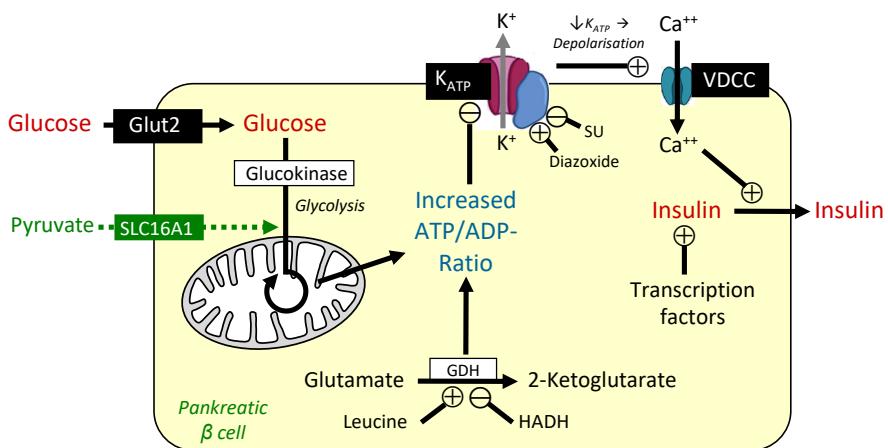
Example: structural proteins, multimer channels



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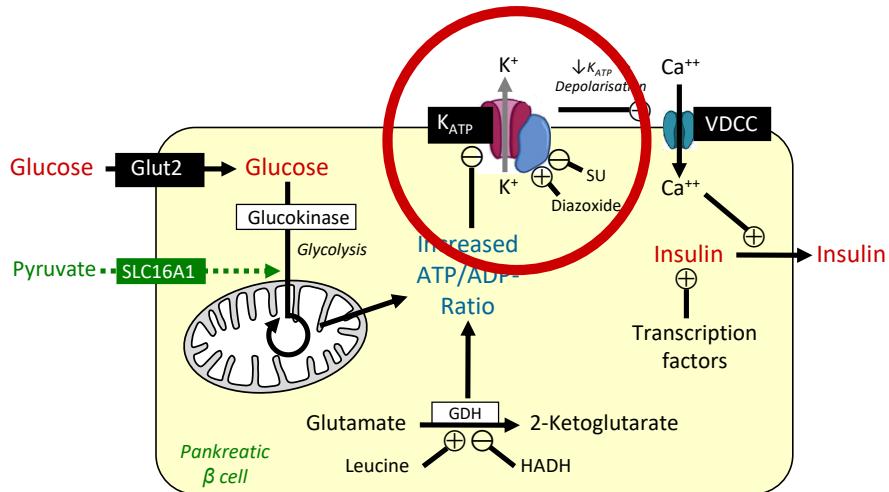
Glucose/insulin regulation



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Hyperinsulinism caused by K_{ATP} channel mutations



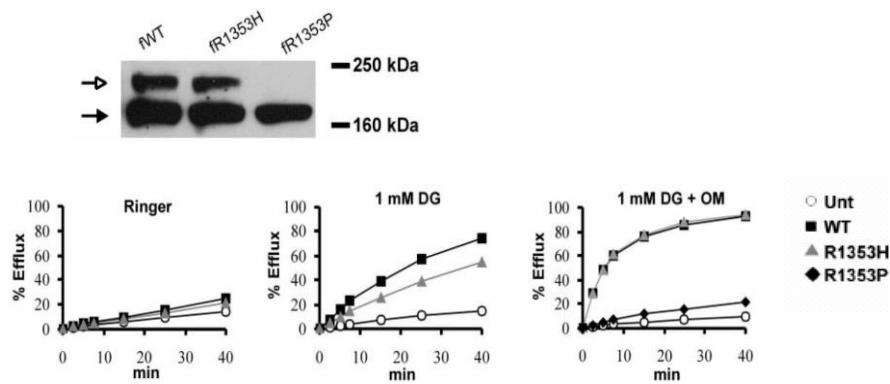
79



K_{ATP} channel mutations

ABCC8 mutation p.R1353H: dominant hyperinsulinism

ABCC8 mutation p.R1353P: recessive hyperinsulinism



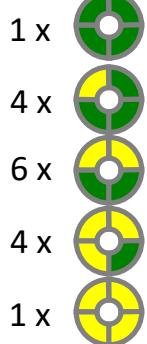
80 Magge et al., J Clin Endocrinol Metab. 2004;89:4450-6.



K_{ATP} channel mutations

p.R1353H: stable SUR1 protein

Heterozygous



Dominant negative effect

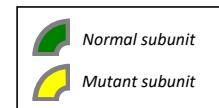
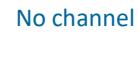
p.R1353P: instable SUR1 protein

Heterozygous



Reduced amount
of normal channel
→ healthy

Homozygous



Dominant and recessive in Medical Genetics

- The terms refer to the *functional relationship of different alleles in biallelic genes with regard to the physical manifestation*, elucidated by comparison with the normal (wild type) state.
- This definition **differs from the original designation by Gregor Mendel**, who used the terms specifically for non-quantitative traits in which heterozygotes (hybrids) and one type of homozygotes had more or less identical phenotypes.
- “Mendelian” and “monogenic” are not synonymous, as frequently used in the medical and non-medical literature.
- Different pathomechanisms by which heterozygous variants may or may not cause phenotypic manifestations → **genetic diagnosis, genetic counselling**.